

## **Eric C. Wood, Ph.D., L.P.C.**

**Address:** 9017 Saddle Free Trail, Fort Worth, Texas 76123

**Cell Phone:** 214-684-4013

**Work Phone:** 817-257-7863

**Email:** [e.c.wood@tcu.edu](mailto:e.c.wood@tcu.edu)

---

### *PROFESSIONAL VITA*

---

#### ***Education:***

- The University of North Texas, Doctorate in Counseling Psychology: Psychology Department.  
*Graduation Date:* Summer 2007  
*GPA:* 4.0
- The University of North Texas, MS in Counseling Psychology: Psychology Department.  
*Graduation Date:* Fall 2002  
*GPA:* 3.96
- The University of Texas at Dallas, BA in Psychology: School of Human Development.  
*Graduate Date:* Spring, 1999  
*GPA:* 3.96: *Summa Cum Laude*  
**DEAN'S AWARD----Highest class rank in the School of Human Development**

***Current Credentials:*** Licensed Professional Counselor (Texas). Issued 9/13/05. License Number: 19685  
Licensed Psychologist (Texas): Issued 08/31/09: License Number: 34195

---

#### *CURRENT EMPLOYMENT*

- **Director of Counseling and Mental Health:** *Texas Christian University, Counseling and Mental Health Center* (April 2019 - Currently).

##### Primary Duties Include

- Serve as the lead administrator and supervisor for a staff of 7 full-time clinical therapists, 12 part-time clinical therapists, 3 full-time Substance Use & Recovery Counselors, 3 Triage/Crisis care counselor, 2 psychiatric providers, the Title IX Campus Advocate, graduate assistants, practicum students, and 2.5 administrative support
- Serve as a budget administrator for the Counseling Center, Substance Use and Recovery Services, external grants and donor funding
- Facilitate integrated and collaborate care services with primary care physicians in the Health Center
- Founded and coordinate the center's initiative for Peer Support Programs [Counseling & Mental Health Center | Peer Programs \(tcu.edu\)](#)

- Function as the leading mental health expert on campus and university’s formal liaison for mental health in the community
- Founded and serve as the lead for the campus-wide trauma response initiatives
- Complete the duties of a staff psychologist to provide short-term counseling to students (*see below, work ratio approximately 80% administrative to 20% counseling*)
- Report to the Vice Chancellor of Student Affairs and the Associate Vice Chancellor/Dean of Students

#### Notable Accomplishments

- Ranked #4 Best Student Support and Counseling Services in 2022 by the Princeton Review: [Best Student Support and Counseling Services | The Princeton Review](#)
- **Winner of the 2022 TCUs Michael R. Ferrari Award for Distinguished University Service and Leadership Award – highest faculty/staff award within the institution**  
[https://www.youtube.com/watch?v=S\\_r3iZuUgUw](https://www.youtube.com/watch?v=S_r3iZuUgUw)
- In 2023, Elected President of the Texas University and College Counseling Directors Association.
- In 2022, helped secure and facilitate over \$300,000 in external donor funding specifically given to the TCU Counseling and Mental Health Center –including the development of an endowment for the center’s specialized programs.
- Founded a National Learning Network for Peer Support Programs in which over 60 institutions of higher education have joined.
- Ranked #6 Best Counseling Services in 2021 by the Princeton Review: [Best Counseling Services | The Princeton Review](#)
- Developed, founded, and implemented the “Comprehensive Collaborated Care Model,” which utilizes partnerships with local treatment centers and departments within Student Affairs
- Featured in The Harvard Business Review (Jan/Feb, 2022). The New You Business:
- Featured in The Chronicle of Higher Education’s Special Report (March, 2020): *Overwhelmed: The real campus mental health crisis and new models of well-being*
- In 2019, authored a \$100,000 donor proposal to implement a Dialectical Behavioral Therapy (DBT) program on campus with no additional cost to students or the university -- **which was funded**
- Founded and provide administrative supervision of 3 campus Intensive Outpatient Program (IOP) for students with high level behavioral health, substance use concerns, and eating disorder concerns at no additional cost to the university
- Served as the Principal Investigator for a 3-year/\$300,000 federal grant to implement a dedicated Triage & Crisis Care clinical team
- Authored a \$50,000 per year proposal to add .5 FTE therapist to expand the Triage and Crisis Care Team -- **which was funded**
- Established a grant funded Equine Assisted Group Therapy Program

---

#### *PREVIOUS EMPLOYMENT*

- **Dean of Health & Wellness (inaugural/founding position): Grinnell College** (Jan 2019 – April 2019).

#### Primary Duties Included

- Served as the leading administrator for a staff of 18 professionals to provide executive oversight over the Counseling Center, Health Center, and Wellness Promotion

- Provided clinical supervision for in-house staff counselors, including clinical case management, consultation, documentation standards, and treatment coordination
- Provided administrative supervision of faculty from the University of Iowa regarding the counseling center's practicum training program
- Served as a formal liaison with medical and mental health providers in the Grinnell, Iowa community

#### Notable Accomplishments

- Restructured the Counseling Center, Health Center, and Wellness Promotion into a integrated Student Health and Wellness (S.H.A.W.) unit
- Developed assessments for health-related outcomes within an integrated Student Health & Wellness unit
- Implemented a triage and drop-in system with-in the Counseling Center
- Established procedures and operations for a 24/7 phone counseling helpline

- **Associate Director of Counseling and Mental Health (received this position by promotion):** *Texas Christian University, Counseling and Mental Health Center* (June 2013- December 2019).

