

# The Association for University and College Counseling Center Directors Annual Survey – Public Version 2018

# Reporting period: July 1, 2017 through June 30, 2018

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# AUCCCD

The Association for University and College Counseling Center Directors (AUCCCD) is an international organization comprised of colleges and universities from the United States and its territories, Armenia, Australia, Canada, China, France, Grenada, Ireland, Japan, Oman, Qatar, St. Kitts Nevis Anguilla, Uganda, and the United Kingdom. AUCCCD works to be the higher education leaders for collegiate mental health.

### AUCCCD Mission Statement

"We are a professional community that fosters director development and success. To advance the mission of higher education, we innovate, educate and advocate for collegiate mental health. We are committed to inclusive excellence and the promotion of social justice."

# The AUCCCD Annual Survey Overview

In 2006, AUCCCD first developed and administered the Annual Survey to its membership as a means to increase the objective understanding of factors critical to the functioning of college and university counseling centers.

In December 2018, all members of AUCCCD, plus about 50 non-members who asked to participate, were invited to complete the annual survey. Unique survey links were sent to 930 verified email accounts via a secure internet interface. A total of 571 counseling center administrators responded to the 2018 survey, 542 of which were AUCCCD members. This represented 61.2% of the 886 total AUCCCD members as of December 2018.

The reporting period for the information on the 2018 Annual Survey was July 1, 2017 through June 30, 2018. This monograph serves to provide a summary of data trends reported in the AUCCCD Annual Survey. AUCCCD members have access to a separate monograph with identical tables that also includes responses to questions about ethical dilemmas and legal issues experienced by centers.

For the first time this year, center staff and salary data were collected via spreadsheets sent to each center (aka the "2018 Staff and Salary Survey"), rather than including these questions on the online survey. One hundred and seventy of the 886 AUCCCD members (a 19.2% response rate) completed and sent back staff and salary spreadsheets. It is expected that the response rate to the staff and salary spreadsheets will increase substantially in future years. In this monograph, most of the staff demographic questions, and staff FTE data are from the 170 completed spreadsheets.

A separate "College and University Counseling Center Salary Tables" monograph has been prepared using the salary data from the 170 spreadsheets, and is available on the members-only section of the AUCCCD website (<u>https://www/aucccd.org</u>).

Please direct all questions, comments, and clarifications to the AUCCCD Survey Coordinator:

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# Executive Summary

A total of 571 counseling center directors responded to the 2018 AUCCCD survey. Among participants, 542 indicated current membership to the Association for University and College Counseling Center Directors (AUCCCD). This represents a 61.2% response rate from AUCCCD members, the second highest ever for this survey.

#### Counseling services improve student academic performance:

Counseling services have a positive impact on academics, as measured by student self-report: 65.8% of clients stated that counseling services helped with their academic performance.

#### Counseling services improve student retention:

Counseling services have a positive impact on retention, as measured by student self-report: 63.2% of clients stated that counseling services helped them stay in school.

#### Institutions continue to invest additional resources in counseling services:

43.3% of centers gained staff positions, while only 8.6% lost staff positions. Counseling centers continue to gain staff member FTE at a much higher rate than those losing staff.

For the 538 centers who responded to this question, a total of 323.9 FTE staff positions were gained, while 34.9 positions were lost, for a net gain of 289.0 FTE counseling positions.

#### Anxiety continues to be the most frequent concern among college counseling center clients

The most frequent concern for counseling center clients was anxiety (58.9%), followed by depression (48.0%), stress (46.9%), specific relationship problems (29.5%), family concerns (29.0%), suicidal thoughts (28.4%), academic performance difficulties (28.2%), sleep disturbance (19.1%), social isolation / loneliness (18.5%), significant previous mental health treatment history (16.5%), and adjustment to a new environment (15.8%).

#### Stepped Care

35.9% of centers used a version of stepped care, which refers to offering a campuswide menu of service options ranging from no care at all to weekly therapy at the counseling center (options may include appropriate forms of self-help, wellness coaching, support groups, mindfulness classes, appropriate apps and online resources etc.).

#### Case Managers in the Counseling Center

24.5% of centers have one or more case managers on their staff.

#### Turnover in Counseling Center Staff

51.8% of centers had one or more counseling center positions turnover during the past year. Low staff salaries and problematic center work conditions were factors in a significant proportion of this turnover.

### Clinical Models Used at Centers

At 37.3% of centers, clinical staff are expected to evaluate and then assume primary clinical responsibility for a specific number of new clients each week, regardless of how many clients they were currently responsible for. (Absorption model)

At 24.3% of centers, clinical staff are expected to evaluate a specific number of new clients per week (triage, screening, intake, etc.) but were not expected to assume primary clinical responsibility. (Standard Treatment Model A)

At 38.4% of centers, clinical staff are expected to accept a new client for an initial assessment and subsequently assume primary clinical responsibility for a client ONLY if there is an available space on their schedule. (Standard Treatment Model B)

### Clinical Load Index

A new measure, the Clinical Load Index (CLI) was introduced on the survey this year. The CLI, along with associated new measures (clinical capacity, and clinical FTE) may prove to be an improved method for evaluating and comparing counseling center clinical resources.

### Psychiatric Services on Campus

46.6% of directors reported that psychiatric services are offered on their campus. 57.0% of directors whose centers have psychiatric services reported that they need more hours of psychiatric services than they currently have to meet student needs.

