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I started working in college mental health over 20 years ago, and became a Director for the first time in 2011 at the John Jay College of Criminal Justice, part of the City University of New York (CUNY). I can honestly say that AUCCCD saved my professional life. I was totally in over my head, and the conference felt like a revelation. To meet colleagues going through the exact same thing, and to benefit from the collected wisdom of my peers was life changing for me. In 2013, I moved to Princeton University where I currently work as Director of Counseling & Psychological Services. Since that first conference, I have tried to pay it forward by doing whatever I can to support the organization. I served as a champion for two goals of the AUCCCD Strategic Plan. I have volunteered each year to be a Director on Duty at the annual conferences and I have served as a mentor in the Mentor Program. I joined the AUCCCD Survey Team two years ago. And most recently, I became a member of the AUCCCD Elements of Excellence Committee. In 2021, my co-authors and I won the AUCCCD Leighton Whitaker Award for Excellence in Scholarship. I would love to serve on the Board to continue to give back to an organization that has given so much to me. I have a particular interest in figuring out ways to make our work more sustainable. How can AUCCCD continue to work to support individual directors as well as advocate for needed change in the profession as a whole? Thanks so much for your consideration.