#### Primary Duties Include

- Serve as the 2<sup>nd</sup> leading administrator for a staff of 19 professionals, including full-time clinical therapists, part-time clinical therapists, a psychiatrist, the Title IX Campus Advocate, the Let's Talk Coordinator, graduate assistants, Alcohol & Drug Education staff, and administrative support
- Serve as the direct supervisor for the TCU Alcohol & Drug Education
- Provide clinical supervision to the TCU Substance Use and Recovery Counselor
- Facilitate the center's integrated collaborative care model with primary care physicians in the Health Center
- Developed and coordinate the center's "Walk-in Clinic" and "Triage system"
- Coordinate the center's Protocall system for after-hours crisis services
- Serve as a budget administrator for the Counseling Center, Alcohol & Drug Education, and external funding from donors
- Collect the center's clinical outcome data (including a specific tracking measure for suicide ideation)
- Monitor the center's student retention scale (*average savings in tuition of \$1.92 million per year*)
- Serve as the system administrator for the center's electronic medical record system (Titanium)
- Maintain the Counseling Center's Website: [www.counseling.tcu.edu](http://www.counseling.tcu.edu)
- Assist the Director in reporting to the Vice Chancellor of Student Affairs and the Associate Dean of Students
- Coordinate search committees for hiring new counseling center staff
- Serve as the center's liaison to Campus Wellness Partners (*including Wellness Programing, Deans of Students, Housing & Residence Life, Fraternity & Sorority Life, Student Development Services, Athletics, Inclusiveness & Intercultural Services, and Veterans Services*)
- Complete the duties of a staff psychologist to provide short-term counseling to students (*see below, work ratio approximately 65% administrative to 35% counseling*)

#### Notable Accomplishments

- Collaborated with the TCU's Inclusiveness & Intercultural Services to provide services to students with diverse identities, students with low SES, and students who are first generational
- Assisted the relocation of the Counseling Center to a new and larger campus facility
- Co-authored a \$200,000 donor proposal to expand the center's services - *by hiring part-time therapists, utilizing ProtoCall for 24/7 phone counseling, and implementing an online psycho-education program -- all of which were funded*
- Assisted in requesting the university to permanently fund a Suicide Prevention Outreach Coordinator position (a previously grant funded position) -- **which was approved**
- Oversaw the transition of TCU's Alcohol and Drug Education into the counseling center
- Piloted the center's "Let's Talk" program
- Helped established an executive leadership team for the Counseling Center to include the Director, the Associate Director, an Assistant Director of Training, and an Assistant Director of Recovery Services

#### Notable Awards

**Authored a 3-year \$300,000 grant proposal to SAMHSA/Department of Health & Human Services -- which was funded**

**Promoted to be the head administrator for the TCU Alcohol & Drug Education Center by the Associate Vice Chancellor of Student Affairs. This promotion included an increase in responsibility and salary**

**Awarded the 2015 Harriett Copher Haynes Diversity Leadership Mentoring Program Award by the Association for University and College Counseling Center Directors (AUCCCD)**

**Supervised TCU's efforts in the 2015-2016 "Every One Counts" Suicide Prevention Challenge - Awarded highest percentage of campus trained through in-person programming by the Association for University and College Counseling Center Outreach (AUCCCO)**

#### Additional Volunteer Activities

- Advisory Board member to the National College Depression Partnership (NCDP) - *a national collaboration of 42 universities focused on designing integrated and collaborative care models between therapists and primary care physicians on college campuses*
  - Peer Reviewer for the Journal of American College Health - *section of expertise include depression and suicidality among college students*
  - 2016 work group committee for the Texas University and College Counseling Center Directors Association's (TUCCDA) - *a state wide initiative for implementing Texas Senate Bill 1624, requiring universities to provide suicide prevention resources to all 1<sup>st</sup> year and transfer students*
  -
- **Assistant Director of Counseling and Mental Health (received this position by promotion):** *Texas Christian University, Counseling and Mental Health* (May 2011-June 2013).

#### Primary Duties Included:

- Assisted the Director in providing administrative supervision for the center's clinical staff and administrative support personnel
- Served as a budget administrator for the counseling center's budget and external grant funding
- Served as the direct report to HOPE Initiative Suicide Prevention Program, funded by SAMSHA/Department of Health and Human Services

- Supervised and coordinated the center's outreach programs
- Supervised post-doctoral interns for licensure and new staff hire
- Facilitated the center's outcome data collection system
- Co-authored annual reports to the Vice Chancellor of Student Affairs
- Coordinated search committees for hiring new staff
- Served as the center's leading administrator during the Director's absence
- Completed the duties of a Staff Psychologist to provide short-term counseling to students (*see below, work ratio approximately 35% administrative to 65% counseling*)

#### Notable Accomplishments and Awards

**Co-authored a 3-year \$250,000 grant proposal to SAMHSA/Department of Health and Human Services for the Garrett Lee Smith Suicide Prevention Campus Grant--which was funded**

**Established a QPR suicide prevention gatekeeping training program on campus**

**Identified and supported a Director of Training to establish a training program for graduate level practicum counselors**

#### Additional Volunteer Activities

Partnered with the TCU's Inclusiveness & Intercultural Services to establish the annual "Bridging the Gap" conference for students with diverse identities and low SES

Served as a "Faculty Member" to the National College Depression Partnership

Peer Reviewer for the *Journal of American College Health*

- **Staff Psychologist & Outreach Coordinator**: *Texas Christian University, Counseling, Testing, and Mental Health Center* (August 2007 – Promoted to Assistant Director in May 2011)

#### Primary Staff Psychologist's Duties Included:

- Conducted intake and triage sessions
- Served as the lead therapist for anger management counseling for students
- Served as the lead therapist for students accused of violating the student code of conduct
- Consulted with staff psychiatrists and primary health physicians
- Maintained day time and after hours crisis hours
- Provided individual, group, and couples counseling (co-founded a Grief Support Group)

*Typical Presenting Concerns of Students Included:* Academic problems, adjustment disorders, anxiety, bipolar disorder, bereavement, diversity/multicultural issues, depression, eating disorders, personality disorders, relational concerns, sexual identity issues, sexual compulsions, substance abuse, and trauma.

