

CHETAN A. JOSHI

CONTACT INFORMATION

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ACADEMIC QUALIFICATIONS AND LICENSE

Maryland State Psychologist License	Active since Jun 2020 (Lic # 06392)
Connecticut State Psychologist License	Active since Sep 2013 (Lic # 003339)
Pennsylvania State Psychologist License	Inactive
Ph.D. in Counseling Psychology 2009	Counseling Psychology (APA accredited) University of Missouri- Kansas City
M.S. in Pharmacology 2002	School of Pharmacy Department of Pharmacology University of Missouri- Kansas City
Bachelor in Pharmacy 2000	Dr. D.Y. Patil College of Pharmacy Awarded with Distinction University of Poona, India

WORK EXPERIENCE

Counseling Center, University of Maryland (UMD), College Park, MD Jan 2020 - Present

The counseling center at UMD is the primary mental health agency on the UMD College Park campus, which is the flagship campus of the University of Maryland system. The counseling center serves a diverse student body of 45000 students. The center has 60 staff members (including trainees and administrative support staff) from a range of disciplines and comprises of three offices, the Counseling Service, Accessibility and Disability Service (ADS), and the Research Office.

Director (Current)

Responsibilities

- Provide strategic vision and direction to all the three offices that comprise the UMD counseling center.
- Manage center budget of approximately \$6 million
- Administrative supervision of the assistant and associate directors that lead the three offices within the UMD counseling center.
- Report to the Senior Associate Vice President of Student Affairs.
- Participation on UMD's behavioral intervention team.

- Training / teaching of predoctoral interns and practicum students.
- Available 24/7 for consultation the center's clinical staff, and university staff and faculty as needed.
- Participation in the center's outreach activities such as those focused on diversity and inclusion, suicide prevention, etc.

Accomplishments

- Effective leadership of staff during a period of significant transition caused by the COVID-19 pandemic.
- Successful initial implementation of a comprehensive proposal to strategically expand mental health services on campus.
- Successful implementation of a proposal to significantly expand the ADS Office and its services following a comprehensive, invited, review of ADS services by the Association for Higher Education and Disability (AHEAD).
- Successful submission of a proposal to implement changes to how after-hours mental health emergencies are handled on campus, which if approved, will result in a reduction in police involvement in mental health emergency response and transport.
- Served on the institution's Incident Response Team, which was instrumental in the development and implementation of the university's response to COVID-19. As a part of this effort, developed a comprehensive case management system for students in COVID-19 quarantine and isolation housing.

Keeling and Associates February 2023 – Present

Keeling and Associates (K & A) is a uniquely qualified consulting and professional services firm with the expertise to create change for learning at institutions of higher education. Senior consultants at K & A have worked with more than 350 institutions and, taken together, have more than 150 years of direct on-campus experience including services as president and executive officers.

Consultant

Counseling and Mental Health Services (CMHS), University of Connecticut (UConn), Storrs, CT. September 2013 – Dec 2019

CMHS is the primary mental health agency on UConn's Storrs campus, which is the flagship campus of the University of Connecticut system. CMHS serves a diverse student body of approximately 32000 students. CMHS has 40 staff members (including trainees and administrative support staff) from a range of disciplines.

Interim Director (April 2019 – Dec 2020) Associate Director and Clinical Coordinator (September 2016 – April 2019) Assistant Director and Clinical Coordinator (September 2013 - September 2016)

Responsibilities

- Management of all aspects of the day-to-day functioning of CMHS.
- Administrative supervision of all CMHS staff members (35 total).
- Clinical supervision / consultation with all clinical staff as needed.
- Completing performance evaluations of 12 clinical staff members (the director completes the evaluations for the other twelve).

- Management of all CMHS clinical services including on-call, case management, triage system, psychiatry, and psychotherapy.
- Participation on UCONN's behavioral intervention team.
- Clinical supervision of non-licensed staff (staff working on obtaining their licensure) and pre-doctoral interns/ trainees.
- Training / teaching of predoctoral interns and practicum students.
- Available 24/7 for consultation with director, CMHS clinical staff, and university staff and faculty as needed.
- Participation in CMHS outreach activities such as those focused on diversity and inclusion, suicide prevention.
- Supervision and consultation for UCONN's regional campuses.

