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I am writing to express my interest in becoming a board member. I am currently the new Director of the Counseling Center at Valparaiso University in Valparaiso, Indiana. Although I am new to higher education, I am not new to the field of mental health and leadership. I have been a therapist for the past 20 years, with half of those years being in a leadership position. I have experienced working in private practice, community mental health, inpatient hospital, addiction, non-profit and K-12 school settings. I also have experience serving as a board member for a K-12 charter school in Gary, Indiana for 4 years.

I would like to be a part of the AUCCCD board for several reasons. The first being, so that I can continue to learn how to be the most effective and impactful in my role as Director. I know that this role is vital to meeting the mental health needs of the students and I know that by collaborating with other board members, I will increase my knowledge of how to be successful in this role. Secondly, I believe that my broad experience will bring another perspective as to how we can approach best practices within our counseling centers. We are now operating in different times and are in need of fresh, creative and innovative ideas to take our counseling centers to the next level of care. In addition, I believe that my leadership and critical thinking skills would also be an asset to the board. I am also a team player and visionary. I believe that these skills are valuable and would be useful as a board member. Lastly, I believe that this will also be a great opportunity to build new connections and long-lasting friendships with other like-minded individuals. Professional and personal relationships are important to me and this is a great way to forge those types of relationships.

I thank you for the opportunity to be considered to serve on this board! I look forward to hearing from you soon and meeting you at the conference.