

**Proceedings
27th Annual Conference
University and College
Counseling Center Directors**



Host: University of Oregon

October 24-27, 1978

Salishan Lodge

Gleneden Beach, Oregon



February, 1979

Dear Colleague:

It was a privilege to have hosted the 27th Annual Conference of the Association of University and College Counseling Center Directors. Moreover, it was a delight to have invited the conference to the Oregon coast and more particularly to Salishan Lodge at Gleneden Beach where I knew the setting is so beautiful that it would not be possible to have a bad conference. I really do enjoy showing off Oregon and wish you all could have seen the rest of the state as well.

What I find most remarkable about the Association is that it is essentially a non-organization, without a president, treasurer, and etc., held together for continuity by the Steering Committee and the annual Proceedings. I believe this may be why I like this organization and have always found its meetings meaningful.

The program for the 27th Conference was largely suggested by you. You may remember at Kiawah Island, South Carolina, the previous year I asked you to record on your evaluation forms what information you would like to receive and what problems you would like to see addressed and solved at the Oregon conference. This produced a list of 43 session titles which I compiled and mailed to you requesting that you rank order your top seven preferences and suggest leaders.

By computing the average of your rankings I was able to set up most of the program with a confident feeling that I was being responsive to your wishes. The presentations receiving your four highest rankings were repeated. The remainder of the program was gathered together by suggestions from the Northwest Counseling Center Directors' group which met at Portland State University last spring and by my determination to limit the number of outside speakers to reduce costs and to utilize our own abundant talents and resources. I also wanted to accent women and aging in the program's content. The session we were to have on the older student fell through as its leader was undecided about being able to attend. We did, however, emphasize women.

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Monday

Tuesday

PROGRAM

Twenty Seventh Annual Conference
 University and College Counseling Center Directors

Monday, October 23

- 9:00- 9:00 Conference Registration
- 7:00-10:00 Accountability Task Force
 Tom Magoon, Chairperson
- 8:00- 2:00 Social Hours

Tuesday, October 24

- 8:00- 5:00 Conference Registration
- 8:30-10:00 New Director's Workshop I
 Getting the Most from the Association--
 Orientation to Data Bank, Clearing House, Task
 Forces, Other Support Services (Career Programs,
 etc.)
 David J. Drum, University of Texas-Austin
- Academic Advising in Relation to Counseling
 Services
 Theodore Van Bruggen, University of South
 Dakota, Chairperson
 Bobbie Irvins, University of Arkansas-Pine Bluff
 Howard Kramer, Cornell University
 John Reinhold, University of North Carolina
- Workshop: Mind - Body - Contribution of
 Nutrition, Metabolism, Vitamins, Allergies,
 Etc.; Physical Exercise, Massage, Relaxation,
 Do-In, Shiatsu
 Dorothy Foster, University of Oklahoma,
 Chairperson
 Marcella Haslam, Kean College of New Jersey
 Robert M. Morgan, Carnegie-Millon University
- Open Session on Current Relevant Issues
 James A. Irvin, University of Missouri-Columbia
- 10:00-10:30 Coffee Break
- 10:30-12:00 Concerns of the Small Counseling Center:
 Survival, Visibility, and Acceptance (A Support
 Group for Directors)
 Kenneth F. Garni, Suffolk University
- Organization for Provision of Practicum Training
 and Student Service--who Pays the Bill and Calls
 the Tune?
 James D. Linden, Purdue University

- 10:30-12:00 Mind - Body Workshop (continued)
- Innovative Accountability--Program Evaluation
 Burton C. Kelly, Brigham Young University,
 Chairperson
 Arthur Norman, University of South Florida
 Jane Moorman, University of California-Berkeley
 Donald A. Swanson, University of South Carolina
- 12:00- 1:30 No-Host Lunch
- 1:30- 3:00 Business Meeting I
 Roy E. Warman, Iowa State University
 Chairperson, Steering Committee
- 3:00- 3:30 Soft Drink Break
- 3:30- 5:00 New Director's Workshop II--Open Discussion of
 Issues Facing New Directors
 Harriett A. Rose, University of Kentucky
- Licensure and Professional Issues--APA and the
 National Register
 David H. Mills, University of Maryland, Chair-
 person
 Ursula Delworth, University of Iowa
- The Visiting Professor on Sabbatical
 Rex T. Finnegan, Oklahoma State University,
 Chairperson
 James Carruth, West Virginia University
 Phillip W. Wierson, Georgia State University
- Training Doctoral Interns: Issues, Problems,
 Strategies and Rewards
 H. Richard Miller, Southern Illinois University,
 Chairperson
 William J. Chestnut, Indiana University
 Donna L. McKinley, Colorado State University
 Jane Clarke Moorman, Duke University
 Don Nance, Wichita State University
 Cecil L. Williams, Michigan State University
- 5:00- 6:00 No-Host Cocktail Hour--Honoring New Directors
- 6:00- 7:30 Banquet--Salishan Indian Potlach Salmon Barbeque
 Welcome: Gerard F. Moseley, Associate Provost,
 University of Oregon
 Greetings: J. Spencer Carlson, University of
 Oregon; A Founder of the Organization
 Speaker: Vicki Osis, Oregon State University
 Marine Science Center; The Natural Features of
 the Oregon Coast
- 8:30-11:00 Meeting of Accountability Task Force

