

Curriculum Vitae
Richard N. Shadick
Licensed Clinical Psychologist

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remote practice due to COVID
New York, NY 10016
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Education

- 1994 to 1999 Certificate in Psychoanalysis
William Alanson White Institute
of Psychiatry, Psychoanalysis and Psychology
Honors: Clinical Fellow, Executive Committee of Candidate
Society
- 1991 to 1992 Psychology Intern, Division of Psychology
Department of Psychiatry, Beth Israel Medical Center
APA-approved internship in Clinical Psychology
- 1990 to 1992 Doctor of Philosophy, Department of Psychology
The Pennsylvania State University,
APA approved program in Clinical Psychology
Major: Clinical Psychology, Minor: Health Psychology
Honors: Donald Trumbo Research Award - 1988, 1989
- 1987 to 1990 Master of Science, Department of Psychology
The Pennsylvania State University
Major: Clinical Psychology
- 1983 to 1987 Bachelor of Arts, University at Albany
State University of New York
Major: Psychology, Minor: Psychology, Political Science
Honors: University President's Research Award,
Regents Scholarship, Signum Laudis, Dean's List, Magnum Cum Laude

Professional Affiliations

American Psychological Association, Divisions 17, 39 Member
New York State Psychological Association Member

New York State Psychological Association, Disaster Response Network
Member

William Alanson White Society
Member

American Association of Suicidology
Member

Associate Editor, Journal of College Student Psychotherapy (2018-2022)

Ad Hoc Reviewer, The Journal of Crisis Intervention and Suicide Prevention,

Professional Psychology: Research and Practice, Substance Use & Misuse, Board
Member, AUCCCD

Clinical Experience

2011 to present Director, Grant Coordinator

2003 to 2011 Director

2001 to 2003 Assistant Director

1998 to 2003 Director of Training,
Counseling Center, Pace University

Duties: Responsible for the administration of all Counseling Center activities including coordinate APA-accredited pre-doctoral psychology internship program and externship program. Administration and development of policy and procedures for Center activities. Developed and implemented externship, summer internship, and supervision training program. Responsible for the daily management of the internship budget and referral service and proven experience in problem solving and policy development, and demonstrated skills in management, recruitment, and development of a diverse staff. Supervision of screenings, assessments, individual and group psychotherapy of Psychology Interns. Responsible for development of multiple consultation and outreach programs for the university community and Internet website development and management. Outpatient screenings, psychological assessments, consultation-outreach, and psychotherapy in a counseling center setting with adolescent and adult college students, faculty and staff.

2004 to present Adjunct Associate Professor of Psychology

Psychology Department, Pace University

Duties: Teach undergraduate students introductory psychology courses. Previously taught doctoral-level child and adolescent psychotherapy course.

1994 to present Private practice

Gramercy Park, New York

Duties: Individual, couples, and family therapy with children, adolescents, and adults with a specialization in trauma, traumatic bereavement, suicide, divorce, and psychoanalysis

2016 to present National Mental Health Consultant
Teach for America

Duties: Provide on-call emergency services to staff who manage teachers across the United States. Consult on issues related to development of organizational wellness.

2002 to 2004 Curriculum Developer and Trainer
Mental Health Association of NYC

Duties: Helped develop adult and child front-line assistance training programs with national experts in trauma, disaster response, and post-traumatic stress in a September 11th Fund project. Part of staff to train 5,000 mental health workers on how to respond to the 9/11 disaster and to prepare for a potential future disaster or terrorist attack

2002 to 2004 Curriculum Developer and Trainer
New York State Psychological Association
Disaster Response Network

Duties: Helped develop school based training program for teacher and administrators to help them identify pathological responses to crises and help them to respond to a future trauma or disaster in conjunction with Project Liberty. Part of staff to train trainers who will work with school districts in 6 lower New York State counties

2002 to 2003 Consulting Psychologist
Building Trades Support Network

Duties: Developed and administered ongoing protocol project to aid union members and identify pathological reactions for those responsible for the 9/11 clean-up at ground zero in conjunction with Cornell University

1996 to 1998 Senior Staff Psychologist, Coordinator, Services for Disabled
Students, Testing Specialist
Counseling Center, Pace University

Duties: Outpatient screenings, psychological assessments, consultation-outreach, and psychotherapy in a counseling center setting with adolescent and adult college students, faculty and staff. Supervision of screenings, assessments and psychotherapy of Psychology Interns. Coordinate services for learning disabled, emotionally, and physically disabled students for the New York City campus. Also responsible for multiple consultation and outreach programs for the university community and Internet website development and management.

