

AUCCCD Newsletter

Association for University and College Counseling Center Directors

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Online

www.aucccd.org

- ❖ Results of the Director Surveys
- ❖ Document Databank
- ❖ 2008 AUCCCD Conference Info
- ... and more!

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Update from AUCCCD Governing Board

Greg Eells, Ph.D., Cornell University
AUCCCD President

Welcome to all of our members! I hope your fall semesters are all starting off well. I wanted to take this opportunity to update all of you on the recent work of the Board and some general issues we are aware of and are responding to. The Board met this past March in Chicago with several Board members presenting on counseling center work at the International Counseling Psychology conference while other Board members travelled to NASPA in Boston to present on our work there. The Board has worked very hard to be responsive to members' calls to be more active in representing our organization to key groups. The following are some of the decisions and highlights from that midyear Board meeting as well as other issues confronting our organization:

The Board reviewed membership roles and at that time there were exactly 500 paid members. We also reviewed conference attendance at Indianapolis in 2007 and found that about 70% of paid members attended, which is higher than the typical 50%. It was also the largest conference the organization has had in its history with nearly a third of the attendees being first time attendees.

Because of the growth in the organization and the conference the Board voted that in addition to working with Cummings Meeting Consultants (CMC) for the next three years to organize and help with planning our annual conference, we would also work with them to assist us with managing our membership services. We are also reviewing with CMC ways of revising our future conference site selection process since the size of our organization now rules out many venues.

The board also approved beginning the process of redesigning and upgrading the organization web page. We voted to accept a bid from IdiZ, Inc. to conduct the redesign. This work was completed this past summer through the work of a subcommittee comprised of Maggie Gartner, Martha Christiansen and myself in conjunction with a team from IdiZ.

The Board also took up again the discussion of an Executive Officer for the organization. A job description was developed but the Board decided not to increase the dues to the level that would be required to hire a full-time executive office at this time. However, the Board did approve funds for the AUCCCD President to hire part-time administrative support for the President. This is a strong interim step toward a part-time and potentially full-time Executive Officer as our organization continues to evolve.

The Board also reviewed our contacts and liaisons with various organizations. We plan to continue to hold our midyear board meeting in conjunction with NASPA as well as co-sponsoring the mental health conference with NASPA

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Update from AUCCCD Governing Board (continued)

in January. In the upcoming September issue of the NASPA publication *Leadership Exchange* there will be several articles written by our members as well as an article summarizing key findings from our member survey. Board members have also submitted programs to the NASPA conference in March of 2009 to address issues of confidentiality and counseling center practice.

Other developments include a mental health summit being held in Philadelphia in September that is sponsored by NASPA and ACHA. Three members from the AUCCCD board will be attending and contributing our voice to that endeavor. Also the Jed Foundation just released *College Student Mental Health and the Law: A Resource for Institutions of Higher Education*. This publication is a free resource and contributors included three of our members as well as attorneys Peter Lake and Gary Pavela among others.

The Board also reviewed the preliminary results of the Cultural Climate Survey conducted at our last conference in Indianapolis. When members were asked to

describe the climate of the organization the general description was warm, welcoming and inclusive. However, there is some need for improvement. Suggestions included looking at various aspects of diversity including racial, ethnic, gender, ability and sexual orientation, and several comments focused on diversity and climate with respect to school size and professional training of various directors. Other suggestions focused on looking at ways we may unintentionally exclude new members because they do not have the same history of the organization. In response to this section the Board will be holding two information sessions during the program to facilitate increased involvement of members. Board members Sandy Colbs and Chuy Aros, the chair of our diversity committee, will be reviewing the results of the survey in more detail at the First Business meeting at the conference in Fort Worth.

Thank you again for your continued support of AUCCCD and I am looking forward to seeing you in Texas. ❖

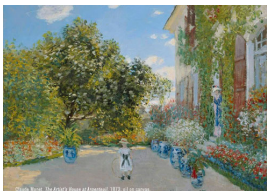
Y'ALL COME!