### Session Limits

54.3% of centers do not have a session limit, another 44.5% have a flexible session limit (state a limit but exceptions are made), and only 1.2% have a "hard" session limit (no exceptions).

#### Wait for a First Appointment

The average wait for all clients for a first appointment was 6.5 business days.

#### <u>Waitlist</u>

66.3% of centers reported that they did NOT have a waitlist. For centers that have a waitlist, the average wait for a first appointment for clients on the waitlist was 17.7 business days.

#### Counselors Embedded in Other Campus Locations

19.2% of centers have counselors embedded in other offices on campus. Larger centers are more likely to have embedded counselors.

#### Counseling Clients Requiring Coordinated Care with Medical Providers

95.8% of counseling center clients did NOT require coordination of care with medical providers (except for psychiatric providers). 18.4% required coordination of care with psychiatric providers (often located in the counseling center).

# **Director Information**

### **Director Racial/Ethnic Background**

Director Racial/Ethnic Background (check all that apply)	Count	Percent
American Indian / Native American	0	0.0%
Arab / Middle Eastern	1	0.6%
Asian / Asian American	7	4.5%
Black / African American	5	3.2%
Latinx	5	3.2%
Multiracial	5	3.2%
White / Caucasian	134	85.4%
TOTAL	157	100.0%

### **Director Gender**

Director Gender (check all that apply)	# of	
	Centers	Percent
Cis-Female	110	68.3%
Cis-Male	49	30.4%
Gender non-binary / non-forming / fluid	2	1.2%
TOTAL	161	100.0%

### **Director Sexual Orientation**

Director Sexual Orientation		# of	
		Centers	Percent
Bisexual		8	5.4%
Gay man		7	4.7%
Heterosexual		123	82.6%
Lesbian		8	5.4%
Queer		1	0.7%
Other		2	1.3%
ТС	DTAL	149	100.0%

# Director Documented Disability

	# of	
Director Documented Disability (check all that apply)	Centers	Percent
No disability	131	91.0%
Attention deficit disorder	6	4.2%
Learning disability	1	0.7%
Medical / health	1	0.7%
Neurological disorder	1	0.7%
Psychological / psychiatric disorder / condition	1	0.7%
Visual impairment	2	1.4%
Other	1	0.7%
TOTAL	144	100.0%

# Director Highest Degree

	# of	
Director Highest Degree	Centers	Percent
Ed.D.	1	0.6%
М.А.	11	6.8%
M.D.	2	1.2%
M.Ed.	3	1.9%
M.S.	4	2.5%
M.S.W.	8	4.9%
Ph.D.	103	63.6%
Psy.D.	30	18.5%
TOTAL	162	100.0%

### **Director Professional Identity**

Director Professional Identity		# of Centers	Percent
Counseling		25	15.6%
Higher Education Administration		1	0.6%
Marriage & Family Therapy		1	0.6%
Medicine		2	1.3%
Psychology, Clinical		59	36.9%
Psychology, Counseling		60	37.5%
Social Work		10	6.3%
Other		2	1.3%
	TOTAL	160	100.0%

### **Director License or Board Certification**

	Director Has Appropriate Professional License	# of	
	or Board Certification	Centers	Percent
No		0	0%
Yes		163	100.0%
	TOTAL	163	100.0%

### Director: Years of Experience as Director In Current Position

Total Completed Years AS DIRECTOR in Current Position	# of	
(NOT Including Other Positions Held in the Past)	Centers	Percent
0 (first year as director)	23	14.9%
1 to 5 years	63	40.9%
6 to 10 years	25	16.2%
11 to 15 years	26	16.9%
16 or more years	17	11.0%
TOTAL	154	100.0%

### Director: Total Years of Professional Experience

Total Completed Years of PROFESSIONAL EXPERIENCE	# of	
After Earning Last Relevant Degree	Centers	Percent
0 years (first year since obtaining degree)	1	0.7%
1 to 5 years	6	4.0%
6 to 10 years	23	15.4%
11 to 15 years	34	22.8%
16 to 20 years	36	24.2%
21 to 25 years	18	12.1%
26 to 30 years	18	12.1%
31 to 35 years	11	7.4%
36 or more years	2	1.3%
TOTAL	149	100.0%

### Is Director Position Full-Time 12 Months

	# of	
Is Your (Director) Position Full-Time, 12-Months?	Centers	Percent
Νο	25	15.8%
Yes	133	84.2%
TOTAL	164	100.0%

### Director: Hours Works Per Week

Hours Worked Per Week		# of	
		Centers	Percent
Less than 35		4	2.4%
35		15	9.1%
36 to 39		29	17.7%
40		116	70.7%
	TOTAL	158	100.0%

NOTE: The data on the tables from page 3 up to this point are taken from the 2018 Staff and Salary Survey. Beginning with the next table, the rest of the data reported in this monograph are from the Director Survey (unless clearly marked otherwise).

#### **Director Country of Citizenship**

Director Country of Citizenship		# of Centers	Percent	
Australia		2	0.4%	
Canada		17	3.0%	
Japan		4	0.7%	
United States of America		539	94.4%	
Other		9	1.6%	
T	OTAL	571	100.0%	

"Other" included one each from Austria, Germany, Macedonia, Mauritius, Singapore, South Korea, St. Kitts, Trinidad & Tobago, and Turkey.