1998 to 2003 Adjunct Assistant Professor of Clinical Psychology
 Teachers College, Columbia University
Duties: Supervision of doctoral level psychology students in child, adolescent and family psychotherapy.

1994 to 1996 Senior Psychologist
 Child and Adolescent Psychiatry Unit, Gouverneur Hospital
Duties: Outpatient intakes, psychological assessments, consultation-liaison, and psychotherapy in an outpatient setting with children, adolescents, parents, and families including substance abuse, sexual abuse, trauma, mood, anxiety, and behavior disorders using individual, family, couples, and group modalities. Supervision of intakes, assessments and psychotherapy of Psychology Interns.

1992 to 1994 Staff Psychologist
 Children's Community Mental Health Center
 Staten Island Mental Health Society
Duties: Outpatient psychological and neuropsychological assessments, intake evaluations and psychotherapy with children, adolescents, parents, and families including substance abuse, mood, anxiety, and behavior disorders with individual, family, couples, and group modalities.

1992 to 1994 Staff Psychologist
 Washington Square Institute
Duties: Outpatient psychotherapy with adult populations including substance abuse, sexual abuse, trauma, personality, mood, anxiety, and organic disorders using an individual modality.

Teaching Experience

2004 to present Child and Adolescent Psychotherapy
 Graduate Level Course
 Introduction to Psychology
 Undergraduate Level Course
 Psychology Department, Pace University

1996 to present Psychological Testing, Clinical Issues in Psychotherapy, Extern
 Supervision, and a variety of Clinical and Administrative Courses
 Psychology Intern Level Courses
 Counseling Center, Pace University

1996 to present Psychology Intern Supervision

Counseling Center, Pace University

- August 2018 Introduction to Suicidology and Suicide Prevention
Graduate Level Course
Psychological Support & Research Center for Human
Development, Nagoya University, Nagoya, Japan
- 1996 Adolescent Issues in Assessment and Treatment
Psychology Intern and Extern Level Course
Postgraduate Mental Health Center
- 1995 to 1996 Psychology Intern Supervision
Psychiatry Department, Gouverneur Hospital
- 1995 to 1996 Developmental Neuropsychology, Psychological Testing
Psychology Intern Level Course
Psychiatry Department, Gouverneur Hospital
- 1988 Research Methodology
Junior/Senior Level Course
Department of Psychology, The Pennsylvania State University
- 1988 Research Methods and Design
Graduate Psychology Level Course
Department of Psychology, The Pennsylvania State University

Grants

- 2017-Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery
\$1,000 to prevent prescription drug abuse with fraternities and sororities
- 2016-Center for Social Innovation/SAMHSA-\$40,000 to expand behavioral health and
substance use recovery programs at Pace University and in New York City
- 2014--Mental Health Association of New York State Suicide Prevention Grant- \$10,000
to expand the tri-state area consortium of universities and colleges to prevent suicide
- 2013-Stacie Mathewson Foundation/Transforming Youth Recovery-\$10,000 grant to
build services for college students in recovery
- 2013--Mental Health Association of New York State Suicide Prevention Grant- \$10,000
to expand the tri-state area consortium of universities and colleges to prevent suicide

2013-Avon Foundation-\$5,000 grant to promote healthy relationships and prevent dating violence.