Don Rosen, Ph.D., ABPP, Texas Woman's University

The Texas University Counseling Center Directors Association (TUCCDA) is excited to invite you all to Fort Worth for the **59th Annual AUCCCD Conference**. We have planned a wonderful event and are looking forward to seeing you in October. Please remember to visit the conference page at the AUCCCD website for most of the information about the conference: <http://www.aucccd.org/conference/2008Conference.htm>. A few quick reminders:

- 1) The pre-conference programs and opening reception will be held on Friday, October 17. The conference will end at noon on Tuesday, October 21.
- 2) In addition to our own excellent pre-conference workshops, QPR will be offering a training seminar for which you will need to register separately. Information about this is on the conference registration pages.
- 3) Please remember that you have to book a room at the hotel and register for the conference. Information about the hotel is on the general information page shown above. To register for the conference, please go to: <https://2008aucccd.theregistrationsystem.com/en/registration/index/293>
- 4) Register early (and often) - it helps reduce the conference committee's anxiety. Also, buy a conference t-shirt with the logo shown above and wear it in front of your Vice President or Dean when you get home.
- 5) We have already distributed a restaurant guide and suggestions for activities for Sunday afternoon. Please be reminded that one of the trips we have arranged is for the King Tut exhibit at the Dallas Museum of Art! (http://dallasmuseumofart.org/Dallas_Museum_of_Art/View/Tut/index.htm) We will be redistributing the restaurant list and Sunday suggestions as we get closer to the conference.
- 6) I have been to the Impressionists exhibit at the Kimbell and it is fabulous! (<http://impressionists.kimbellart.org/>)

If you have any questions or issues, please contact me at drosen@twu.edu. ❖



The Unmet Needs of Diverse Students in Suicide Prevention

Richard Shadick, Ph.D., Pace University

Since the Surgeon General's Call to Action to Prevent Suicide in 1999 (Surgeon General, 1999) there has been a growing effort underway to develop and implement suicide prevention programs for key segments of the population in the United States. Numerous federal suicide prevention grants have been funded including initiatives for the elderly, Native Americans, and college students. Such large-scale efforts have been undertaken because suicide is one of the leading, preventable causes of death. However, these efforts are in their early stages.

In recent years, population diversity in this country has increased significantly. Governmental agencies have reported that this trend will continue with ethnic groups such as Hispanics and Asians growing at a much faster rate than Caucasians (U.S. Census Bureau, Population Division, 2008). While suicide death occurs in high numbers within segments of the Caucasian population, most notably late middle aged men, there are other diverse subpopulations which have high rates of suicide. The suicide rate for groups such as Native Americans, Latinas, and Asian American women, tend to be high or highest in the age range that college and university staff work with, namely late adolescence and early adulthood (National Adolescent Health Information Center, 2006; CDC, 2008).

Despite these facts, there is scant research on the nature of suicide in diverse college student populations. Reviews of the literature on the topic yield few if any articles. As a result, counseling centers are left to adapt prevention efforts based upon work done with Caucasian college students or individuals from other age groups. While some similarity exists between these various subpopulations, there are significant differences.

For example, Latinas, depending upon their familial level of acculturation and enculturation, have very high rates of suicide attempts and a growing rate of suicide death in many parts of the country. Factors such as marianismo (i.e., the ideal of femininity that Latin women are supposed to live up to which includes being modest, virtuous, and abstinent until marriage) and ataques de nervioso (i.e., dissociative experiences that are similar to panic attacks and sometimes accompanied by suicide threats) play a large role in whether or not a Latina may attempt suicide or seek help. Since there are no parallel factors in the Caucasian student population, these issues are overlooked by college counselors when determining the potential for suicide in Hispanic women, thereby leading to a greater risk for death. Many other examples of cultural differences and rates of suicide exist for other racial, ethnic, and sexual minority groups

(see Brownson, Shadick, Nitkin-Kaner, & Smith, in preparation).

It is essential as efforts to prevent suicide continue to develop that we meet the needs of all of our students. Thankfully there are some initiatives underway. The University of North Dakota has developed a unique program for Native American college students that liaises with reservations to exchange information with tribal contacts. Additionally they provide culturally sensitive outreach to students who are in need of support by creating a sweatlodge, offering ceremonial activities on campus, and providing access to a spiritual advisor as part of their counseling services. Howard University has developed a video by and for African American students on help seeking behavior and stigma of mental disorders and they have adapted a suicide prevention video for their African American population to be shown at gatekeeper sessions. Pace University has developed a comprehensive outreach package for seven different diverse student groups that includes brochures, public services announcements, training vignettes, and a poster. Further efforts at Pace are underway to develop peer gatekeeper workshops for Asian women and Latinas and to research the nature of suicide for diverse student groups.