Wed

Thu

Wednesday, October 25

- 8:30-10:00 Coping With Budget Cuts
 Milton E. Foreman, University of Cincinnati,
 Chairperson
 William J. Chestnut, Indiana University
 Fred A. Weldon, University of Montana
- Demonstration: The Use of Clinical Hypnosis
 in a University Counseling Center
 Robert B. Mandell, University of Texas-Dallas
- Managing Functionally Autonomous Professionals:
 Responsibilities of the Director, Associate
 Director; Differing Organizational/Administrative
 Set-Ups
 Ursula Delworth, University of Iowa, Chairperson
 Paul Dingman, Colgate University
 James A. Irvin, University of Missouri-Columbia
 Peter A. D. Sherrard, Kansas State University
 Roy E. Warman, Iowa State University
 Cecil L. Williams, Michigan State University
- Model Counseling Center Programs--Description of
 Programs and Problems
 Thomas Magoon, University of Maryland, Chairperson
 David J. Drum, University of Texas-Austin
- 10:00-10:30 Coffee Break
- 10:30-12:00 Counseling and the Possibility World
 Leona E. Tyler, University of Oregon
- 1:30- Open Schedule
 Optional Tour of Oregon Coast

Thursday, October 26

- 8:30-10:00 Experiential Focusing--Paying Attention to
 Oneself--A Process for Change
 Brian J. O'Brien, Seton Hall University, Chair-
 person
- How Do Directors Feel About Administrative vs
 Counseling Duties?
 Anita B. Siegman, University of Southern Cali-
 fornia, Chairperson
 Robert D. Arias, University of Southern Cali-
 fornia
 Henry Durand, Loyola-Marymount University
- View from the Top--A Woman's Perspective--
 Functioning with the Staff and Administrative
 Hierarchy
 Lois J. Fiedler, University of Minnesota,
 Chairperson

- 8:30-10:00 View from the Top (continued)
 Nancy L. Carlson, State University of New York-
 New Paltz
 Ursula Delworth, University of Iowa
 Dorothy Foster, University of Oklahoma
 Donna L. McKinley, Colorado State University
 Judy Mack, University of California-Davis
 Marvalene Styles, San Diego State University
 Open Meeting of Accountability Task Force
 Tom Magoon, University of Maryland, Chairperson
- 10:00-10:30 Coffee Break
- 10:30-12:00 Strategies for Involvement of Academia in
 Support of Counseling
 Ira Iscoe, University of Texas-Austin
- 12:00- 1:30 No-Host Lunch
- 1:30- 3:00 Unified Counseling Service--Health Service Model
 Eugene Hakanson, Portland State University,
 Chairperson
 Needs Assessment, Environmental Evaluation
 Instruments; Campus Environmental Assessment
 Douglas H. Lamb, Illinois State University
 Workshop: On Being Male: An Exploration of the
 Burdens of Masculinity
 Robert M. Morgan, Carnegie-Mellon University
 Interest Area: Educating for Student Wellness
 Dennis E. Elsenrath, University of Wisconsin-
 Stevens Point
- 3:00- 3:30 Soft Drink Break
- 3:00- 5:00 "It's a Mad, Mad, Mad, Mad World!" - Internal
 Organizational Development in a University
 Counseling Center - Report from an O. D.
 Consultant
 W. J. "Bud" Babb, California Polytechnic State
 University, Chairperson
 Carol A. Geer, California Polytechnic State
 University
 Role of Counseling Center as Problem Identifiers
 and Problem Solvers
 John E. Free, University of Pennsylvania,
 Chairperson
 Sam Simino, University of North Carolina-Charolotte
 Robert L. Wrenn, University of Arizona
 Continuation of Workshop: On Being Male--Explor-
 ation of the Burdens of Masculinity
 Continuation of Interest Area: Educating for
 Student Wellness

- 8:00- 9:30 (Repeat) Innovative Accountability--Program Evaluation
 Burton C. Kelly, Brigham Young University, Chairperson
 Jane Moorman, University of California-Berkeley
 Arthur Norman, University of South Florida
 Donald A. Swanson, University of South Carolina
- (Repeat) Academic Advising in Relation to Counseling Services
 Theodore Van Bruggen, University of South Dakota, Chairperson
 Bobbie Irvins, University of Arkansas-Pine Bluff
 Howard Kramer, Cornell University
 John Reinhold, University of North Carolina
- (Repeat) Model Counseling Center Programs, Description of Programs and Problems
 Thomas Magoon, University of Maryland, Chairperson
 David J. Drum, University of Texas-Austin
- (Repeat) Needs Assessment, Environmental Evaluation Instruments; Campus Environmental Assessment
 Douglas H. Lamb, Illinois State University

