

# Renée Rosado, PsyD, LMHC

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## EDUCATION

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- Doctor of Psychology, PsyD Clinical Psychology** January 2015  
Union Institute & University, Brattleboro, VT  
*Dissertation: Reiki to Reduce Burnout in Community Mental Health Clinicians*
- Master of Arts, MA Counseling Psychology, Licensure Program** July 2005  
Union Institute & University, Vermont College, Brattleboro, VT  
*Thesis: Self-Injurious Behaviors of Adolescent Females within 60-Days Following Admission to a Residential Treatment Facility*
- Bachelor of Arts, BA Psychology, Cum Laude** May 2001  
Elms College, Chicopee, MA

## LEADERSHIP EXPERIENCE

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- Director of Counseling** July 2018 – present  
American International College ▪ Fulltime ▪ Springfield, MA  
*Report to: Matthew Scott, Vice President for Student Affairs/Dean of Students/Deputy Title IX Coordinator (April 2020 – present); Brian O'Shaughnessy, Vice President for Student Affairs (through March 2020)*
- Provide leadership and promote trauma-informed vision for Counseling Center and campus of AIC's core values: Access, Opportunity, Diversity, Belonging, & Community.
  - Develop and maintain robust interdepartmental relationships and collaborations.
  - Innovate access and delivery of Counseling Services (Medicat electronic health record, Patient Portal, telehealth platforms, etc.)
  - Provide direct therapeutic services to a diverse population of college students.
  - Co-chair and clinical representative on multidisciplinary CARE Team.
  - Supervise clinical, training, and office support staff.
  - Member of the Diversity, Equity, and Inclusion Steering Committee (DEISC).
  - Manage fiscally responsible department budget.
  - Compile reports for NECHE re-accreditation (2019) process.
  - Coordinate practicum training program and supervise doctoral trainees.
  - Participate in emergency response planning, implementation, and re-entry (COVID-19).
- Interim Director of Dexter Counseling Center** September 2017 – June 2018  
American International College ▪ Fulltime ▪ Springfield, MA  
*Report to: Brian O'Shaughnessy, Vice President for Student Affairs*
- Demonstrated management skills: developed job description, hired, and supervised support staff; supervised unlicensed clinical staff; maintained 24 hour on-call responsibility for campus community; secured contract for supplemental licensed clinicians.
  - Built collaborative relationship with Health Services towards development of integrated wellness center.
  - Provided full range of direct therapeutic services to a diverse population of college students.
  - Served as clinical representative on CARE Team.
  - Coordinated practicum training program.
  - Supervised doctoral trainees.

**Associate Director of Dexter Counseling Center**

August 2016 – September 2017

American International College ▪ Fulltime ▪ Springfield, MA

*Report to: Rose Andrejczyk, PsyD, Director of Counseling Services*

- Provided direct therapeutic services to a diverse population of college students.
- Served as clinical representative on CARE Team.
- Supervised doctoral trainees in trauma-focused and strength-based treatment.
- Provided neurofeedback (EEG Biofeedback) to treat symptoms of anxiety, depression, sleep disturbance, and attention for college students.
- Collaborated with campus partners.
- Participated in weekly neurofeedback consultation supervision group.

**CLINICAL EXPERIENCE**

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**Outreach Clinician/College Counselor**

July 2015 – July 2016

Community Services Institute ▪ Fulltime ▪ Springfield, MA

*Clinical Supervisors: Elaine Campbell, PsyD & Mark Gapen, PhD*

- Contracted clinician (40hrs/wk) serving therapeutic needs of a diverse population of college students at American International College.
- Supervised doctoral trainee in trauma-focused and strength-based treatment.
- Provided neurofeedback (EEG Biofeedback) to treat symptoms of anxiety, depression, sleep disturbance, and attention for college students.
- Participated in weekly neurofeedback group supervision.
- Conducted therapy as community-based clinician for underserved populations addressing multigenerational & developmental trauma, substance abuse, domestic violence, crisis interventions, and issues of extreme poverty.

**Post-doctoral Fellow**

July 2014 – July 2015

Community Services Institute ▪ Fulltime ▪ Springfield, MA

*Clinical Supervisor: Elaine Campbell, PsyD*

- Developed contracted clinician role (32hrs/wk) serving therapeutic needs of a diverse population of college students at American International College.
- Provided outreach community-based therapy for underserved populations.
- Participated in weekly neurofeedback group supervision.
- Supervised pre-doctoral interns in a weekly group.