Given the high rates of suicide within these and other diverse student populations, it is hoped that more programs will be developed within the college and university counseling center community to address their mental health needs and prevent suicide.

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Book Review

Sex and the Soul by Donna Freitas

Janice Holton, M.S.W., LICSW, Gordon College

Something has gone terribly wrong in the aftermath of the sexual revolution. College life, particularly for women, has evolved from a “girls just want to have fun” culture to the sexually oppressive and relationally disappointing world of “girls just want to be fun.” Such is the state of affairs chronicled by Donna Freitas in her book, *Sex and the Soul*.

Freitas describes how the contemporary practice of “hooking up” is devolving into a scene that features theme parties such as “CEOs and office hos” (and the less creative, but more descriptive, “pimps and hos”), where female students dress and act as provocatively as possible. Her book focuses on research conducted at 4 types of colleges: Catholic, evangelical Christian, private secular, and public. She combines statistics gained from surveys at the schools, as well as in-depth interviews with students, to describe and discuss the sexual lives of college students. Her profiles of students provide a portrait of the human cost of this cultural trend. Although her intention in writing the book was to examine the relationship between a student’s spiritual and religious beliefs as they correlate with their sexual behavior, she has more successfully captured the impact of a college’s culture on the relationships between the sexes.

Most remarkably, the sexual behavior at evangelical colleges contrasts sharply with that at the other three types of non-evangelical schools. Simply stated, only 35% of students at evangelical colleges have engaged in oral, anal, and/or vaginal sex. In comparison, 73-85% of students at non-evangelical schools have engaged in these sexual activities, mirroring the most recent data from the National Center for Health Statistics for US residents in this age group. The statistics from the evangelical colleges corresponds to the results of research conducted at Gordon College, the evangelical Christian school where I have been counseling students for the past 12 years, and her understanding of the benefits and liabilities of this culture also reflects my experience.

Freitas describes four qualities that religious and spiritual disciplines strive to offer: boundaries, a sense of right and wrong, a framework for discernment, and a process for forgiveness and redemption. But she finds fault with both non-evangelical and evangelical schools as to whether these disciplines are having any effect on campus culture. She criticizes non-evangelical colleges for tolerating an *Animal House* culture and blames this

on the huge divide between the colleges’ academic standards and every other aspect of student life. She criticizes evangelical schools for rigid communal standards where students experience an idealization of their virginity and social and spiritual ruin following its demise; women at evangelical colleges feel an extreme amount of pressure to have a “ring by spring” and the success of their college experience is predicated upon finding a husband.

The unique opportunity we have as counseling center directors is to educate faculty and administrators about the destructive impact of the sexual culture that many of us observe on a daily basis. No one can deny the preoccupation and importance of students’ relational and sexual lives on campus, and yet it appears to be something that is rarely addressed in or out of the classroom. Freitas comments that students at non-evangelical colleges are reluctant to discuss the difficulty of their sexual experiences because of the perception of weakness it would portray and the impact on one’s reputation that would result, while students at evangelical colleges are loath to discuss their sexuality because of the strong taboos and shame that surround the topic. I believe that we as college counseling center directors have the opportunity to provide leadership by helping our campuses safely confront and discuss issues of sex and sexuality. At Gordon College, for example, I was able to conduct research, interview students, create a documentary that was shown to the entire college community, including the trustees, teach a class on human sexuality, and create an online advice column for students to anonymously ask questions about relationships and sexuality. By demonstrating the impact that the current culture may have on students’ academic success and ability to live healthfully in community, resources can be directed at intervening in this aspect of students’ wellness, just as they have been directed toward alcohol awareness and education.

If *Sex and the Soul* accurately portrays the sexual state of affairs at our colleges and universities, neither religion nor spirituality is having a positive impact on students’ sexual health and wellbeing. Rather than the continuation of a sexual revolution aspiring to facilitate healthy sex and equality in relationships, the early 21st century may, in fact, represent a return to a sexually oppressive and relationally degrading era for women, which will inevitably also take a toll on the men with whom they have relationships. ❖

AUCCCD Presidential Candidate Statements

Denise Hayes, Ph.D.

DePauw University, Greencastle, IN

To the Members of AUCCCD, I ask for your support in my bid for President of AUCCCD. I run for this office for the very same reasons that I previously ran and subsequently served on the governing board, to give back to the organization, utilize my skills and resources to support the organization and increase my involvement with valued colleagues.