*Assessment Instruments:* Beck Depression Inventory-II, Beck Anxiety Inventory, Minnesota Multiphasic Personality Inventory-II, Myers Briggs Type Indicator, Strong Interest Inventory, Patient Health Questionnaire-9, Lucas Student Functioning and Flourishing Scales, General Anxiety Disorder-7, Student Retention Scale.

#### Outreach Coordinator's Duties Included:

- Founded and served as the lead administrator for the center's prevention and outreach programs – including *Helping Students in Distress (for Faculty and Staff)*, *Depression Screening Day*,

*Trainings for Hall Directors and Residential Assistants, Sleep Awareness Day, and Feed Your Body & Soul Week (Eating Disorder Awareness)*

- Served as the liaison with wellness partners across campus
- Developed the center's bio-feedback/stress management program
- Updated and maintained the counseling center's website: [www.counseling.tcu.edu](http://www.counseling.tcu.edu),
- Maintained TCU's Health and Wellness Facebook Page
- Conducted "Safe-Talk" Suicide Awareness trainings to TCU faculty/staff/students
- Served as the center's liaison for multicultural student groups
- Assisted the center's Director in purchasing and implementing an electronic medical record system

#### Notable Accomplishments and Awards

**Awarded the 2011-2012 TCU Outstanding Achievement Award for Staff of More than 2 Years in the Division of Student Affairs**

**Awarded the 2009-2010 TCU Outstanding Achievement Award for Staff of More than 2 Years in the Division of Student Affairs**

**Awarded the 2009-2010 TCU Outstanding Program Award in the Division of Student Affairs: Feed Your Body & Soul Week**

**Awarded the 2009-2010 TCU Staff Award from Housing and Residence Life Student Leadership**

#### Additional Volunteer Activities

Served as a "Champion Member" for TCU's involvement in the National College Partnership of Depression, which was granted the **2009 "Innovations in Quality Improvement Award" by the Accreditation Association of Ambulatory Health Care (AAAHC)**.

Peer Reviewer for the *Journal of American College Health*

Peer Reviewer for *Sexual Abuse: Journal of Research and Treatment*

---

#### *PRE-DOCTORAL INTERNSHIP*

- Texas Tech Student Counseling Center: August 2006- August 2007 [APA accredited]

*Duties Included:* Conducted intakes and authored intake reports; provided individual and couples' counseling; conducted bio-feedback sessions with students; participated in live case supervision, served on multi-disciplinary treatment teams; co-lead GLBT process group; supervised caseloads of practicum students; presented case conferences to staff; served on the Diversity Issues outreach team; presented outreaches to University staff and students, liaison with Campus Life regarding students of diversity, presented training seminar to staff and practicum students.

*Presenting Client Concerns Included:* Academic problems, adjustment disorders, anxiety, bipolar disorder, bereavement, depression, eating disorders, personality disorder, relational concerns, sexual identity issues, sexual compulsions, substance abuse, and trauma.

*Assessment Instruments:* Beck Depression Inventory, Beck Anxiety Inventory, Eating Disorder Inventory, Minnesota Multiphasic Personality Inventory-2, Myers Briggs Type Indicator, NEO-

Personality Inventory, Personality Assessment Inventory, Rotter Incomplete Sentences, Strong Interest Inventory.

*Training Rotations:* Sexual Identity; Athletics, Relational Enhancement Center.

*Outreaches presented:* Alcohol Awareness, Bio-feedback, Curb Your Anxiety Day, Depression Awareness/Suicide, Diversity Issues, GLBT Awareness, Resident Life Staff Training, Safe Zone Allies Training, Sexual Abuse, Stress Management, Multi-Cultural Student Coalition, Sexual Assault Critical Incident, Sexual Addictions and the Sexual Behavior of College Students (staff training seminar).

*Primary Supervisors:* Dr. Sarah Hailey, Dr. Rich Lenox, and Dr. Julie Verrone

---

### *OTHER PROFESSIONAL COUNSELING EXPERIENCE*

- Staff Therapist: *Galaxy Counseling Center:* May 2002-2006 (offered a staff position after completing an external practicum at the site)

*Duties Included:* Conducted intakes and individual, family, child/play, and couples' therapy; co-lead Anger Management psycho-educational groups for adults; co-lead process groups for male sex offenders; co-founded and co-lead psycho-educational Anger Management group for adolescents; presented educational programming to community agencies; completed full psychological assessment batteries including court ordered evaluations; presented case conferences to staff; supervised caseload of practicum students.

*Presenting Client Concerns Included:* Academic problems, adjustment disorders, anger management, anxiety, bipolar disorder, bereavement, child custody issues, court ordered psychological evaluations, depression, domestic violence, personality disorder, relational concerns, sexual identity issues, sexual addictions, sex offender treatment, social security benefits evaluations, substance abuse, and trauma.