**Pre-doctoral Internship**

July 2013 - July 2014

Community Services Institute ▪ Fulltime ▪ 2000 hour internship ▪ Springfield, MA

*Clinical Supervisors: Elaine Campbell, PsyD & Mark Gapen, PhD*

- Provided community-based outreach therapy; treatment layered with complex trauma, extreme poverty, and issues of social justice.
- Conducted comprehensive psychological assessment for children and adults.
- Trained comprehensively in neurofeedback to address sleep disturbance, attention problems, anxiety, depression, and behavioral & mood dysregulation.
- Participated in weekly didactic seminars and supervision.
- Developed relationship with AIC counseling center to provide neurofeedback to college students.

### **Practicum Trainee (Advanced)**

August 2012 - June 2013

Hampshire College ▪ Intern ▪ 600 hour practicum ▪ Amherst, MA

*Clinical Supervisor: Eliza McArdle, PhD*

- Immersed in psychodynamic theory and training.
- Provided individual therapy to a diverse population of undergraduate students at the counseling center of this unique, private liberal arts college.
- Participated in weekly seminars, supervisions, and group consultations.

### **Practicum Trainee (Advanced)**

June 2012 - August 2012

Holyoke Rehabilitation Center ▪ Intern ▪ 150 hour practicum ▪ Holyoke, MA

*Clinical Supervisor: Robert K. Eckert, PhD*

- Assessed residents at a specialized post-acute neurobehavioral rehabilitation skilled nursing facility.
- Served a medically complicated population of adults with brain injury, many with histories of substance abuse and pre-injury mental illness.
- Observed and engaged in the neuropsychological assessment process: receiving referral; chart review; selection and administration of tests; interpretation, report writing, and feedback sessions with the patient, staff, and family as indicated with this complicated population.

### **Practicum Trainee**

August 2011 - May 2012

University of Massachusetts ▪ Intern ▪ 600 hour practicum ▪ Amherst, MA

*Clinical Supervisor: Patricia A. Barrows, PhD*

- Provided individual brief and intermittent therapy to a diverse population of undergraduate and graduate students at the large public university.
- Participated in weekly multidisciplinary treatment teams, supervisions, and consultation groups.
- Attended professional development seminars and conferences.

### **Practicum Trainee**

August 2010 - July 2011

Clinical & Support Options ▪ Intern ▪ 600 hour practicum ▪ Greenfield, MA

*Clinical Supervisor: Miriam DeFant, PhD*

- Conducted comprehensive psychological and neuropsychological evaluations for children, adolescents, and adults.
- Provided individual and family outpatient therapy services for children, adolescents, and adults in a community mental health clinic setting.
- Shadowed an In-Home Behavioral Therapy psychologist in completing functional behavioral assessments under CBHI services.

### **Clinician**

September 2008 - June 2009

Maple Valley School ▪ Fulltime ▪ Wendell, MA

*Clinical Supervisor: Elaine Campbell, PsyD*

- Provided individual and group therapy to clients (11-22yrs) in specialty residential setting for youth who had engaged in sexual harm.
- Implemented DBT with a sexually reactive adolescent population.
- Conducted staff training and provided on-going support for DBT and Collaborative Problem Solving principles.
- Facilitated treatment review meetings with youth, families, and providers.
- Collaborated with educational, medical, and residential staff.
- Chaired committee for trauma-informed care related to environment stimuli.

**Clinician/Case Manager**

November 2006 - September 2008

Brightside for Families and Children ▪ Fulltime ▪ West Springfield, MA

*Clinical Supervisor: Elaine Campbell, PsyD*

- Provided individual, group, and family therapy to youth (8-18yrs) in a residential treatment setting.
- Facilitated weekly DBT skills groups and Stress Reduction groups incorporating Yoga, Breath Work, and Mindfulness practices.
- Consulted with families and providers regarding treatment progress.
- Trained staff in DBT, Collaborative Problem Solving, and Sensory Skills.
- Maintained 24-hour on-call crisis rotation: risk assessments, de-escalation strategies, crisis planning, assessment for hospital level care, and creation/implementation of safety plans.

**Outpatient Clinician**

April 2005 - October 2006

Child Guidance Clinic ▪ Fulltime ▪ Springfield, MA

*Clinical Supervisor: A. Rebecca Curry, LICSW*

- Provided outpatient therapy to over 30-client caseload (5-18yrs) and their families in an impoverished urban community mental health clinic.
- Provided school-based therapy and mental health consultation in the Springfield Public School System via the Service Team Initiative.
- Completed intake and treatment planning for new and returning clients.