2012--Mental Health Association of New York State Suicide Prevention Grant- \$10,000 to expand the tri-state area consortium of universities and colleges to prevent suicide

2012-QPR Institute- \$6,000 to provide free and low cost online training for faculty and staff to prevent college suicide

2011-Mental Health Association of New York State Suicide Prevention Grant- \$10,000 to develop a tri-state area consortium of universities and colleges to prevent suicide

2008 – 2011- Substance Abuse Mental Health Services Administration-Garrett Lee Smith Memorial suicide prevention grant-\$220,000 to develop a college-based program to prevent suicide in diverse college students.

2008- New York State Office of Mental Health Suicide Prevention Consortium-\$19,000 for development of peer programs with Asian Americans and Latinas to prevent suicide in college students.

2008- Office of Alcohol and Substance Abuse Services-\$9200 “Underage Drinking: Not A Minor Problem: College Edition” Grant awarded for program development and dissemination of media to prevent underage drinking at Pace University.

2008 - Office of Alcohol and Substance Abuse Services-\$1500 for investigation of college student substance abuse using the CORE survey.

2006 – Office of Alcohol and Substance Abuse Services- \$3000 for Underage Drinking: Not A Minor Problem: College Edition. A grant awarded to disseminate underage drinking campaign materials.

2005 – 2008- Substance Abuse Mental Health Services Administration-Garrett Lee Smith Memorial suicide prevention grant - \$144,000 to develop a college-based program to prevent suicide in diverse college students.

Grant Reviewer

2017 – Grant Reviewer, Campus Suicide Prevention Grants (SM-17-003), Substance Abuse and Mental Health Services Administration

2016 – Grant Reviewer, Native Connections Grants (SM-16-10), Substance Abuse and Mental Health Services Administration

2014 – Grant Reviewer, Campus Suicide Prevention Grants (SM-14-014), Substance Abuse and Mental Health Services Administration

2013 – Grant Reviewer, Campus Suicide Prevention Grants (SM-13-009), Substance Abuse and Mental Health Services Administration

2012 – Grant Reviewer, National Child Traumatic Stress Initiative- Category III Community Treatment and Services Centers (SM-12-007), Substance Abuse and Mental Health Services Administration

2011 – Grant Reviewer, Campus Suicide Prevention Grants (SM-11-002), Substance Abuse and Mental Health Services Administration

Publications

Dagirmanjian, F., McDaniel, A., & Shadick, R. (2017). Sexual Orientation and College Student's Reasons for Nonmedical Use of Prescription Drugs. Substance Use and Misuse, 52, 1011-1018.

Shadick, R., Backus Dagirmanjian, F., Trub, L., & Dawson, H. (2016). Prevalence and Reasons for Use of the Non-Medical Use of Prescription Drugs Among LGB College Students. Journal of American College Health, 64, 292-299.

Shadick, R., Backus Dagirmanjian, F., & Barbot, B. (2015). Suicide Risk among College Students: the Intersection of Sexual Orientation and Race. Crisis – The Journal of Crisis Intervention and Suicide Prevention, 36, 416-423.

Brownson, C., Becker, M., Shadick, R., Smith, S. & Nitkin-Kaner, Y. (2014). Suicidal Behavior and Help Seeking Among Diverse College Students. Journal of College Counseling, 17, 116-130.

Shadick, R. & Akhter, S. (2014). Suicide Prevention with Diverse College Students. Journal of College Student Psychotherapy, 28, 117-131.

Shadick, R. & Akhter, S. (2013). Suicide Prevention in a Diverse Campus Community. In Taub, D. & Robertson, J. New Directions for Student Services . New York: Josey Bass, 141, 71-81.

Raskin, R. H., Fenichel, A., Kellerhouse, B., & Shadick, R. N. (2002). In the Shadow of the World Trade Center: A View of September 11th, 2001. Journal of College Student Psychotherapy, 17, 17-38.

Borkovec, T.D., Shadick, R.N., & Hopkins, M.H. (1991). The Nature of Normal and Pathological Worry. In R.M. Rapee & D.H. Barlow (Eds.) Chronic Anxiety: Generalized Anxiety Disorder and Mixed Anxiety-Depression. New York: Guilford.