### AUCCCD Membership Status

Were / Are You a Member of AUCCCD?	No	No	Yes	Yes	
	Count	Percent	Count	Percent	Total
Last Year (2017-18)	81	14.4%	483	85.6%	564
This Year (2018-19)	26	4.6%	542	95.4%	568

### **One-Person Centers**

Do You Consider Your Center a		
One-Person Counseling Center	# of	
(i.e., The Director is the Only Clinical Staff Member)?	Centers	Percent
Νο	548	96.3%
Yes	21	3.7%
TOTAL	569	100.0%

### Time Spent by Directors

Average Per	Average Percent of Time Spent by Counseling Center Directors								
	# of	Direct	Indirect	Adminis-					
School Size	Centers	Services	Services	tration	Other				
Under 1,501	64	51.1%	19.2%	24.3%	5.4%				
1,501 – 2,500	69	46.1%	18.3%	32.1%	3.6%				
2,501 – 5,000	93	43.6%	21.0%	30.2%	5.2%				
5,001 – 7,500	58	36.6%	18.8%	41.4%	3.3%				
7,501 – 10,000	44	30.2%	20.8%	44.3%	4.8%				
10,001 – 15,000	58	25.7%	21.1%	47.8%	5.4%				
15,001 – 20,000	47	23.6%	18.6%	53.9%	3.9%				
20,001 – 25,000	38	18.5%	20.3%	57.5%	3.7%				
25,001 – 30,000	24	22.6%	23.4%	51.4%	2.6%				
30,001 – 35,000	17	15.9%	16.8%	62.8%	4.4%				
35,001 – 45,000	19	13.0%	15.2%	68.7%	3.2%				
45,001 and over	19	15.3%	17.1%	64.5%	3.2%				
TOTAL	550	33.9%	19.6%	42.3%	4.3%				

NOTE: Direct Service includes contact by a clinician with (an) identified client(s) where the clinician is providing a therapeutic intervention; INCLUDING, for supervisors, supervision of trainees and unlicensed staff.

Indirect Service includes outreach, RA/peer/clinical training, consultation, case conferences, case notes and other case management activities).

Administrative Service includes staff business meetings, committee work, center management, and professional development).

Other includes research, teaching, etc.

# Areas / Functions Director Oversees

Areas / Functions The Counseling Center Director	# of	
OVERSEES (Is in Charge of) on Campus	Centers	Percent
Academic Advising	6	1.1%
AOD education and prevention	113	20.0%
BIT or CARE team	38	6.7%
Career services	14	2.5%
Conduct/Judicial office	1	0.2%
Counseling services	551	97.7%
Dean of student services	3	0.5%
Dental services	0	0%
Disability services	61	10.8%
Educational support services	7	1.2%
Enrollment services	1	0.2%
First-Year seminars	1	0.2%
Food insecurity services	16	2.8%
Health services	92	16.3%
Health promotion services	81	14.4%
Homelessness services	10	1.8%
Immunizations	39	6.9%
Occupational therapy	1	0.2%
Pharmacy	3	0.5%
Psychiatric services	230	40.8%
Recreation services	4	0.7%
Sexual misconduct education and prevention	39	6.9%
Spiritual life	7	1.2%
Student affairs	4	0.7%
Testing center	42	7.4%
Threat assessment team	13	2.3%
Title IX	6	1.1%
TRIO services	1	0.2%
Tutoring	2	0.4%
Veterans services	9	1.6%
Violence prevention	29	5.1%
Women's resource center	5	0.9%
Other	36	6.4%
TOTAL CENTERS RESPONDING	564	100.0%

# Institutional Information

Country Institution is Located In

	# of	
Country in Which College or University is Located	Centers	Percent
Australia	2	0.4%
Canada	17	3.0%
Grenada	1	0.2%
Japan	4	0.7%
Qatar	1	0.2%
St. Kitts	1	0.2%
United States of America	545	95.4%
TOTAL	571	100.0%

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### State Institution is Located In

State	# of	State	# of	State	# of
University is	Centers	University is	Centers	University	Centers
Located		Located		is Located	
Alabama	7	Massachusetts	32	South Dakota	0
Alaska	0	Michigan	13	Tennessee	5
Arizona	2	Minnesota	11	Texas	26
Arkansas	2	Mississippi	1	Utah	9
California	38	Missouri	14	Vermont	2
Colorado	12	Montana	2	Virginia	26
Connecticut	5	Nebraska	3	Washington	7
Delaware	2	Nevada	1	West Virginia	4
Florida	20	New	2	Wisconsin	12
		Hampshire			
Georgia	20	New Jersey	18	Wyoming	1
Hawaii	0	New Mexico	2		
Idaho	5	New York	57	District of Columbia	4
Illinois	25	North Carolina	20		
Indiana	13	North Dakota	1	Puerto Rico	1
Iowa	8	Ohio	24		
Kansas	5	Oklahoma	3		
Kentucky	6	Oregon	5	Not in U.S.A.	26
Louisiana	4	Pennsylvania	34		
Maine	7	Rhode Island	4	TOTAL	571
Maryland	14	South Carolina	6		

### School Location

School Location	# of Centers	Percent
Metropolitan Inner-City Campus	70	12.3%
Urban Campus – inside a city or town	243	42.6%
Urban Adjacent Campus – Easy access to urban envir.	110	19.3%
Rural Campus – More distant access to urban envir.	146	25.6%
Other	2	0.4%
TOTAL	571	100.0%