I have served as a director for over 9 years at DePauw University, a small, private liberal arts college, and previously worked 7 years as counselor at Indiana University, a Big Ten school. I have been fortunate to attend every AUCCCD conference since 1999 and have actively participated in the organization by making presentations, serving on the governing board and currently working as a member of Elements of Excellence.

Our organization has grown and changed in size, demographics, technological utilization and national recognition. It is important to review our purpose, identify our strengths, weaknesses, opportunities and threats and make intentional choices about the directions for our organization. With your support I would be honored to assume the servant-leader role and provide guidance for the organization, continue and enhance the inclusive and diverse community we have created and insure that all have an opportunity to be heard.

Thank you. ❖



Dan Jones, Ph.D., ABPP

Appalachian State University, Boone, NC

Dear Colleagues:

I am happy to run for President of AUCCCD. I have been on the governing board for five years. I am currently chairing the committee to host the AUCCCD conference in Asheville, North Carolina in 2009. I have provided presentations at the AUCCCD conference on many occasions. I am a past president of IACS. I served on the directorate of CCAPS of ACPA and chaired the Special Interest Group (SIG) on College Counseling Centers of Division 17 of APA, which has since become a section. I was a founding member of ACCA. I believe these experiences have helped prepare me for the responsibilities of being president of this organization.

I often see a question posted on our list serve and think "I know the answer to that" but find that someone will post a logical counter post which takes a very different position. We have a very heterogeneous organization with widely varied viewpoints, values, and perspectives. I am proud to be part of it. I would strive to support and facilitate diversity and multiculturalism in all its forms. I would hope to strengthen coalitions between AUCCCD, ACTA, ACPA/CCAPS, ACHA, ACCA, and the Section on College Counseling of APA. Letters or position statements jointly signed by the leadership of these groups representing thousands could exert more influence on issues affecting counseling services.

We are often a lively debating organization in which the views of the membership are expressed with passion, conviction, and frequently eloquence. The president takes on a role as spokesperson for the association. If elected I would hope to be accessible, understanding, and eager to communicate in a consensus building manner. Over the years I have worked in counseling services in Georgia, North Carolina, Kansas, California, Tennessee, and Utah. Each was different with unique demands. Last year about a third of those who attended the conference were new in their role as directors at their centers. We have set up a continually developing system to support new directors with programs initiated by the Elements of Excellence team and strive to provide programming for directors with different levels of experience from different size schools. We are a support system, professional association and advocacy group in changing times. We can and should serve to exercise leadership to our elected officials and larger professional organizations for issues related to higher education mental health services. We keep each other honest and together we can flourish. I am honored to even be considered for this role among so many people I respect and admire. Thank you for this opportunity. ❖

AUCCCD Board Candidate Statements

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Chuy (Jesse/Jesus) Aros, Ph.D.

Texas A&M International University, Laredo, TX

I am extremely honored to be nominated once again for election to the AUCCCD Governing Board. Inter alia, I have served as chair of the Diversity Committee and I am honored to have played a role in our formal AUCCCD “Anti-Hate/Intolerance” statement. With other colleagues, I continue to work with Board and Membership to address the very human issues of social climate, warmth, and acceptance as we increasingly become the national voice for university and college counseling centers. Additionally, I have played a small part in assessment issues in AUCCCD.

Increasingly, (y)our survey is becoming a critical data source for campus mental health trends and benchmarks. It both stands alone well and triangulates beautifully with sources long in existence.

In my third year as a director of a small IACS accredited center in a Hispanic Serving Institution, I am still relatively new as a counseling center director and understand firsthand the politics and pressures from that sometimes tenuous vantage. I also believe that my work and interests in the Eastern and Western hemispheres are still timely and highly reflective of the diverse work and interests of the Governing Board and much of AUCCCD at present. A few of these include:

- 1) Current appointment to IACS Board of Reviewers
- 2) Appointment to APA Committee on Disability Issues in Psychology
- 3) Recent nomination to the APA Board of Practice Affairs
- 4) Member of the APA Diversity in Education Advisory Group
- 5) Past Co-Chair ACA Counseling Immigrant Families & Individuals Taskforce
- 6) Past President & Treasurer of the Guam Psychological Association

7) Past Alternate to the APA Council of Representatives

8) Past Member, AAC Subcommittee, Joint Committee on the Standards for Educational and Psychological Testing.