*Assessment Instruments:* Adolescent Anger Rating Scale, Beck Anxiety Inventory, Beck Depression Inventory, Connor's Parent Rating Scales-Revised, Child Behavior Checklist, Child Depression Inventory, Child Version of Trail Making Tests, Bender Gestalt Figure Drawing Test, Kinetic Family Drawing Test, Parental Stress Inventory, Millon Clinical Multi-Axial Inventory-III, Minnesota Multiphasic Personality Inventory-2, Minnesota Multiphasic Personality Inventory-Adolescent, Multiphasic Sex Inventory, Rorschach, Sentence Completion Test, Social Readjustment Rating Scale, Strait-Trait Anger Expression Inventory-2, Thematic Apperception Test, Trail Making Test A & B, Wechsler Adult Intelligence Scale-III, Wechsler Intelligence Scale for Children-IV, Wechsler Memory Scale III, Wide Range Achievement Test Revision-III.

*Supervisors:* Dr. Elaine Ply, Dr. Elaine Traylor, and Dr. Nicole Roberts.

- Lead Staff Therapist: *Allied Behavioral Health:* May 2005-2006.

*Duties Included:* Conducted individual and group therapy for patients in a chronic pain management program; conducted bio-feedback sessions with clients and neuropsychological evaluations using the Halstead-Reitan test battery; trained new therapists as well as coordinated clinical services.

*Presenting Client Concerns Included:* Adjustment disorders, anger management, anxiety, bio-feedback training, depression, pain management, relational concerns, sexual issues, substance abuse.

*Assessment Instruments:* Category Test, Finger Dynamometer Test, Finger Oscillation Test, Lateral Dominance Examination, Minnesota Multiphasic Personality Inventory-2, Reitan-Indiana Aphasia Screening Test, Russell Revision of the Wechsler Memory Scale, Seashore Rhythm Test, Sensory Perceptual Examination, Speech-Sounds Perception Test, Test of Memory and Malingered, Tactual Performance Test, Wechsler Adult Intelligence Scale-III.

*Supervisor:* Dr. Julie Duncan.

---

### COUNSELING TRAINING EXPERIENCE

- External Practicum: *Southern Methodist University, 2000-2001 [Masters Program]*

*Duties Included:* Conducted intakes and individual therapy including personal and vocational counseling; completed full psychological assessment batteries; co-facilitated brown bag discussions on gender issues; presented case conferences to staff.

*Presenting Client Concerns Included:* Academic problems, adjustment disorders, anxiety, bereavement, depression, gender issues, relational concerns, substance abuse, and trauma.

*Assessment Instruments:* Minnesota Multiphasic Personality Inventory-2, Myers Briggs Type Indicator, Stanford Binet, Strong Interest Inventory, Wechsler Adult Intelligence Scale-III, Wechsler Memory Scale III.

*Supervisors:* Dr. Juli Hobdy and Dr. Karen Settle

- External Practicum: *Galaxy Counseling Center, 2001-2002 [Masters Program]*

*Duties Included:* Conducted intakes and authored intake reports; provided individual, couples, family counseling, and play therapy; participated in live case supervision and therapy process teams; co-lead Anger Management psycho-educational groups for adults; co-lead process groups for male sex offenders; completed full psychological assessment batteries including court ordered evaluations; presented case conferences to staff.

*Presenting Client Concerns Included:* Academic problems, adjustment disorders, anger management, anxiety, bipolar disorder, bereavement, child custody issues, court ordered psychological evaluations, depression, domestic violence, personality disorder, relational concerns, sexual identity issues, sexual addictions, sex offender treatment, social security benefits evaluations, substance abuse, and trauma.

*Assessment Instruments:* Beck Anxiety Inventory, Beck Depression Inventory, Connor's Parent Rating Scales-Revised, Child Behavior Checklist, Child Depression Inventory, Child Version of Trail Making Tests, Bender Gestalt Figure Drawing Test, Kinetic Family Drawing Test, Parental Stress Inventory, Millon Clinical Multi-Axial Inventory-III, Minnesota Multiphasic Personality Inventory-2, Minnesota Multiphasic Personality Inventory-Adolescent, Multiphasic Sex Inventory, Rorschach, Sentence Completion Test, Social Readjustment Rating Scale, Thematic Apperception Test, Trail Making Test A & B, Wechsler Adult Intelligence Scale-III, Wechsler Intelligence Scale for Children-IV, Wechsler Memory Scale III, Wide Range Achievement Test Revision-III.

*Supervisors:* Dr. Joyce Webb, Dr. Julie Duncan, and Dr. Elaine Ply

- Internal Practicum: *University of North Texas Student Counseling Center: Career Counseling*



Practicum: August 2002-May 2003. Personal Counseling Practicum, August 2003-May 2004

*Duties Included:* Utilized a variety of career assessment instruments; conducted individual career counseling; completed career assessments and provide feedback to students; conducted intakes and provided personal individual therapy.

*Presenting Client Concerns Included:* Academic problems, adjustment disorders, anxiety, bereavement, depression, eating disorders, personality disorder, relational concerns, sexual identity issues, and trauma.

*Assessment Instruments:* 16 Personality Factor, California Personality Inventory, Career Placement Ability Survey, Myers Briggs Type Indicator, Personality Assessment Inventory, Self-Directed Search, Strong Interest Inventory, Value Card Sorting Tasks.

*Supervisors:* Dr. Tim Lane and Dr. Julie McConnell

- Internal Practicum: *University of North Texas Community Psychology Clinic:* August 2002-May 2004.

*Duties Included:* Completed full psychological assessments and provided feedback to clients; conducted intakes and author detailed intake reports; provided individual, couples, and family counseling; served as peer supervisors to members of practicum team.