### School Size (Enrollment Categories)

School Sizes of S Respondents	urvey	# of Centers	Percent	School Sizes of All AUCCCD Members*	Percent of All AUCCCD Members*
Under 1,501	-	69	12.1%	99	11.2%
1,501 – 2,500		71	12.4%	129	14.6%
2,501 – 5,000		99	17.3%	180	20.4%
5,001 – 7,500		59	10.3%	81	9.2%
7,501 – 10,000		47	8.2%	81	9.2%
10,001 – 15,000		59	10.3%	91	10.3%
15,001 – 20,000		47	8.2%	64	7.2%
20,001 – 25,000		38	6.7%	44	5.0%
25,001 – 30,000		25	4.4%	42	4.8%
30,001 – 35,000		17	3.0%	20	2.3%
35,001 – 45,000		21	3.7%	30	3.4%
45,001 and over		19	3.3%	23	2.6%
-	TOTAL	571	100.0%	884	100.0%

\* Based on the December, 2018 AUCCCD membership list

Centers that participated in the survey are very similar to the entire AUCCCD membership in terms of percent in each school size category.

### School Status

	# of	
School Status	Centers	Percent
Art School only (e.g., Culinary, Music, Design, etc.)	10	1.7%
Community college (e.g., 2-year)	21	3.7%
Health prof. school only (e.g., Chiropractic, Nursing, etc.)	19	3.3%
Science, Technology, Engineering and Math (STEM) institution only	13	2.3%
Four-year public university	209	36.6%
Four-year public college	49	8.6%
Four-year private university	152	26.6%
Four-year private college	92	16.1%
Other	6	1.1%
TOTAL	571	100.0%

Percent of ALL Enrolled Undergraduate Students Who Live On-Campus							
School Size	Mean	# of Centers	Minimum	Maximum			
Under 1,501	62.8%	43	0%	99%			
1,501 – 2,500	71.5%	51	0%	100%			
2,501 – 5,000	57.7%	55	0%	100%			
5,001 – 7,500	41.5%	38	0%	90%			
7,501 – 10,000	35.3%	26	0%	99%			
10,001 – 15,000	38.6%	42	1%	98%			
15,001 – 20,000	28.5%	35	0%	98%			
20,001 – 25,000	27.0%	22	0%	94%			
25,001 – 30,000	17.7%	13	0%	50%			
30,001 – 35,000	25.2%	10	0%	45%			
35,001 – 45,000	27.2%	10	9%	60%			
45,001 and over	25.9%	13	2%	61%			
Total	45.6%	358	0%	100%			

### Percent of Enrolled Undergraduate Students Who Live On-Campus

### Campus Teams and Policies

Does Your Campus				Version of	
Have: (Percent			Combined	Stepped	# of
Responding "Yes")	BIT	TAT	TAT & BIT	Care	Centers
Under 1,501	91.2%	62.7%	55.2%	22.1%	68
1,501 – 2,500	91.5%	63.4%	56.5%	21.4%	71
2,501 – 5,000	90.8%	76.0%	48.5%	18.4%	98
5,001 – 7,500	93.1%	78.0%	56.9%	39.0%	58
7,501 – 10,000	91.5%	74.5%	63.8%	36.2%	47
10,001 – 15,000	96.6%	89.3%	49.1%	40.4%	58
15,001 – 20,000	100.0%	91.5%	63.0%	44.7%	47
20,001 – 25,000	94.6%	75.7%	44.4%	61.1%	37
25,001 – 30,000	91.7%	72.0%	52.0%	40.0%	24
30,001 – 35,000	100.0%	88.2%	52.9%	64.7%	17
35,001 – 45,000	100.0%	85.7%	52.4%	71.4%	21
45,001 and over	94.4%	88.9%	50.0%	66.7%	18
TOTAL	93.6%	76.6%	53.9%	35.9%	
TOTAL # of Centers					
Responding	564	561	558	563	564

"BIT" refers to Behavioral Intervention Team or CARE team or similar team "TAT" refers to Threat Assessment Team"

"Combined TAT & BIT" means campuses where a single team handles both functions

# Types of Enrolled Students

	# of	
Types of Enrolled Students at Your Institution	Centers	Percent
Pre-college students (e.g., secondary students)	116	20.5%
Undergraduates	553	97.5%
Graduate students	468	82.5%
Professional school students	216	38.1%
Other	26	4.6%
TOTAL	567	

# Affiliations of Institution

Indicate Which of the Following Affiliations Your Institution Has	# of
and/or Benchmarks With. (check all that apply)	Centers
AAU (Association of American Universities)	73
ACCU (Association of Catholic Colleges and Universities)	30
ACM (Associated Colleges of the Midwest)	8
ACS (Associated Colleges of the South)	9
AICAD (Association of Independent Colleges of Art & Design)	8
CI (Catholic Institution)	42
CCCU (Council for Christian Colleges and Universities)	13
COFHE (Council on Financing Higher Education)	22
GLCA (Great Lakes Colleges Association)	8
HBCU (Historically Black Colleges and Universities)	13
HLC (Higher Learning Commission)	8
HSI (Hispanic-Serving Institution)	38
Ivy League, or Ivy Plus	10
MSCHE (Middle States Commission on Higher Education)	5
NESCAC (New England Small College Athletic Conference)	20
National Liberal Arts College or University	30
Research 1 University	78
Research 2 University	5
Research 3 University	11
SACS (Southern Association of College and Schools)	8
Tribal College or University	1
Other benchmarking groups to which the institution belongs	68