In short, my own background and experience continues to reflect and augment a growing diversity yet more unified progress in practice, programming, and planning by AUCCCD members at all levels. Again, I am honored and look forward to being of even more assistance with one very active and memorable term of board experience behind me. ❖

Brian Van Brunt, Ed.D.

Western Kentucky University, Bowling Green, KY

I have worked in the counseling field for over fourteen years. I served as Director of Counseling at New England College from 2001-2007 and currently serve as Director of Counseling and Testing at Western Kentucky University. My counseling style draws from a variety of approaches, though primarily from the humanistic/person-centered style of treatment with its emphasis on warmth, compassion, empathy, unconditional positive regard, individual choice and personal responsibility. I am a certified QPR suicide prevention trainer and have recently completed BASICS training.

I have presented nationally on counseling ethics, mandated assessment, and testing and assessment for the ACCA, Association of College and University Counseling Center Directors (AUCCCD) and the National Association of Forensic Counselors (NAFC). I have presented on web site design at the GCCA conference in 2007 and was awarded the American College Health Association Innovation Grant for my work on New England College’s web-

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site. I have taught graduate classes in counseling theory, ethics, testing and assessment and program evaluation. I have taught undergraduate classes in adjustment and personal growth, deviance and counseling theory.

I am interested in becoming more involved in national advocacy of college counseling. I would be excited to help contribute to the conference planning and presentation review process. I also have been a frequent contributor to the AUCCCD listserv and would be interested in exploring ways the AUCCCD could 1) better collect resource information, 2) offer training to new directors, 3) respond to national issues with more frequent statements on issues that impact college counseling centers (retention, threat assessment, mandated treatment, budget, staffing ratios). ❖

Sandy L. Colbs, Ph.D.

Illinois State University, Normal, IL

I am very excited to be running for a second term on the AUCCCD Board. I have a much deepened understanding of the organization after having served for one term, and hope to use that understanding to further some of the critical goals of the organization during the next three years.

Our organization is at a significant crossroads of unprecedented visibility and opportunity to establish a national presence and voice. Much of the effort of the board needs to be focused on taking advantage of this moment in time. At the same time, we must continue to manage the day to day organizational details, and we cannot forget the roots of our organization and the need to nurture and support our membership. I believe that the current board leadership has an excellent plan and vision for accomplishing these diverse and often competing goals. If reelected to serve another term, my individual efforts will continue to focus on working toward full inclusion and involvement by all directors. I have enjoyed managing the Diversity Mentoring Scholarship Program, arranging for mentors for new members, helping to support and encourage membership in giving voice to critical issues of concern related to the many aspects of diversity of our membership and increasing our cultural competency as an organization. I have also really enjoyed supporting our board by planning meeting logistics for our midyear meetings, encouraging others to run for election to the board, and trying to make more transparent our internal operations so that new members of AUCCCD can clearly and easily see how to become involved and feel invited to do so. I also have appreciated the opportunity to represent our organization as a presenter at NASPA, as I firmly believe that we must engage

in skilled “cross cultural dialogue” with our student affairs colleagues to protect and advance the mission and values of our professional work. While continuing to focus on diversity concerns and director development issues, I hope to also contribute to our organizations’ increased visibility and voice at a national level. Recent experiences in Illinois following the incident at NIU have brought home for me how critically important it is that we speak for our work—if we don’t, others will. I hope that I have the opportunity to pursue these efforts for three more years, and appreciate your consideration. ❖

Jan Collins-Eaglin, Ph.D.

Michigan State University, East Lansing, MI

Counseling Centers today have moved from the edges of campus in isolated offices to the “center” of the university’s attention. The reasons for this transition are the mental health crises on our campuses. Our colleagues consistently have written and advocated for more resources to educate about mental health and serve increasing number of students. After the incidents at Virginia Tech and NIU, greater and at times, overwhelming numbers of administrators, faculty, staff, and students have used our consultation services and counseling programs. AUCCCD, as the representative body of counseling center directors, is being asked nationally to lead and advocate for broader mental health issues. AUCCCD has the opportunity to establish itself as the principal voice that defines the multiple possibilities and ways that our clinical perspective and expertise can enhance university life. As a collective and diverse body, comprised of small and large universities, representing multiple student populations, and committed to excellence, AUCCCD can and does make a difference.