*Presenting Client Concerns Included:* Academic problems, adjustment disorders, anger management, anxiety, bipolar disorder, bereavement, relational concerns, relational aggression, sexual identity issues, sexual compulsions, substance abuse, and trauma.

*Assessment Instruments:* Bender Gestalt Figure Drawing Test, Children Apperception Test, House - Tree - Person Projective Drawing Technique, Kaufman Assessment Battery for Children- II, Kaufman Adolescent and Adult Intelligence Test, Minnesota Multiphasic Personality Inventory-2, Rorschach, Thematic Apperception Test, Trail Making Test (A & B), Wechsler Adult Intelligence Scale-III, Wechsler Intelligence Scale for Children-IV, Wechsler Memory Scale III, Woodcock Johnson Test of Achievement-Third Edition.

*Supervisors:* Dr. Ed Watkins and Dr. Trent Petrie

- Volunteer Co-Therapist: *Gateway Counseling Center:* 2003-2005

*Duties Included:* Co-lead process groups for male sex offenders

---

### RESEARCH EXPERIENCE

- Doctoral Dissertation---Attachment, fear of intimacy, and cognitive distortions among sex offenders, Defense Completed: 6/20/07

*Duties Included:* Developed original research hypothesis; obtained approval of the university review board; established network with local treatment providers and community agencies; conducted entire data collection; entered original data; conducted statistical analyses.

*Supervisor:* Dr. Shelley Riggs

- Ad hoc Reviewer: *Criminal Justice and Behavior: An International Journal*; February, 2006

*Duties Included*: Reviewing manuscript submitted for publication and providing suggestions and feedback to Chief Editor.

*Supervisors*: Dr. Shelley Riggs and Dr. Richard Rogers

- Doctoral Thesis: The mediation of cognitive distortions on adult attachment and victim empathy among child molesters, Defense Completed: 7/15/05

*Duties Included*: Developed original research hypothesis; obtained approval of the university review board; established network with local treatment providers and community agencies; conducted entire data collection; entered original data; conducted statistical analyses; defended results to faculty committee; presented results at professional conferences.

*Supervisor*: Dr. Shelley Riggs

- Graduate Research Assistant: University of North Texas, Project **Health Outcome Women** 1999 –2001

*Duties Included*: Coded and entered longitudinal data; assisted in the development of project surveys; assisted in the training of undergraduate workers; conducted statistical analyses; presented study results in a variety of settings including conferences and large meetings attended by the participants.

*Supervisor*: Dr. Linda Marshall

- Undergraduate Honor Thesis: A Literary Review on the Psychological Study of Divorce, 1999

*Duties Included*: Completed and authored a literary review on the impact of divorce on children.

*Supervisor*: Dr. John Santrock

- Editorial Assistant: *Journal of Ear and Hearing*, 1998-1999

*Duties Included*: Assisted the Chief Editor in assigning duties to Section Editors; managed correspondence with reviewers; updated and maintained the journal database; sent manuscripts to publishers.

*Supervisor*: Dr. Susan Jerger

- Research Assistant: University of Texas-Dallas; Child Speech Perception Laboratory, 1998-1999

*Duties Included*: Assisted in the initial laboratory set up; marketed the research program within the Community; tested participants on a variety of assessment batteries; coded and entered data; assisted in the training of other research assistants; reported on the project's progress to the principal investigator.

*Supervisor*: Dr. Susan Jerger

---

### ACADEMIC TEACHING EXPERIENCE

- Adjunct Professor: Psychology 6923: Counseling Practicum Supervision: Texas Women's University-Fall 2008. Invited by Faculty/Program Director Sally Stabb
- Teaching Fellowship: (Psychology 1000): University of North Texas, Fall 2003-Spring 2005.

*Duties Included:* Preparing classroom lectures; Assisting in developing exams; Grading assignments, course papers, and exams; Maintaining office hours; Calculating and posting final grades.

*Supervisor:* Dr. Trent Petrie

- Senior Tutor/Teaching Assistant (Cognitive Psychology): University of Texas-Dallas, 1998-1999. Honor conveyed by Dean to selected students.

*Duties Included:* Preparing lectures for class tutorial sessions; Assisting in developing exams; Grading assignments and exams; Calculating final grades.

*Supervisor:* Dr. Susan Jerger

---

### ACADEMIC AWARDS AND HONORS

- National Dean's List: 2007
  - National Scholars Honor Society: inducted 2006
  - Phi Kappa Phi National Honor Society: inducted 2006
  - \* **UTD Dean's Award---** {Undergraduate with the highest class rank}: 1999
  - Summa Cum Laude: 1999
  - Senior Undergraduate Tutor (Honor conveyed by Dean to selected students): 1998-1999
  - Who's Who in American Colleges and Universities: inducted 1997
  - Psi Chi National Honor Society for Psychology: inducted 1997
  - Golden Key National Honor Society (Selected from upper 15%): inducted 1997
  - Dean's List (Undergraduate): 1995-1999
  - Texas Excellence in Academic Scholarship: 1995-1999
- 

### ORGANIZATIONS AND ACTIVITIES

[Only Graduate School listed]

- Student Interviewer for Admission: 2000-2004
  - Peer Mentor: Masters' Counseling Program: 2000
  - Graduate Association of Student in Psychology, member: 1999-2000
- 

### PROFESSIONAL ASSOCIATIONS

- Texas University and College Counseling Director: 2019- current (**elected President in 2023**)
- Council member of the Texas Statewide Suicide Prevention Council: 2023- current