# **Center Information**

### Institutional Division Center is Part of

	# of	
Institutional Division that Center Is In	Centers	Percent
Student Affairs / Student Development	466	83.7%
Academic Affairs	12	2.2%
Academic & Student Affairs	19	3.4%
Enrollment Management & Student Affairs	24	4.3%
Health services (if not part of Student Affairs)	10	1.8%
Student Success / Support Services	16	2.9%
Other	10	1.8%
TOTAL	557	100.0%

### Months of Year That Center is Open for Counseling Services

Number of Months of the Year that Center is	# of	
Open for Counseling Services	Centers	Percent
8	5	0.9%
9	44	7.9%
10	53	9.5%
11	14	2.5%
12	431	77.5%
12 but only limited summer hours	9	1.6%
TOTAL	556	100.0%

# Time First Clinical Appointment Began at Center

Time First Clinical Appointment Began					
School Size	Monday	Tuesday	Wednesday	Thursday	Friday
Before 8:00am	0.9%	0.6%	0.9%	0.9%	1.1%
8:00am	42.1%	41.2%	41.3%	41.1%	41.0%
8:30am	12.5%	11.3%	10.3%	10.7%	12.0%
9:00am	40.7%	42.4%	41.3%	42.0%	41.9%
Later than 9:00am	3.7%	4.5%	6.1%	5.2%	4.0%
Total # Centers	558	556	552	552	549

### Does Center Offer Any Clinical Appointments on Weekends

School Size	Saturday Percent	Sunday Percent
No appts offered	96.6%	99.5%
Counseling appts	2.7%	0.4%
Groups offered	0.4%	0.0%
Psychiatric appts	0.4%	0.2%
Total # Centers	555	559

Time Last Clinical Appointment Ended					
Time Appt Ended	Monday	Tuesday	Wednesday	Thursday	Friday
Before 4:00pm	5.4%	4.7%	5.2%	5.2%	8.5%
4:00pm	22.1%	21.0%	21.1%	22.8%	28.8%
4:30pm	11.0%	10.8%	10.1%	11.7%	13.5%
5:00pm	37.4%	34.2%	35.2%	36.8%	44.7%
5:30pm	2.5%	2.7%	2.5%	1.8%	1.3%
6:00pm	9.4%	9.7%	10.1%	9.0%	2.3%
6:30pm	1.1%	2.0%	1.6%	1.1%	0%
7:00pm	8.3%	10.4%	10.3%	8.3%	0.7%
Later than 7:00pm	2.9%	4.6%	3.8%	3.5%	0.2%
Total # Centers	556	556	554	557	555

### Time Last Clinical Appointment Ended at Center

# Center Policy About Frequency of Individual Counseling Appointments

Center Policy About Frequency of Individual Counseling Appointments					
Center Policy Ab	out Freque	ency of Indivi	dual Counsel	ling Appoint	ments
Size of Institution	Number of Centers	Most Seen Weekly	Most Seen Every 2 Weeks	Almost All Seen Every 2 Weeks	Other
Under 1,501	67	62.7%	25.4%	9.0%	3.0%
1,501 – 2,500	69	46.4%	42.0%	11.6%	0.0%
2,501 – 5,000	94	57.4%	25.5%	16.0%	1.1%
5,001 – 7,500	58	55.2%	31.0%	12.1%	1.7%
7,501 – 10,000	44	47.7%	29.5%	20.5%	2.3%
10,001 – 15,000	57	40.4%	38.6%	21.1%	0.0%
15,001 – 20,000	47	55.3%	31.9%	10.6%	2.1%
20,001 – 25,000	36	30.6%	33.3%	33.3%	2.8%
25,001 – 30,000	25	36.0%	44.0%	16.0%	4.0%
30,001 - 35,000	17	17.6%	35.3%	41.2%	5.9%
35,001 – 45,000	20	10.0%	55.0%	30.0%	5.0%
45,001 and over	18	16.7%	44.4%	33.3%	5.6%
TOTAL	552	46.7%	33.7%	17.6%	2.0%

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# Integral Parts of Centers' Mission

	# of	
Areas That Represent an Integral Part of Centers' Mission	Centers	Percent
Campus outreach	541	96.1%
Career counseling	541	11.5%
Career testing	541	6.3%
Clinical supervision of trainees	541	76.3%
Clinical supervision of unlicensed staff employees	541	61.4%
Community outreach (i.e., off-campus)	541	19.4%
Couples therapy	541	44.2%
Crisis intervention	541	98.9%
Direct clinical service	541	99.6%
Institution committee work	541	81.0%
Meetings with other offices and departments	541	91.5%
Neuropsychological testing/assessment	540	11.1%
Psychoeducational groups/workshops	541	87.6%
Research, to understand trends/needs at your institution	538	54.1%
Research for potential publication	540	8.7%
Staff/faculty training	541	88.2%
Student affairs/student develop. committees/work groups	539	85.7%
Student worker training (e.g., RAs)	541	73.4%
Teaching courses for academic credit	541	9.2%
Teaching non-academic credit courses	541	5.2%
University committees or working groups	541	81.3%
Other	541	12.9%
TOTAL CENTERS	541	100.0%

### Tele-Health Services: Any Provided

Did Center Provide Any Form of Tele-Health Provision of	# of	Percent
Clinical Services Last Year?	Centers	Yes
No, center did NOT provide any form of tele-health service(s)	193	40.8%
Yes, center DID one or more forms of tele-health service(s)	280	59.2%
TOTAL	473	100.0%