Heimberg, R., Klosko, J.S., Dodge, C. Shadick, R.N., Becker, R., Barlow, D.H. (1989). Attributional style, depression, and the anxiety disorders: A further test of the specificity of depressive attributions. Cognitive Therapy and Research, 13, 21-36. New York: Guilford.

Technical Reports

Shadick, R. N. (2002). September 11: Three Lessons Learned. Campus Safety Journal. Los Angeles: Bricpac.

Borkovec, T.D., Shadick, R.N., & Hopkins, M.H. (1989). The Nature of Normal Versus Pathological Worry: Report for the DSM IV Task Force.

Presentations

Fukaya, M., Kaneko, H. & Shadick, R. (July, 2021). Cross-Cultural Differences in the Relationship Between Posttraumatic Growth and Family Communication. Remote presentation at the International Association of Cross-Cultural Psychology, Olomouc, Czech Republic.

Fukaya, M., Kaneko, H. & Shadick, R. (July, 2021). Posttraumatic Growth in Adolescents: The Role of Family Communication Patterns and Rumination. International Congress of Psychology, Prague, Czech Republic.

Shadick, R. (2019, March). Suicide Prevention in College. Full day workshop presented to northern New York colleges and universities at the University of Buffalo, Buffalo, NY.

Shadick, R. (2018, October). Social Media and Mental Health of College Students. Paper presented at the annual conference of the Association of University and College Counseling Center Directors, New Orleans, LA.

Shadick, R. (2016, October). Emotional Intelligence on College Campuses. Paper presented at the annual conference of the Association of University and College Counseling Center Directors, Tampa, FL.

Shadick, R. (2014, October). Suicide on Campus: Research, Prevention, and Postvention. Paper presented at the annual conference of the Association of University and College Counseling Center Directors, Chicago, IL.

Shadick, R., Dagirmanjian, F., & Barbot, B. (2013, April). Suicide Risk among College Students: the Intersection of Sexual Orientation and Race. Paper presented at the annual conference of the American Association of Suicidology, Atlanta, GA.

Shadick, R. (2012, October). Creating a sustainable campus culture of caring: Successes, challenges, and lessons learned through multi-pronged suicide prevention programs. Paper presented at the annual conference of the Association of University and College Counseling Center Directors, Newport, RI.

Shadick, R. (2011, September). Insights on 9/11 from Academia: Developmental Considerations. Paper presented at Health and Human Services Conference on Supporting Strengths and Restoring Resiliency Lessons Learned from 9/11 in New York City on Post-Trauma Recovery and Resiliency of Diverse Communities, New York, NY.

Shadick, R. (2009, October). Multicultural Competence and Suicide Prevention. Paper presented at the annual conference of the Association of University and College Counseling Center Directors, Asheville, NC.

Shadick, R.N. (2009, January). Targeting High Risk Groups in Suicide Prevention. Paper presented as part of a panel at the SAMHSA grantee conference, Phoenix, Arizona.

Shadick, R.N. (2008, October). Project Connection: Gatekeeper Training for Latinas and Asian American Women. Paper presented as part of a panel at the annual conference of the Association of University and College Counseling Center Directors, Fort Worth, Texas.

Shadick, R.N. (2008, January). Increasing Help Seeking Among Diverse Students; Making Data Count: Marketing to Key Stakeholders. Papers presented as part of a panel at the SAMHSA grantee conference, Kansas City, Missouri.

Shadick, R.N., Wiggum, C., Dayton, R., Prince, J., DePalma, D. (2006, October). Suicide Prevention on College Campuses. Paper presented at the annual conference of the Association of University and College Counseling Center Directors, Vail, Colorado.

Shadick, R.N. & Wiggum, C. (2006, March). Suicide Prevention on College Campuses. Paper presented at the annual conference of the Northeast Counseling Center Directors, New Paltz, New York.

Shadick, R.N. (2006, May). Sad Persons and Warm Paths: Suicide Assessment Technologies. Paper presented at the New York Metropolitan Counseling Center Conference, New York, New York.