- The Association for University and College Counseling Center Directors: 2019- current
  - The Association for the Coordination of Counseling Center Clinical Services: 2016-2018
  - American Psychological Association: 2009-current
  - Texas Psychological Association, Student Affiliate: 2006-2007
  - American Psychological Association, Student Affiliate: 2003-2006
  - American Psychology Society, Student Affiliate: 1999 –2001
- 

*PROFESSIONAL POSTERS AND PRESENTATIONS* [Graduate School listed]

- Wood, E. & Marshall, L. (2000). *Psychological Abuse, Violence, and Sexual Aggression on the Mental Health of Women*. Poster presented at the 12<sup>th</sup> Annual APS Convention. Miami, FL.
  - Wood, E. & Marshall, L. (2001). *Partner Abuse Mediation of Risk in Intimacy on Women's Mental Health*. Poster presented at the 13<sup>th</sup> Annual APS Convention. Toronto, Ontario.
  - Wood, E. & Marshall, L. (2001). *Psychological Abuse Mediation of Partner Violence on Women's Mental Health*. Poster presented at the 7<sup>th</sup> Annual International Family Violence Convention. Durham, NH.
  - Wood, E. (2001). *Legislative Issues and Updates Concerning Sex Offenders*. Galaxy Counseling Center. Garland, TX. (not peer reviewed).
  - Wood, E. (2002). *Exploring the Sexual Offense Cycle and the Risk of Re-Offending*. Galaxy Counseling Center. Garland, TX. (not peer reviewed).
  - Luff, S. & Wood, E. (2003). *Impact of sex abuse on children*. Presentation at the 4<sup>th</sup> Annual Family Violence Conference: The Odyssey of Family Violence Continues. Dallas, TX.
  - Wood, E. (2004) *Anger management techniques for the family*. The University of North Texas, Dallas Campus: Community Gear Up Project. Mountain View Community College, Dallas, TX. (not peer reviewed).
  - Wood, E. & Riggs, S. (2006). *Adult attachment, cognitive distortions and empathy among child molesters*. Poster presented at the 59<sup>th</sup> Annual TPA Convention. Dallas, TX.
  - Wood, E. & Riggs, S. (2008). *Attachment, fear of intimacy and cognitions among child molesters*. Poster presented at the American Psychological Association Convention. Boston, MA.
- 

*PROFESSIONAL POSTERS AND PRESENTATIONS* [Post Graduate School listed]

- Wood, E., Torgerson, J., Gilmer, G., & Mullins, P. (2009). *Shared care: Creating integrated college health services*. Presented at the National College Depression Partnership 3<sup>rd</sup> Learning Session. New York, NY.
- Davidson, N., & Wood, E. (2009). *Depression care workflow breakout session: Medium sized institutions*. Presented at the National College Depression Partnership-Collaborative Action Network. 1st Learning Session. New York, NY.

- Klein, M., White, L., Behen, J., & Wood, E. (2010). *Application of an integrated depression care delivery model: Lessons Learned from the National College Depression Partnership (NCDP)*. Presented at the American College Health Association Convention: “We the People of College Health: promoting the general welfare of students.” Philadelphia, Pennsylvania.
- Chung, H., Klein, M., & Wood, E. (2011). *Integrating systems of care and measuring outcomes in depression treatment and suicide prevention: The approach of the National College Depression Partnership*. Presented at Substance Abuse and Mental Health Services Administration (SAMHSA): 2011 GLS Campus Suicide Prevention Grantee Meeting. Baltimore, M.D.
- Davidson, J., Wood, E., & Klein, M. (2011). *The Importance of measuring learning outcomes*. Presented at the National College Depression Partnership-Collaborative Action Network 3<sup>rd</sup> Learning Session. Webinar, New York, NY.
- Wood, E. (2011). *Integrating systems of care to monitor and track student retention, depression, and suicide ideation*. Presented at the Texas Counseling Association/Texas College Counseling Association 2<sup>nd</sup> Annual Convention: “Current Trends in College Counseling.” Fort Worth, TX.
- Wood, E. & Scogin, B. (2013). *Chapter advisor breakout session: Helping students in distress*. Presented at the Tri-Delta Collegiate Leadership Conference (CLC). Dallas, Texas.
- Behen, J., Ciotoli, C., Pincus, H., & Wood, E. (2014). *Mental health system redesign*. Presented at the American College of Health Association-National College Depression Partnership-Depression Quality Improvement Collaborative- 1st Learning Session. New York, NY.
- Behen, J., Collins-Eaglin, J., & Wood, E. (2014). *Increasing capacity of mental health services*. Presented at the American College of Health Association-National College Depression Partnership-Depression Quality Improvement Collaborative- 3<sup>rd</sup> Learning Session. New York, NY.
- Wood, E. (2015). *Mental health spotlight: Issues affecting college campuses*. Presented at the Tri-Delta Collegiate Leadership Conference (CLC). Dallas, Texas.
- Wood, E., Vasquez, J., & Cargill, A. (2015). *Integrating a social justice approach into college counseling center practice (Harriett Copher Haynes Diversity Mentoring Program)*. Presented at the Association for University and College Counseling Center Directors (AUCCCD) Annual Convention. Salt Lake City, Utah.
- Wood, E. (2016). *Utilizing a social justice approach in the clinical practice of a college counseling center*. Presented at the 21<sup>st</sup> Annual Convention for Association for the Coordination of Counseling Center Clinical Services (ACCCS). Orlando, Florida.
- Robertson, S., Trattner, M., Wood, E., Ngo, N., Midgett, P. & Brownson, C. (2017). *Suicide prevention and mental health: It’s not just for counseling centers any more*. Presented at the 2017 Annual Convention for the National Association of Student Personnel Administrators (NASPA) Mental Health Conference. Austin, Texas.
- Wood, E. & Hanes, C. (2017). *Innovations in assessing clinical outcome measures: Evaluating the effectiveness of counseling services*. Presented at the 22<sup>nd</sup> Annual Convention for Association for the Coordination of Counseling Center Clinical Services (ACCCS). Portland, Oregon.