### Tele-Health Services: Types Provided

Which of the Following Forms of Tele-Health Provision of	# of	Percent
Clinical Services Did Your Center Provide Last Year?	Centers	Yes
Mental Health Screening online	217	45.3%
Telephone COUNSELING sessions (NOT including scheduling appts, etc.)	54	11.3%
Interactive Screening Program for Suicide	49	10.3%
Therapist Assisted Online (TAO)	44	9.2%
WellTrack	21	4.4%
Video counseling sessions (e.g., using VSee)	17	3.5%
Silvercloud	6	1.3%

Counselors Embedded in	# of Centers That	%
Another Campus Office / Dept.	Responded	Yes
Under 1,501	52	3.8%
1,501 – 2,500	58	1.7%
2,501 – 5,000	80	3.8%
5,001 – 7,500	51	2.0%
7,501 – 10,000	38	13.2%
10,001 – 15,000	52	21.2%
15,001 – 20,000	43	39.5%
20,001 – 25,000	27	40.7%
25,001 – 30,000	22	36.4%
30,001 – 35,000	16	56.3%
35,001 – 45,000	19	52.6%
45,001 and over	16	81.3%
TOTAL	474	19.2%

### Embedded Counselors: Centers That Have Any

# Embedded Counselors: Location

Embedded Counselor Locations (for centers with embedded counselors only)	# of Centers	Mean
Athletic department	29	1.2
Residence hall(s)	23	1.5
School(s) or college(s) within the university	45	2.7
Under-represented student service office(s)	24	2.0
Health services	7	1.4
Other locations	8	1.3
TOTAL	90	

Average Percent of Time Spent by a Full-Time, Non-Administrative Staff Counselor							
	# of	Direct	Indirect	Adminis-			
Size of Institution	Centers	Services	Services	tration	Other		
Under 1,501	49	63.3%	19.8%	13.5%	3.5%		
1,501 – 2,500	62	69.5%	18.3%	10.9%	1.4%		
2,501 – 5,000	80	65.7%	20.3%	11.5%	2.5%		
5,001 – 7,500	54	65.3%	19.7%	13.4%	1.6%		
7,501 – 10,000	42	63.9%	20.1%	13.2%	2.7%		
10,001 – 15,000	55	61.5%	22.4%	13.3%	2.8%		
15,001 – 20,000	42	63.4%	21.6%	13.5%	1.5%		
20,001 – 25,000	33	61.6%	24.1%	12.2%	2.1%		
25,001 – 30,000	24	57.0%	22.9%	15.7%	4.4%		
30,001 – 35,000	17	61.3%	24.4%	12.2%	2.2%		
35,001 – 45,000	17	61.3%	24.9%	10.6%	3.2%		
45,001 and over	17	61.5%	23.2%	12.8%	2.5%		
TOTAL	492	63.9%	21.0%	12.6%	2.4%		

### Average Time Spent by Staff Counselors

NOTE: Direct Services include contact by a clinician with a(n) identified client(s) where the clinician is providing a therapeutic intervention INCLUDING, for supervisors, supervision of trainees and unlicensed staff. Indirect Services include outreach, RA/peer/clinical training, consultation, case conferences, case notes and other case management activities. Administrative Services include staff business meetings, committee work, center management, and professional development. Other refers to research, teaching, etc.

# Clinical Model, Clinical Capacity, Clinical FTE, and Clinical Load Index

Four new center metrics were included for the first time on the 2018 AUCCCD Survey: Clinical Model, Clinical Capacity, Clinical FTE, and Clinical Load Index.

### Clinical Model Used at Center

Model of Clinical Care at Your Center						
School Size Count of Centers % of Centers						
MODEL #1	203	37.3%				
MODEL #2	132	24.3%				
MODEL #3	209	38.4%				
Total # Centers	544	100.0%				

MODEL 1: Clinical staff were expected to evaluate and then assume primary clinical responsibility for a specific number of new clients each week, regardless of how many clients they were currently responsible for. (Absorption model)

MODEL 2: Clinical staff were expected to evaluate a specific number of new clients per week (triage, screening, intake, etc.) but were not expected to assume primary clinical responsibility. (Standard Treatment Model A)

MODEL 3: Clinical staff were expected to accept a new client for an initial assessment and subsequently assume primary clinical responsibility for a client ONLY if there is an available space on their schedule. (Standard Treatment Model B)

Clinical Model by Size of Institution							
				# of			
Size of Institution	Model #1	Model #2	Model #3	Centers			
Under 1,501	36.9%	7.7%	55.4%	65			
1,501 – 2,500	34.8%	10.6%	54.5%	66			
2,501 – 5,000	37.4%	17.6%	45.1%	91			
5,001 – 7,500	41.4%	19.0%	39.7%	58			
7,501 – 10,000	35.6%	24.4%	40.0%	45			
10,001 – 15,000	32.8%	34.5%	32.8%	58			
15,001 – 20,000	43.5%	37.0%	19.6%	46			
20,001 – 25,000	33.3%	33.3%	33.3%	36			
25,001 – 30,000	24.0%	36.0%	40.0%	25			
30,001 – 35,000	31.3%	50.0%	18.8%	16			
35,001 – 45,000	60.0%	30.0%	10.0%	20			
45,001 and over	44.4%	55.6%	0.0%	18			
TOTAL	37.3%	24.3%	38.4%	544			

### Clinical Model by Size of Institution

Model 2 was more frequent at centers at larger institutions. Model 3 was more frequent at centers at smaller institutions. Model 1 showed no clear pattern by size of institution.