Friday, October 27

- 8:30-10:00 The Empathic, Tennis-Playing, Crisis-Intervening, Bronzed, Accountable, Cut-Back, Non-Sexist, Carkhuffian Kangaroo; or, the Contemporary State of Counseling in Australia
 Jon Frederick, University of Melbourne
- Workshop: IACS Accreditation: Benefits, Criteria and Procedures
 Donna L. McKinely, Colorado State University, Chairperson
 David H. Mills, University of Maryland
 Robert L. Wrenn, University of Arizona
- Workshop: Diagnosis and Treatment of the Borderline Client
 John W. Broedel, University of Washington, Chairperson
 Peter Cimboric, North Texas State University
- Workshop: Time Management--A Structured Group Workshop
 Robert Nejedlo, Northern Illinois University
- 10:00-10:30 Coffee Break
- 10:30-12:00 Leadership in Student Affairs: Where Counseling Centers Fail
 James C. Hurst, University of Texas, Chairperson and Presenter
 Donna L. McKinley, Colorado State University, Reactor
 Weston H. Morrill, University of Utah, Reactor

- 10:30-12:00 Continuation of Workshop: Diagnosis and Treatment of the Borderline Client
Workshop: Coping with Stress--A Structured Group Workshop
Robert Nejedlo, Northern Illinois University
Exit Interviews, a Means of Stabilizing Attrition
Kenneth C. Weisbrod, California State University-Long Beach
- 12:00- 1:30 Final Lunch and Business Meeting II--Steering Committee
- 1:30 Buses Depart for Portland Airport

Me
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MINUTES

Business Meeting I
October 24, 1978

Meeting chaired by Executive Committee Chairperson, Roy Warman.

1. Steering Committee elections: nominations were closed and votes received.
2. Host Saul Toobert welcomed the Directors to Oregon and made some housekeeping announcements.
3. Roy Warman reported for the Steering Committee.
 - A. The conversation hour at ACPA was a success, at a cost of \$60 for announcements and postage. Recommendation is that this be repeated at future ACPA conventions.
 - B. Charter flight/group travel to this conference was investigated and found to be not feasible.
 - C. Meeting location has received much attention, including consideration of fairness, variable expense and "impression" to others. Executive Committee has concluded that sub-groups (on alternate years?) are not desirable. Rotation of the meeting to specified regions is still under consideration; a questionnaire about this will be submitted to all Directors. Also considered has been the possibility of the Steering Committee taking more responsibility for development of the program (not desirable, according to the advice of recent hosts) or for determining eligibility for attendance (yes).
4. Tom Magoon reported for the Accountability Task Force on the survey of anticipated position openings and internships vs people seeking these positions and distributed copies of Data Bank Report.
5. Brief descriptions of two groups were presented: Association of Counseling Center Training Agencies (Dick Miller) [please see attached letter] and Organization of Counseling Psychology Programs (Dave Mills). Directors, through the Executive Committee, will maintain liaison with these bodies.
6. Pete Sherrard assumed the chair during selection of next year's host. Invitations were received from Marcella Haslam and from Roy Warman. The vote was to go to Ames, Iowa (Iowa State University). [Note: the date has been set: October 7-11, 1979.]

- 7. The tellers announced the three people elected to the Executive Committee: John Bishop, Jane Moorman and Cecil Williams.
- 8. After a few general announcements, the meeting was adjourned with a call for the new Executive Committee to meet. At that meeting, Pete Cimboric was chosen to be Chairperson of the Committee for 1978-79.

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Association of Counseling Center Training Agencies

January 4, 1979

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To: Association of University and College Counseling
Center Directors
From: Association of Counseling Center Training Agencies
Re: Development of the Association of Counseling Center
Training Agencies

Early in 1978, Intern Training Directors at several University Counseling Centers began talking informally by phone about the problems related to intern selection. A meeting was called during the ACPA Convention in Detroit, attended by about six Training Directors, and a similar meeting was held at APA, Toronto, in September, 1978. During these meetings, it became increasingly evident that far more time was needed to discuss issues and a conference was planned for November 2-5, 1978, in Estes Park, Colorado, with twenty Training Directors attending. Major agenda was to coordinate a response to APA training proposals representing the position of Counseling Center Training Programs and to discuss problems and procedures of intern training.