- Wood, E. (2017). *Supporting our front office staff while protecting the clinical staff from burnout*. Presented at the 22<sup>nd</sup> Annual Convention for Association for the Coordination of Counseling Center Clinical Services (ACCCS). Portland, Oregon.
- Gartner, M., Wood, E., & Smith, B. (2018). *Town hall: Student Health and Wellness (Mental Health)*. Presented at the 37<sup>th</sup> Annual Convention for Conference on Student Government Associations (COSGA). Houston, Texas.
- Fast, K., Wood, E., Anderson, T., Sohnles, S., & Taub, J. (2018). *Improving Community Referral Services for Students Health*. Presented at the 23<sup>rd</sup> Annual Convention for Association for the Coordination of Counseling Center Clinical Services (ACCCS). New Orleans, Louisiana.
- Wood, E., & White, L. (2018). *Collaborative change concepts: A framework to improve the quality of depression care on college campuses*. Presented at the National College Depression Partnership-Learning Network, 1<sup>st</sup> Learning Session. New York, NY.
- Wood, E., & Haglund, K. (2018). *Eating disorders on college campus: new problems, new solutions*. Presented as a Facebook Live interview with a former Miss America winner and has over 33,000 views. Weekly Hope with Kristen Haglund. <https://www.facebook.com/EDHopeGlobal/>
- Sutton, R., Martinez, O., Zamarrío, M., & Wood, E. (2020). *Mental Health and Wellness: Supporting Boys and Men of Color in Times of Uncertainty*. Project MALES Webinar.
- Wood, E. (2021). *Developing perseverance as a protective factor for mental health concerns*. Invited Keynote address for the Induction Ceremony of Phi Theta Kappa's Honor Society. Trinity Community College-Trinity River Campus. Fort Worth, Texas
- Wood, E. (2022). *Trauma-informed responses and decision making*. Invited Keynote address for the Kappa Delta Chi Sorority Conference for Chapter Advisors. Hyatt Place, DFW. Euless, Texas
- Wood, E., Sahba, C. (2022). *Ethical considerations and commonly reported dilemmas while establishing peer support programs*. The National Peer Support Virtual Learning Network. Texas Christian University. Fort Worth, Texas.
- Burwell, S., Wood, E., Raquzeos, Z., Bradley, E (March, 2023). *New thinking on mental Support on campus*. Presented at the Presidents' Convening on College Student Mental Health and Wellbeing. Mary Christie Institute. Washington, D.C. (**panel included Dr. Burwell, the 22<sup>nd</sup> United States Secretary of Health & Human Services**).
- Wood, E. (May, 2023). *Building bridges between community mental health, state agencies, and campus counseling centers*. Invited presentation to the Statewide Behavioral Health Coordinating Council. Austin, Texas.

---

#### PUBLICATIONS & FEATURED ARTICLES

- Wood, E. & Riggs S (2008). Predictor of child molestation: Adult attachment, cognitive distortions and empathy. *Journal of Interpersonal Violence*, 23, 259-275.
- Wood, E. & Riggs S (2009). Adult attachment, cognitive distortions and views of self,

others, and the future among child molesters. *Sexual Abuse: Journal of Research and Treatment*, 21, 375-390.

- Wood, E. (2016). *Dealing with substance abuse on college campuses: An interview with Dr. Eric Wood of Texas Christian University*. Posted as a blog publication for the American Addictions Centers. <http://americanaddictioncenters.org/blog/substance-abuse-in-college/>
- Wood, E (2018). *The tough talk that you need to have with your parents before college*. TribTalk: A Publication of the Texas Tribune. <https://www.tribtalk.org/2018/07/16/the-tough-talk-you-need-to-have-with-your-parents-before-college/>
- Wood, E (Sept 9, 2018). *When college students feel suicidal: Should the student be sent home on a medical leave? Mental health professionals discuss the challenges that colleges face making that decision*. Letters to the Editor: Publication of the New York Times. [https://www.nytimes.com/2018/09/09/opinion/letters/college-students-suicide.html?ref=collection%2Fsectioncollection%2Fopinion-letters&action=click&contentCollection=letters&region=stream&module=stream\\_unit&version=latest&contentPlacement=4&pgtype=sectionfront](https://www.nytimes.com/2018/09/09/opinion/letters/college-students-suicide.html?ref=collection%2Fsectioncollection%2Fopinion-letters&action=click&contentCollection=letters&region=stream&module=stream_unit&version=latest&contentPlacement=4&pgtype=sectionfront)
- Wood, E. (July 2010). *Rethinking the Traditional Model of College Campus Counseling*. Posted as a blog publication for Eating Disorder Hope. <https://www.eatingdisorderhope.com/blog/college-mental-health-rethinking-traditional-model>
- Featured in Castaneda, R. (October, 18, 2018). *The upside of fear: Fear is a protective mechanism that safeguards our safety and health*. US News & World Report. <https://health.usnews.com/wellness/mind/slideshows/the-upside-of-fear?onpage>
- Featured in Kafka, A. (September, 18, 2019). *Overburdened Mental-Health Counselors Look After Students. But Who Looks After the Counselors?* The Chronicle of Higher Education. <https://bit.ly/2kTWj3t>
- Featured in Damour, L. (November, 22, 2019). *When a College Student Has a Troubled Roommate*. The New York Times. <https://www.nytimes.com/2019/11/22/well/family/college-student-roommate-anxiety-depression-mental-health-son-daughter-parents.html>
- Featured in Brown, S. (March, 2020). *Overwhelmed: The real campus mental health crisis and new models for well-being*. The Chronicle of Higher Education: Special Report.
- Wood, E. (July, 2020). *Campus counseling model concerns in the age of COVID-19*. University Business. <https://universitybusiness.com/campus-counseling-model-concerns-in-the-age-of-covid-19/>
- Featured in Brown, S. (October, 2020). *Did the pandemic worsen the campus mental health crisis? Maybe not, data shows*. The Chronicle of Higher Education. <https://www.chronicle.com/article/did-the-pandemic-worsen-the-campus-mental-health-crisis-maybe-not-data-show>
- Featured in Lewis, F. (March, 2021). *Rethink Everything: How one university is Changing Mental Health Support*. Sponsored article in The Chronicle of Higher Education. <https://sponsored.chronicle.com/rethink-everything/index.html>
- Featured in Ezarik, M. (March, 2021). *COVID-Era college: Are students satisfied*. Inside Higher