**Clinician at Therapeutic Day School Trainee**

October 2004 - February 2005

Poet Seat School ▪ Intern ▪ 300 hour practicum ▪ Greenfield, MA

*Clinical Supervisor: Francis Kelley, Ed.D.*

- Provided individual therapy for students at a public therapeutic day school.
- Facilitated groups on Anger Management & Communication Skills.
- Participated in IEP team meetings and consulted with school personnel.

**Clinician Crisis/Respite Trainee**

April 2004 - August 2004

Mt Tom Mental Health Center ▪ Intern ▪ 300 hour practicum ▪ Holyoke, MA

*Clinical Supervisor: Lise Weisman, LICSW*

- Completed risk assessments and mental status examinations with adults.
- Conducted brief individual and supportive group therapy with adults.
- Provided short-term case management.

**PUBLICATION**

**Desmarais, R., Sacco-Dion, C., Sacco, Jr., F., & DeCoteau, N. (2014).** Delinquency diversion using home-based psychotherapy and therapeutic mentoring. *International Journal of Applied Psychoanalytic Studies*, 11(2), 163-171.

**PROFESSIONAL LICENSES, MEMBERSHIPS, & COMMITTEES**

Massachusetts Board of Psychology

April 2018 – present

Licensed Psychologist Provider # **10806**

Massachusetts Board of Allied Mental Health

November 2008 - present

Licensed Mental Health Counselor (LMHC) # **6757**

Association for University and College Counseling Center Directors (AUCCCD)

September 2017 - present

Center for Collegiate Mental Health (CCMH)

September 2017 – present

Diversity, Equity, Inclusion, & Belonging Steering Committee (DEIBSC-AIC)  
 Inclusive Systems Advisory Group (AIC)

February 2022 – present  
 May 2022 - present

***SELECTED PROFESSIONAL DEVELOPMENT***

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White Accountability Group (AUCCCD) 6-session series	Virtual - 2023
Trans Affirming Care (CCMH)	Webinar - 2023
Race-Based Traumatic Stress and Healing	Webinar - 2022
ACEs-Informed Treatment of Anxiety Disorders	Webinar - 2022
Addressing Racial Trauma through Somatic and Culturally Relevant Interventions	Webinar - 2021
Comprehensive Suicide Risk Assessment & Planning Intervention	Webinar - 2021
APA Leadership During a Pandemic: Steadying the Course for your Team & Org.	Webinar - 2020
Reopening Campus: A General Overview of the ACHA Guidelines	Webinar - 2020
NaBITA Rapid Response: COVID Closures and Online BIT	Webinar - 2020
Ethical & Confidentiality Issues in Suicide Risk with Substance Use Disorder	Brattleboro, VT - 2017
Clinical Supervision in Counseling & Therapeutic Settings	Natick, MA - 2017
Suicide Risk Assessment for Veterans; 2 day conference	Worcester, MA - 2015
Massachusetts Commission for Compulsive Gambling; 32 hour training	Springfield, MA - 2014
Neurofeedback in Clinical Practice; 4 day conference	Springfield, MA - 2013
Treating Complex Trauma in Children, Adolescents, & Families; 1 day	Brattleboro, VT - 2012
Public Health Approaches to Counseling; 3 hour workshop	Amherst, MA - 2012
Uncovering Suicidal Ideation in College Students; 1 day conference	Amherst, MA - 2011
Neurobiology of Attachment; 3 hour workshop	Deerfield, MA - 2011

***TEACHING EXPERIENCE***

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American International College, Springfield, MA	Fall 2015 & 2016
❖ <i>PSY6505 Issues and Ethics in Psychology (Graduate Level – 3 credits)</i>	
American International College, Springfield, MA	Spring 2015
❖ <i>PSY5315 Group Counseling (Graduate Level – 3 credits)</i>	

***SELECTED PROFESSIONAL PRESENTATIONS***

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Northeast College Counseling Center Directors Conference, Dedham, MA	2023
❖ <i>Expanding DEI in Leadership at College Counseling Centers</i>	
Northeast Association of Student Employment Professionals	2021
❖ <i>Student Mental Health: Re-emerging from a Pandemic (Keynote Speaker)</i>	
American International College, Springfield, MA	2020
❖ <i>Faculty Assessment Day: Trauma Informed Approaches and Self Care</i>	
Northeast College Counseling Center Directors Conference, Worcester, MA	2019
❖ <i>Where are you from...originally? And other microaggressions.</i>	
American International College, Springfield, MA	2017
❖ <i>The Neurobiology of Trauma</i>	