I would consider it a privilege to participate on the AUCCCD board and lend my experience to support the organization’s work. I am beginning my sixth year as a director, following a career as a faculty and counseling center staff member. In 2002, I established the Counseling and Psychological Services at Wayne State University. It was an honor to hire and lay the foundation for the first autonomous center at the university. As a new director, AUCCCD was a valuable resource that provided friendship, mentorship, and knowledge. The multicultural directors particularly provided guidance in many areas.

Last year I moved to Michigan State University as director and continue to develop and explore creative ways to serve the university. My experience also in-

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cludes serving on the IACS accreditation review board. My career and research interests include retention of college students; issues related to cross-culture counseling; and spirituality and counseling; educating local communities of color about mental health.

Thank you for your consideration to serve on the AUCCCD board. ❖

Carol Hagans, Ph.D.

Butler University, Indianapolis, IN

Greetings. I am running for my second term on the Board this year. My representation on the Board has been primarily as that of a small college and university director, although I have been at mid-sized and larger state institutions previously. This term in office has gone quickly but I have seen how all of our voices are needed and do benefit AUCCCD through this type of service to the organization. Now that I have the experience of learning how the board works, the by-laws and the nuances of our organization from a different vantage point, I would ask for your support for another term on the Board where I can work at going further to help AUCCCD. One of my contributions this past term has been in working with conference host sites and having the good fortune of meeting CMC Global who has now become our official conference planners. It is my hope to continue to give back to AUCCCD where I have gained so much professionally and personally. Thank you. ❖

Terence P. Hannigan, Ph.D.

Stevens Institute of Technology, Hoboken, NJ

My interest in joining the AUCCCD's Governing Board is motivated by wanting to become more involved professionally with an organization with which I strongly identify, as well as being of service to an organization that has served me so well in my professional development.

By way of my background, I was born and raised in New York and attended New York University as an undergraduate, majoring in Psychology and Spanish. I completed a master's degree in Counseling in Higher Education at Long Island University and spent two years studying in Spain as an undergraduate and graduate student.

After Peace Corps service in Chile in the early 80s, I worked at Rockland Community College (Suffern, NY) as a counselor and International Student Advisor. I received my Ph.D. from Teachers College/Columbia University and resettled for seven years in Laredo, Texas to complete a residency, to work as an Assistant Professor of

Psychology and eventually as Director of Student Counseling and Disability Services at Texas A & M International University. At that point, I had my introduction to AUCCCD and to TUCCDA (Texas University and College Counseling Directors Association). From the start of these connections, I have felt privileged and enthusiastic about the mentoring and warmth that I have received from both organizations. While a TUCCDA member, I served a two year term as secretary.

In 2005 I returned to the Northeast and began work as the Director of Student Counseling, Psychological and Disability Services at Stevens Institute of Technology in Hoboken, NJ. I am licensed in Texas (inactive status) and in New Jersey. Other professional activities include membership on the Editorial Board of the *Journal of College Counseling* and board certification with the American Board of Professional Psychology. I have also published several articles and book chapters on Cross-Cultural Adjustment, Acculturation Stress and managing crisis situations with International Students.

In thinking about AUCCCD and its future, I feel that I can bring experience and a perspective that emphasizes the importance of our work with international, study abroad and minority students. I would encourage more communication with NAFSA: Association of International Educators and I would work to strengthen the services we provide to students who cross borders and cultures to attain their educational goals.

Three objectives I would pursue if elected include: 1) further strengthening the welcoming culture of AUCCCD for new directors, 2) representing small college interests to the AUCCCD leadership, and 3) working to advocate for maintaining and improving counseling center standards at a time when they are more needed than ever.

Finally, I value the importance of ongoing clinical training for directors and I would work with other members in providing more such training for our members. I would be pleased to serve in the capacity of Governing Board member, should I be elected to this position. ❖

John F. Kerrigan, Jr., Ph.D.

Linfield College, McMinnville, OR

I'm running for the AUCCCD Governing Board in hopes of being able to give back for all the good advice, support and mentoring I've enjoyed since I first joined the organization in 1992. I'd like the opportunity to help guide AUCCCD in the face of the increasingly difficult challenges we face daily such as Virginia Tech, demands

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AUCCCD Board Candidate Statements (continued)

from higher administration for more accountability and less confidentiality, and all the other issues posted daily on the listserv. AUCCCD is in a unique position to provide a common voice to advocate for our needs to campus administrations and to the public at large.