Shadick, R.N. (2005, May). College Student Suicide: The Low Frequency Epidemic. Paper presented at the annual conference of the New York State Psychological Association, Ellenville, New York.

Shadick, R.N. (2005, April). Postvention of Suicides. Paper presented at the annual conference of the Northeast Counseling Center Directors, New Paltz, New York.

Shadick, R.N. (2003, October). Seeing Orange: Terror Threats, Trauma, and Self-Care. Paper presented at the annual conference of the Association of University and College Counseling Center Directors, New Orleans, Louisiana.

Shadick, R.N. (2002, April). Open Your Eyes: Supervision Dream Reports from a 9/11 Nightmare. Paper presented at the annual spring conference of the Division of Psychoanalysis of the American Psychological Association, New York, New York.

Shadick, R.N. (2002, January). The Aftermath: Helping Students Cope with the WTC Attack. Paper presented at the New York Metropolitan Counseling Center Conference, New York, New York.

Shadick, R.N. (2001, December; 2002, March). The Aftermath: Coping with the Catastrophe of the WTC Attack. Paper presented at the Campus Safety Conference, Philadelphia, Pennsylvania and the Northeast Counseling Center Director's Conference, Cape Cod, Massachusetts.

Shadick, R.N. (2001, April). Systemic Issues in Supervision: Consultations in the Hall of Mirrors. Paper presented at the annual spring conference of the Division of Psychoanalysis of the American Psychological Association, Santa Fe, New Mexico.

Shadick, R.N. (2000, May). Multiculturalism and the Supervision of Psychoanalysis. Paper presented at the annual conference of the International Forum of Psychoanalysis, Brooklyn, New York.

Shadick, R.N. (1999, April). Supervision as a Looking Glass on the Mutative Factors in Psychoanalytic Psychotherapy. Paper presented at the annual spring conference of the Division of Psychoanalysis of the American Psychological Association, New York, New York.

Shadick, R.N. & Borkovec, T.D. (1992, June). Comorbid Personality Disorders and the Process of Treatment of Generalized Anxiety Disorder. Paper presented at the annual conference of the Society for Psychotherapy Research, Berkeley, CA.

Shadick, R.N. & Borkovec, T.D. (1991, November). Generalized Anxiety Disorder and Comorbid Personality Disorders: Prevalence and Treatment. Paper presented at the annual conference of the Association for the Advancement of Behavior Therapy, New York, New York.

Shadick, R.N., Roemer, L., Hopkins, M.H., & Borkovec, T.D. (1991, November). The Nature of Worrying Thoughts. Paper presented at the annual conference of the Association for the Advancement of Behavior Therapy, New York, New York.

Borkovec, T.D., Hopkins, M.H., Lyonfields, J., Lytle, R., Posa, S., Roemer, L., Shadick, R.N. (1991, November). Efficacy of Nondirective Therapy, Applied Relaxation and Combined Cognitive Behavioral Therapy for Generalized Anxiety Disorder. Paper presented at the annual conference of the Association for the Advancement of Behavior Therapy, New York, New York.

Shadick, R.N., Hopkins, M.H., & Borkovec, T.D. (1990, November). Gastrointestinal Symptom Patterns of Irritable Bowel Syndrome and Anxiety Disorders. Paper presented at the annual conference of the Association for the Advancement of Behavior Therapy, San Francisco, CA.

Shadick, R.N. & Stern, R.M. (1989, October). Effects of Brief Progressive Relaxation and Anxiety on Motion Sickness. Paper presented at the annual conference of the Society for Psychophysiological Research, New Orleans, LA.

Klosko, J.S., Shadick, R.N., Heimberg, R. & Barlow, D.H. (1986, November). The Attributional Style of Clients Diagnosed with Agoraphobia with Panic Attacks vs. Clients Diagnosed with Panic Disorder. Paper presented at the annual conference of the Association for the Advancement of Behavior Therapy, Chicago, Ill.