Clinical Capacity of Center (Hours per Week) by Size of Institution and Clinical Model							
Size of Institution	Model #1	# of Centers	Model #2	# of Centers	Model #3	# of Centers	Total # of Centers
Under 1,501	55.0	20	41.6	5	58.7	27	52
1,501 – 2,500	78.5	23	105.3	7	98.0	31	61
2,501 – 5,000	86.0	28	106.9	16	90.0	30	74
5,001 – 7,500	100.1	19	91.4	10	109.3	21	50
7,501 – 10,000	151.4	11	151.7	8	121.0	11	30
10,001 – 15,000	247.3	15	275.0	14	178.9	14	43
15,001 – 20,000	243.4	12	237.8	13	182.9	7	32
20,001 – 25,000	329.4	9	346.9	10	239.0	8	27
25,001 – 30,000	432.8	5	282.8	5	174.4	7	17
30,001 – 35,000	295.3	3	310.4	7	302.5	2	12
35,001 – 45,000	427.0	8	352.7	3	-	0	11
45,001 and over	578.3	3	567.8	5	-	0	8
TOTAL	171.0	156	220.2	103	116.9	158	417

### Clinical Capacity of Center by Size of Institution and Clinical Model

Clinical Capacity is defined as the number of hours per week a center has devoted to clinical services, NOT including psychiatric or case management services (computed by summing how many clinical service hours each clinician provides in a typical week when the center is fully operational).

	Clinical FTE (CFTE) of Center by Size of Institution and Clinical Model							
Size of Institution	Model #1	# of Centers	Model #2	# of Centers	Model #3	# of Centers	Total # of Centers	
Under 1,501	2.29	20	1.73	5	2.45	27	52	
1,501 – 2,500	3.27	23	4.39	7	4.08	31	61	
2,501 – 5,000	3.58	28	4.45	16	3.75	30	74	
5,001 – 7,500	4.17	19	3.81	10	4.55	21	50	
7,501 – 10,000	6.31	11	6.32	8	5.04	11	30	
10,001 – 15,000	10.31	15	11.46	14	7.46	14	43	
15,001 – 20,000	10.14	12	9.91	13	7.62	7	32	
20,001 – 25,000	13.73	9	14.45	10	9.96	8	27	
25,001 – 30,000	18.03	5	11.78	5	7.27	7	17	
30,001 – 35,000	12.31	3	12.93	7	12.60	2	12	
35,001 – 45,000	17.79	8	14.69	3	-	0	11	
45,001 and over	24.10	3	23.66	5	-	0	8	
TOTAL	7.13	156	9.17	103	4.87	158	417	

### Clinical FTE (CFTE) of Center by Size and Clinical Model

Clinical FTE (C-FTE) is computed by dividing a center's Clinical Capacity by 24.

Clinical Capacity of Center (Hours per Week)						
	by Size of In					
School Size		# of	·			
	Mean	Centers	Minimum	Maximum		
Under 1,501	55.7	53	20	185		
1,501 – 2,500	88.0	64	12	246		
2,501 – 5,000	92.1	74	15	280		
5,001 – 7,500	101.4	51	30	250		
7,501 – 10,000	141.6	32	35	362		
10,001 – 15,000	234.1	43	40	864		
15,001 – 20,000	229.4	33	20	450		
20,001 – 25,000	309.1	27	60	835		
25,001 – 30,000	282.3	17	50	845		
30,001 – 35,000	345.7	13	65	830		
35,001 – 45,000	406.7	11	171	804		
45,001 and over	571.8	8	199	750		
Total	163.0	426	12	864		

### Clinical Capacity of Center by Size of Institution

There is a large amount of variability in the Clinical Capacity of centers within each size category.

### Clinical FTE of Center by Size

Clinical F	Clinical FTE of Center by Size of Institution							
School Size		# of						
	Mean	Centers	Minimum	Maximum				
Under 1,501	2.32	53	0.83	7.71				
1,501 – 2,500	3.67	64	0.50	10.25				
2,501 – 5,000	3.84	74	0.63	11.67				
5,001 – 7,500	4.22	51	1.25	10.42				
7,501 – 10,000	5.90	32	1.46	15.08				
10,001 – 15,000	9.75	43	1.67	36.00				
15,001 – 20,000	9.56	33	0.83	18.75				
20,001 – 25,000	12.88	27	2.50	34.79				
25,001 – 30,000	11.76	17	2.08	35.21				
30,001 – 35,000	14.40	13	2.71	34.58				
35,001 – 45,000	16.95	11	7.13	33.50				
45,001 and over	23.82	8	8.29	31.25				
Total	6.79	426	0.50	36.00				

Similarly, there is a large amount of variability in the Clinical FTE of centers within each size category.

Clinical Load In	dex (CLI) of C	enter by Size	of Institution	
School Size		# of		
	Mean	Centers	Minimum	Maximum
Under 1,501	102.5	42	42.2	268.8
1,501 – 2,500	89.2	51	39.0	187.0
2,501 – 5,000	108.3	59	44.9	241.6
5,001 – 7,500	127.1	44	52.5	320.0
7,501 – 10,000	155.1	26	46.8	340.8
10,001 – 15,000	125.8	35	33.8	305.3
15,001 – 20,000	142.4	28	63.4	242.1
20,001 – 25,000	147.7	21	65.3	332.4
25,001 – 30,000	139.6	13	73.4	194.5
30,001 – 35,000	192.3	11	119.8	286.7
35,001 – 45,000	182.1	10	96.9	335.0
45,001 and over	194.5	8	134.7	343.2
Total	125.5	348	33.8	343.2

### Clinical Load Index (CLI) by Size

Clinical Load Index (CLI) is computed by dividing the total number of unique clients the center served by the centers Clinical FTE (C-FTE) number.