I've been the Counseling Center Director at Linfield College in McMinnville, Oregon, for the last nine years and have been director at the University of Texas at El Paso and Western New Mexico University and Clinical Coordinator/ Training Director at New Mexico State University. Other positions have included private practice, school psychology and private agencies. I am also the moderator for the small centers directors' listserv and a member of the Portland 2010 AUCCCD conference planning committee.

On a personal note, I've become much more aware of and sensitive to disability issues over the last several years as a result of my own Parkinson's Disease diagnosis.

I'm happy to respond to any questions or concerns you might have and would appreciate your support and vote in Fort Worth. ❖

Sharon Mitchell, Ph.D.

University at Buffalo, Buffalo, NY

I have been a counseling center director for five years and an assistant director for three years before that. At each stage of my career, I have sought opportunities to contribute to the profession of college counseling. I have done so because of the reciprocal nature that service to the profession brings; I am able to learn and grow as a professional while at the same time (hopefully) contributing to strengthening the unique identity and value of counseling in a higher education context.

At this point in my career, I believe that my previous experiences are ones that could further the objectives of AUCCCD. In particular, serving students in a multiculturally skilled and inclusive way that recognizes the increasing globalization of our world and our campuses and integrating scholarship and clinical practice is personally and professionally important to me. I currently work at a university that has one of the largest international student enrollments in the country and one that is embarking upon broadening the definition of globalization to include what U.S. students need to do to become citizens of the world. International student utilization of counseling services is also a subject about which I have published. I have taught multicultural counseling and never cease to be awed by the strength, courage, and

wisdom that results when many voices are heard and embraced in social and institutional systems.

The practitioner-scholar model is integral to my view of what it means to be a competent counseling professional. Accordingly, I believe that this organization needs to be on the forefront of encouraging clinical practice and training that arises from solid intellectual inquiry. In this era of accountability and competition for limited resources such information will be needed in order to improve staffing levels and to deal with real (and perceived) threats to campuses. I think that my experience teaching, engaging in applied research, and more recently, my grant-writing experiences could be assets to the Board. This is also a time where there is much uncertainty about what should guide our actions as professionals. University policy? State law? Federal law? Now more than ever, we need to collaborate with other organizations that have similar interests and to whom many of us and our colleagues belong. I believe that my long affiliation with and service to the American College Personnel Association as a Directorate member on the Commission for Counseling and Psychological Services and on the editorial board of the Journal of College Student Development may be helpful in this endeavor. It also behooves AUCCCD to position itself be a consultant to campuses and law-makers at time when a better understanding of how our professional ethics intersect with campus policy and laws is needed. I have been able to view this issue from both the perspective of a college counseling center professional and as President of a State Board of Examiners of Psychologists.

I would like to contribute and would be honored if my peers allowed me to serve on the AUCCCD Board. ❖

Monica Z. Osburn, Ph.D., LPC, NCC

University of North Carolina, Pembroke, NC

I am pleased to accept the nomination to run for the AUCCCD Governing Board. I have been a member of AUCCCD since my first year as the Director of Counseling at The University of North Carolina at Pembroke. That year the conference was in Hawaii, and as a brand new director, I was afraid to ask my boss to go but since, I have made it a point not to miss a conference. I value AUCCCD as an organization for several reasons, the first and most important to me is its leadership. From day one, I felt welcomed and accepted. From being a mentee that first year, and having the support of leaders in our field, I knew this was an organization I wanted to grow with. Since that time, I have had the opportunity

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AUCCCD Board Candidate Statements (continued)

to not only participate in the organization through attending conferences and presenting, but also I had the privilege to help expand the scope of conference attendance through securing CEUs for Licensed Professional Counselors. Just last year, we had 48 LPCs earn conference CEUs. Now, my challenge is to continue as a liaison for LPCs to obtain CEUs. This is a small part of what I feel I can give back to an organization that has already given me so much. That is why I want to further my commitment by running for Governing Board.

I believe I can bring a unique perspective to the board. I am a Licensed Professional Counselor with a Ph.D in Counselor Education. I have a staff encompassing many professional degrees with highly diverse backgrounds. AUCCCD membership is strong with respect to LPCs and at times we have varying needs. Having that voice on our Governing Board may be helpful. I am a past president of the North Carolina College Counseling Association, and am actively involved with the American College Counseling Association. This and other experiences have helped develop my skills as a board member to where I feel I would be able to serve my fellow university and college counseling center directors. I recognize the vast responsibility of being a board member and look forward to the opportunity to serve you. ❖

Anna Beth Payne, Ph.D.