Accomplishments

- Helped in the creation and implementation of the stepped care clinical system at CMHS.
- Implemented a study to better understand needs of students of color and how these could be best met by CMHS.
- Created the CMHS case management system to serve students with critical presentations needing higher levels of care.
- Developed partnerships with area hospitals resulting in the creation student only IOP programs by the hospitals.
- Developed partnerships with local community mental health agencies resulting in the creation of branch offices providing weekly/ twice a week individual therapy and medication management to UCONN students, whose needs could not be met by the CMHS clinical system.
- Created a strong referral network of individual therapy providers in the area.
- Introduced and standardized policies and procedures across the board to ensure uniformity and consistency in the functioning of the clinical system.
- Played an instrumental role in the strategic growth and development of the CMHS staff.
- Oversaw the creation of the CMHS on-call team.
- Created and implemented several quality assurance studies of the CMHS clinical system.
- Oversaw the incorporation and implementation of several assessments into the CMHS clinical system.
- Was instrumental in the creation of the mental health case management system used at UCONN's regional campuses to serve students presenting with mental health issues.

Department of Psychiatry, University of Connecticut Health Center. Dec 2016 – Dec 2019

UConn Health (formerly known as the UConn Health Center) is the branch of the University of Connecticut that oversees clinical care, advanced biomedical research, and academic education in medicine. It includes a teaching hospital (UConn John Dempsey Hospital), the UConn School of Medicine, School of Dental Medicine, and Graduate School.

Assistant Clinical Professor

Responsibilities

- Instruction of fourth year psychiatry residents completing their college counseling center rotation at CMHS. Areas of instruction are psychotherapy, multicultural issues impacting practice of psychiatry and psychology, substance abuse in college students, and college student identity development.
- Research activities - Current areas of research focus are emotional well-being of college students, existential psychology, Logotherapy, and inter-personal neuro-biology.

**Counseling Center and Disability Services, Franklin and Marshall College (F&M),
Lancaster, PA
August 2009 – August 2013**

Franklin and Marshall College is a small liberal arts college located in Lancaster PA. The counseling center and the disability services at F&M served a diverse student body that was approximately 2500 student strong. The counseling center had eight staff members and the disability services office had three.

Staff Psychologist and Coordinator of Disability Services

Responsibilities

- Provision of individual and group psychotherapy services to students.
- Provision of 24/7 on-call services.
- Consultation with faculty, administrators, and parents as needed.
- Development of outreach programs to help promote health and wellness on the campus.
- Member of the Sexual Assault Response Team.
- Psychological testing and substance abuse assessments if needed.
- Administrative management of the college's disability services office reporting directly to the Dean of Students.
- Ensuring the college's compliance with federal and state disability laws.
- Responsible for the delivery of the College's disability services to the students through the development of appropriate disability accommodations and related policies and procedures.

Accomplishments

- Developed several outreach programs targeting underserved minority populations on campus and international students.
- Served as a liaison between the counseling center and the area hospitals to ensure that admitted students received appropriate care and treatment.
- For first time in its history, standardized the policies and procedures governing the operation of the disability services office.
- Was instrumental in initiating a survey designed to ensure the compliance of the college's physical buildings with applicable disability law.
- Developed varied, individualized disability accommodations for students, which were uniformly appreciated by students and their parents as evidenced by the positive feedback that was received.

PROFESSIONAL ORGANIZATIONS AND ACTIVITIES

Board Member for the Association for University and College Counseling Center Directors (AUCCCD)
Started in Oct 2022

Continuing Education Officer on the Board of the Association for the Coordination of Counseling Center Clinical Services (ACCCCS)
2016- 2019

Directorate member and Chair of the Awards Committee within the Commission for Counseling and Psychological Services (CCAPS) of the ACPA
2011- 2013

SELECT OUTREACH PROGRAMS, CONFERENCE PRESENTATIONS, AND RELATED ACTIVITIES

Let's Talk: Senior Leaders, Mental Health, and Counseling Center Directors
American Council on Education (ACE) – March 2023

Innovations in College Counseling
New England College Health Association – Nov 2018

Narrative 4: An Innovative Approach to Building and Managing Staff Morale
ACCCCS-2018 Annual National Conference- New Orleans- May 2018

What I wish I knew when I first started as a Clinical Director
ACCCCS-2018 Annual National Conference- New Orleans- May 2018

A Case Study in Threat Assessment - Association of Threat Assessment Professionals
Conference (ATAP)
University of Connecticut Counseling and Mental Health Services -2016