- Ed. [Student experiences during COVID and campus reopening concerns \(insidehighered.com\)](https://www.insidehighered.com)
- Featured in Bettencourt, L., Pine, J., Gilmore, J., & Norton, D. (Jan/Feb, 2022). The New You Business: *Harvard Business Review*, 70-81. [The “New You” Business \(hbr.org\)](https://hbr.org)
  - Featured in Castle, L. (May, 10, 2021). ‘We are seeing miracles.’ How Fort Worth horses are helping people with disabilities. Fort Worth Star Telegram. <https://amp.star-telegram.com/news/local/crossroads-lab/article261021577.html>
  - Featured in Olivares, V. (Jan, 15, 2021). *Lack of diversity and the pandemic challenge colleges to address mental health issues for students of color: Texas universities look for ways to support students during pandemic.* Dallas Morning News. <https://www.dallasnews.com/news/education/2021/01/15/cultural-differences-lack-of-diversity-and-now-a-pandemic-make-it-challenging-for-colleges-to-address-mental-health-issues-for-students-of-color/>
  - Wood, E. (May, 2022). *College counseling centers cannot act alone.* Insider Higher Ed. [Responding to the demand for campus mental health services \(opinion\) \(insidehighered.com\)](https://www.insidehighered.com).
  - Wood, E. (September, 2022). *Collaborative Care Model at TCU Reframes College Mental Health Support.* Mary Christie Institute The Quadcast Episode #48. [Quadcasts Archive - Mary Christie Institute](https://www.marychristieinstitute.org)
  - Featured in Ramirez, D.S., (October, 2022). *Mental health crisis hits young Black, Latino people harder? What’s the solution?* Fort Worth Star Telegram. [Black, Latino people face barriers to mental health services | Fort Worth Star-Telegram](https://www.star-telegram.com/news/local/healthcare/article261021577.html)
  - Wood, E & Capitano, Dave (December, 2022). *Higher Ed Advisor; TCU enhances student mental health support through its unique care model.* Baker Tilly, US. [Higher Ed Advisor: TCU enhances student mental health support through its unique care model - Baker Tilly.](https://www.bakertilly.com)
  - Featured in Dang, Le (July, 2023). TCU event aims to help young people of color deal with mental health issues. Fort Worth Report. [TCU event aims to help young people of color deal with mental health issues | Fort Worth Report](https://www.forthreport.com)
  - Featured in Barton, K (July, 2023). TCU counseling center is getting an expansion to better serve students. Fort Worth Report. [TCU counseling center is getting an expansion to better serve students | Fort Worth Report](https://www.forthreport.com)

---

*FULL MANUSCRIPTS & BOOKS*

- Wood, E. (May, 2023). *A New Narrative for College Mental Health: Four key objectives that every campus counseling center should obtain.* Texas Christian University. Fort Worth, Texas. [www.counseling.tcu.edu/eBook](https://www.counseling.tcu.edu/eBook).



---

*REFERENCES*

- Dr. Linda Wolszon  
Former Director of Counseling & Mental Health (Current Associate Director)  
Texas Christian University  
TCU Box 298730  
Fort Worth, TX 76129  
[l.wolszon@tcu.edu](mailto:l.wolszon@tcu.edu)  
817-257-7863
  
- Dean Karen Bell  
Dean of Students  
Texas Christian University  
3103 Bellaire Drive N.  
Fort Worth, Texas 76109  
[k.l.bell@tcu.edu](mailto:k.l.bell@tcu.edu)  
817-257-7926
  
- Dr. Joseph Behen  
Dean of the Wellness center  
The School of the Art Institute of Chicago  
116 S. Michigan Ave. 13th floor  
Chicago IL, 60603  
[jbehens@saic.edu](mailto:jbehens@saic.edu)  
312.499.4271
  
- Dr. Martha C. Dannenbaum  
Executive Director of the University Health Center  
University of Georgia  
55 Carlton St.,  
Athens, GA 30602  
[mdannenbaum@uhs.uga.edu](mailto:mdannenbaum@uhs.uga.edu)  
706-542-1162
  
- Additional references are available upon request.