Susquehanna University, Selinsgrove, PA

My commitment to working in University Counseling Centers goes back to college, when I read Leona Tyler's *The Work of the Counselor*, and realized that there really was a home for someone who was as interested in making the system work as in doing therapy. Since then my conviction that the work we do for students and for our universities is of utmost importance remains unshaken. Serving on the AUCCCD Board would be both a privilege and an additional way that I can support this work.

Although I am relative newcomer to AUCCCD, I have benefited from the collective wisdom of this group, indirectly for many years, and directly since becoming the Director at Susquehanna University. The organization has played a significant role over the years in supporting and nurturing the best work of directors, and more recently in becoming a stronger voice for advocacy regarding mental health issues in higher education. Our institutions are in worrisome times, with anxieties about violence, students with severe mental health issues, finances, and the impact of returning veterans on our campuses on the forefront. Collectively, we are in a position to address these issues with integrity, ethics, and

balance. By listening to the diverse perspectives of our membership, we are able to speak with compassion and expertise to our many partners in higher education: administrators, colleagues, staff, students, faculty, parents, and politicians. I would like to help AUCCCD be an increasingly effective, meaningful and credible voice.

I would bring to the Board experience in a variety of settings. Currently I am the Director and Associate Dean at SU, a small, rural, private school. I supervise the Director of the Health Center, as well as manage disability services. Prior to that I was Associate Director at Northern Illinois University, where over the course of 20 years I was Training Director, Clinical Director and Acting Director (usually not at the same time!) From my internship at the University of Maryland, I went to Florida Institute of Technology to be an Assistant Professor and Director of the Counseling Center/Psychology Clinic, where I learned a lot about balancing the training agenda of the department and the service agenda of the university. In all of these settings I have been passionate about excellence, accountability, and doing my best to create structures that would allow my colleagues to operate from their strengths.

I also have served other organizations. I was a member of the Directorate Body of Commission VII of ACPA (1992-1995); on the Board of Directors for ACCTA (1996-1999) and chaired the host committee for the ACCTA Conference in 1996; and was involved with APPIC as a member of the membership committee (1995-1998), member and chair of the Standards and Review Committee (2002-2006), and Associate Editor for *Issues Germane to University Counseling Centers* (1993-2000). I have also served as a Site Visitor for APA since 1992. Through these experiences I have been graced with getting to know firsthand about the multitude of ways Counseling Centers work.

In short, I would bring to the Board awareness of the unique strains and the commonalities of small and large, public and private centers; appreciation for multiple good solutions to problems; the ability to create structures that serve, and a desire to be of service. Thank you for your support, past, present, and future. ❖

Public Relations and Advocacy Awards Call for Nominations

AUCCCD is pleased to announce the call for the 2008 Public Relations and Advocacy Awards for the Best Professional Journalistic, College Journalistic, and Professional Scholarly articles.

The journalistic articles require publication dates from June 1, 2007 to May 31, 2008 while the Professional Scholarly article may be retroactive to January 1, 2007.

The nominated articles should be sent BY EMAIL to the AUCCCD Public Relations and Advocacy Committee Chairperson, Martha Dennis Christiansen, Arizona State University (martha.christiansen@asu.edu). Deadline for nominations for this year's awards is September 15, 2008. The awards will be announced at our 2008 Conference. ❖

International Association of Counseling Services (IACS) Call for Nominations

DEADLINE: Monday, September 1, 2008

The IACS Board of Accreditation is calling for nominations to fill Board Member vacancies in four geographical regions. Please consider placing your own name in nomination, or that of a colleague from another IACS accredited counseling service. Join the current Board Members whose dedication and willingness to assume this important professional responsibility makes it possible for the Association to uphold the highest standards for the betterment of the entire university and college counseling community.

3 - Vacancies - North Atlantic Region: CT DC DE MA MD ME NH NJ NY PA RI VT

1- Vacancies - Midwest Region: IA IL IN KS MI MN MO ND NE OH OK SD WI

4 - Vacancies - Western Region: AK AZ CA CO HI ID MT NM NV OR UT WA WY

2 - Vacancies - International Region: Canada /Australia

Accrediting Board Members must be employees of IACS accredited counseling services and actively engaged in counseling functions within their center. For additional information and an application contact:

Nancy E. Ronchetti, IACS Executive Director

101 S. Whiting Street, Suite 211

Alexandria, VA 22304

703-823-9840 Fax: 703-823-9843

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