Adjusting to the College Culture in America - for International Students
University of Connecticut Counseling and Mental Health Services- 2016

Student Mental Health Issues- A Program for Faculty and Staff on Campus
University of Connecticut Counseling and Mental Health Services- 2016

SELECT PAST CLINICAL EXPERIENCE

University of Maryland- College Park, Student Counseling Center
July 2008 – June 2009
Pre-doctoral Intern

University of Oklahoma- Norman, Student Counseling Center
August 2007 – February 2008
Advanced Practicum Student Counselor

University of Kansas Medical Center (KUMED), Student Counseling Center
August 2006 – August 2007
Advanced Practicum Student Counselor

Kansas City Free Health Clinic, Community Mental Health Center
August 2005- May 2006
Advanced Practicum Student Counselor

University of Missouri-Kansas City, Student Counseling Center
August 2004- August 2005
Advanced Practicum Student Counselor

University of Missouri-Kansas City, Departmental Clinic- Community Counseling Services
August 2003- August 2004
Practicum Student Counselor

SELECT CLINICAL SUPERVISION EXPERIENCES

University of Maryland- College Park, Counseling Center
Jan 2020 – Present

University of Connecticut- Storrs, CMHS
September 2013 – December 2019
Clinical supervision of non-licensed clinical staff members (staff working on obtaining their licensure), pre-doctoral interns, and psychiatry residents.

Franklin and Marshall College, Counseling Center and Disability Services
June 2011 – August 2013
Clinical supervision of new staff and trainees

University of Maryland- College Park, Student Counseling Center
August 2008- June 2009
Clinical supervision of practicum students

SELECT TEACHING EXPERIENCE

Interpersonal Neurobiology Seminar for Pre-Doctoral Interns at UMD Counseling Center
(Offered on a yearly basis)

Interpersonal Neurobiology Seminar for Pre-Doctoral Interns at UCONN CMHS
(Offered on a yearly basis)

Multiculturalism and Psychotherapy Seminar for Pre-Doctoral Interns at UCONN CMHS
(Offered on a yearly basis)

College Student Identity Development course for masters level graduate students in the Higher Education and Student Affairs program in the NEAG School of Education at UConn- Fall 2016

Counseling in a Pluralistic Society: University of Missouri-Kansas City-- Spring 2006
Served as an assistant instructor

Methods of Counseling: University of Missouri - Kansas City—Summer 2005
Served as an assistant instructor

SELECT RESEARCH EXPERIENCE

Peer Review Activities

Peer Reviewer for the Journal of Counseling Psychology	Current
Peer Reviewer for the Journal of College Counseling	Current
Peer Reviewer for Cultural Diversity and Ethnic Minority Psychology	Current
Peer Reviewer for Journal of Humanistic Psychology	Current
Peer Reviewer for the International Journal of Existential Psychology and Psychotherapy	Current

Publications

Joshi, C., Marszalek, J., Berkel, L., & Hinshaw, A (2013). An Empirical Investigation of Viktor Frankl's Logotherapeutic Model. *Journal of Humanistic Psychology*, 53 (4), 1-27

Nilsson, J., Butler, J., Shouse, S., **Joshi, C.** (2008). The Relationships among Perfectionism, Acculturation, and Stress in Asian International Students. *Journal of College Counseling*, 11(2), 147-158.

Taylor, B., **Joshi, C.**, & Uppal, H. (2003). Stimulation of dopamine D2 receptors in the nucleus accumbens inhibits inflammatory pain. *Brain Research*, 987(2), 135-43.

Dissertation and Projects

Joshi, C., Marszalek, J, & Berkel, L. (2009). An empirical validation of Viktor Frankl's Logotherapeutic model. Doctoral Dissertation, University of Missouri – Kansas City.

Joshi, C. & Duan, C. (2006). Role of family attachment, perceived social support and cultural values in the development of personal and social identities. Unpublished Pre-doctoral Dissertation, University of Missouri-Kansas City.

Joshi, C. & Taylor, B. (2002). Dopamine D2 Receptors in the Nucleus Accumbens and Inhibition of Persistent Pain in the Formalin Test. Published master's level thesis, University of Missouri-Kansas City.

AWARDS AND RECOGNITION

Employee of the Year Award 2018, University of Connecticut

AFFILIATIONS

Association for the Coordination of Counseling Center Clinical Services

American College Personnel Association

American Psychological Association

Society for Neuroscience

REFERENCES

Provided upon request