

Candidate for Board Member:

Meagan Ruffing, MS, LAC, LAMFT, Northwest Arkansas Community College (NWACC)
Director

Prior Engagement / Involvement with AUCCCD:

This is my second year in AUCCCD. My first year I was mentored and this second year I would like to take a more active role in the organization; specifically around community college involvement. We have several community colleges represented at the AUCCCD conference and think this would be a great area to grow.



Candidate Statement:

My name is Meagan Ruffing and I am the director of the Counseling & Wellness Center at Northwest Arkansas Community College. The clinic has been up and running for about 5 years and we now have a staff of 3 full-time therapists and 4 interns. My goal is to continue to increase awareness for mental health services as part of the students' overall well-being and 'whole' life approach. I am a single mom with three kids and am working on my PhD in Counselor Education and Supervision at the University of the Cumberlands. My research is focused on preventing school shootings and providing better mental health care in public schools.