Goals of ACCTA

1. To represent the interests of Counseling Center Training Agencies at the national and state level. Relevant to the education and credentialing of counseling psychologist - specifically in the areas of internship and practicum training.
2. To communicate with other groups involved in various aspects of training counseling psychologists, including the Council of Counseling Psychology Program Directors, Association of University and College Counseling Center Directors, Association of Psychological Internship Center, APA Accreditation Committee APA Division 17, ACPA Commission VII.
3. To provide a forum for discussing issues related to the procedures and processes of training interns and practicum students.

Request to the Steering Committee for Endorsement and Liaison With ACCTA

We request that University and College Counseling Center Directors:

1. Recognize and support the Association of Counseling Center Training Agencies in pursuit of their stated goals.
2. Establish formal, ongoing liaison through inviting a representative of ACCTA to meetings of the "Overlap" Committee, and by inviting a representative from ACCTA to the National Conference.

MINUTES

Business Meeting II
October 27, 1978

Peter Cimboric, Chairperson of the Steering Committee, presiding.

1. Peter Cimboric, North Texas State University, was introduced as the new Chairperson of the Steering Committee.
2. Gratitude was expressed to the departing members of the Steering Committee who were: Sam Simono, Pete Sherrard, Don Swanson, and Dave Drum.
3. Saul Toobert offered some thoughtful remarks about the recent passing of Selby Clark.
4. It was recognized that Jack Selbig, University of Nevada at Reno is retiring, and that Burton Kelly will be leaving the ranks of Counseling Center Directors assuming another position at Brigham Young University.
5. The following items were presented as information items from the Steering Committee meeting:
 - A. It was decided that the Counseling Center Directors would once again offer a social hour, with cash bar, at ACPA.
 - B. The Steering Committee recommends that the nomination process and the determination of whose names will appear on the ballot must be made explicit for future Steering Committee elections.
 - C. The Steering Committee re-affirmed the position that the responsibility for the program for the National Directors Conference resides with the hosting director.
 - D. It was reported that there again has been a great deal of discussion in the Steering Committee about the whole issue of site selection for our national conference. It was the Steering Committee's opinion that the decision with respect to the process of site selection should reside with the Counseling Center Directors. In light of this, it was announced that there will be a forthcoming survey of all directors to determine whether we should:
 - 1) Devise a systematic approach that would insure a geographical equity in site selection, i.e., next year the convention would be in the Northeast, the following year in the South, the following year in the Northwest, etc.
 - 2) The second option would be that we maintain our present system.

This survey will be completed prior to ACPA in order that, in the event the Counseling Center Directors are in favor of some type of systematic regional site selection, the Steering Committee will develop a regionalization plan for site selection to be brought forward at the first business meeting of the National Directors Conference next year at Iowa State University.

- E. Tom Magoon presented the results of the anticipated positions available survey which appears elsewhere in the proceedings.

ACCOUNTABILITY TASK FORCE REPORTS

The Accountability Task Force held three meetings at the Conference. The first two were attended by 14 and 9 members respectively and the public meeting attracted approximately 20 directors. Five presentations were made and discussed and are reported below for the benefit of fellow directors.

Progress Report on the Accountability Evidence Inventory

Thomas Magoon	Richard Nash
William Thomas	John Edgerley
University of Maryland	University of Tennessee

At the 1977 Conference draft copies of the Inventory were circulated to the Task Force members to take themselves and to ask their superiors to review the items and suggest content for any omissions noted. This review produced a number of new items. The resulting revision was then checked across the four authors. The result yielded a 101 item inventory with items separated into 15 clusters. We next developed an answer sheet and then sent an introductory letter with return postcard to the 205 center directors who participated in the 1977-78 Data Bank. The purpose of this procedure was to determine the pool of counseling center directors who expressed willingness to (a) complete the Inventory themselves and (b) get their superiors to do likewise. Of the 205 directors contacted, 174 (85%) indicated willingness to participate.

Those 174 directors were then sent a packet of material for themselves and their superiors. As the answer sheets were returned, any noticeable incorrect markings were identified and returned to the responsible party for correction. In mid-September, a follow-up letter was sent to the 86 directors from whom we had received no reply. As of mid-October, we had received 92 complete sets (56% of the estimated corrected total of interested directors).

Basic norming of the two sets of data is being delayed until a higher percent return is achieved. The norming to be accomplished will include the following: (a) Director's responses to each item, and (b) the superior's responses to each item, their cluster means, their five most and five least impressive items. The feasibility of some analysis of pairs will be investigated.

Preliminary Analysis of the Five Most and Five Least Impressive Items: The following data are based on 87 sets of material.

Most Impressive. Three of the five items selected were selected in common by both the directors and their superiors. These included item A-6 (Research on pre post counseling changes) C-1 (Offering consultation to diverse groups; and G-3 (The center takes steps to improve the quality of campus life). The diversity of views is evidenced by the fact that only two of the five