### Staff Turnover in Past Year

Number of C	Number of Center Mental Health Positions that Turned Over in Past Year								
(NOT Including Trainees)									
School Size	None	1	2	3+	TOTAL Centers				
Under 1,501	72.5%	25.5%	0%	2.0%	51				
1,501 - 2,500	61.7%	26.7%	6.7%	5.0%	60				
2,501 - 5,000	56.4%	30.8%	7.7%	5.1%	78				
5,001 - 7,500	49.0%	30.6%	16.3%	4.1%	49				
7,501 - 10,000	54.1%	35.1%	8.1%	2.7%	37				
10,001 - 15,000	32.7%	30.8%	28.8%	7.7%	52				
15,001 - 20,000	39.0%	26.8%	19.5%	14.6%	41				
20,001 - 25,000	50.0%	23.1%	11.5%	15.4%	26				
25,001 - 30,000	38.1%	14.3%	33.3%	14.3%	21				
30,001 - 35,000	18.8%	37.5%	25.0%	18.8%	16				
35,001 - 45,000	11.1%	11.1%	38.9%	38.9%	18				
45,001 and over	18.8%	6.3%	18.8%	56.3%	16				
TOTAL	48.2%	27.1%	14.6%	10.1%	465				

## Staff Turnover: Was Low Salary a Factor

Number of Staff Who Said That LOW SALARY was a Factor in Their Decision to Leave the Center (Only for Centers That Had Turnover)						
Number of Staff	Count of Centers	Percent of Centers				
0	153	59.1%				
1	75	29.0%				
2	19	7.3%				
3	9	3.5%				
4	1	0.4%				
5 or more	2	0.8%				
TOTAL	259	100.0%				

40.9% of directors reported that staff who left the center said that low salary was a factor in their decision to leave.

### Staff Turnover: Were Center Work Conditions a Factor

Number of Staff Who Said That CENTER WORK CONDITIONS were a Factor in Their Decision to Leave the Center (Only for Centers That Had Turnover)						
Number of Staff	Count of Centers	Percent of Centers				
0	167	63.5%				
1	66	25.1%				
2	20	7.6%				
3	7	2.7%				
4	2	0.8%				
5 or more	1	0.4%				
TOTAL	263	100.0%				

36.5% of directors reported that staff who left the center said that center work conditions were a factor in their decision to leave.

# Center Budget Information

Jenter Salary and Benefits Budget									
	Center Salary and Benefits Budget								
(not including operating expenses)									
	# of Standard								
School Size	Centers	Mean	Minimum	Maximum	Deviation				
Under 1,501	41	\$174,903	\$47,459	\$461,000	109,185				
1,501 – 2,500	39	\$293,135	\$50,000	\$1,001,768	239,489				
2,501 – 5,000	61	\$348,318	\$87,000	\$961,000	195,153				
5,001 – 7,500	31	\$552,492	\$78,444	\$1,815,200	372,953				
7,501 – 10,000	27	\$648,440	\$121,080	\$1,799,000	397,295				
10,001 – 15,000	41	\$979,035	\$250,000	\$4,671002	767,261				
15,001 – 20,000	27	\$1,372,720	\$231,000	\$4,418,319	996,851				
20,001 – 25,000	20	\$1,464,662	\$350,000	\$4,500,000	1,057,176				
25,001 – 30,000	14	\$2,047,804	\$270,500	\$7,300,000	1,707,437				
30,001 – 35,000	14	\$1,924,742	\$500,000	\$3,635,699	1,024,733				
35,001 – 45,000	15	\$2,951,300	\$1,240,440	\$5,800,533	1,387,507				
45,001 and over	14	\$3,702,622	\$1,748,216	\$5,800,000	1,225,494				
Total	344	\$967,165	\$47,459	\$7,300,000	1,156,985				

#### Center Salary and Benefits Budget

# Center Operating Expenses Budget

Center Operating Expenses Budget (not including salary and benefits)									
School Size	# of Centers	Mean	Minimum	Maximum	Standard Deviation				
Under 1,501	45	\$38,238	\$0	\$780,000	119,330				
1,501 – 2,500	55	\$42,657	\$0	\$330,000	64,844				
2,501 – 5,000	68	\$43,703	\$3,200	\$419,702	74,632				
5,001 – 7,500	45	\$62,913	\$1,600	\$763,568	138,775				
7,501 – 10,000	29	\$47,214	\$1,000	\$190,805	43,285				
10,001 – 15,000	43	\$111,272	\$5,589	\$971,632	196,179				
15,001 – 20,000	27	\$166,634	\$5,518	\$725,810	175,880				
20,001 – 25,000	22	\$100,955	\$8,000	\$623,543	151,382				
25,001 – 30,000	14	\$162,448	\$2,500	\$853,888	217,387				
30,001 – 35,000	13	\$252,817	\$13,580	\$1,000,000	271,925				
35,001 – 45,000	15	\$193,493	\$20,172	\$589,064	172,5652				
45,001 and over	13	\$357,152	\$41,825	\$953,715	288,155				
Total	389	\$92,159	\$0	\$1,000,000	161,378				

Professional Development Budget for all staff (including travel, registration, related costs)							
School Size	# of Centers	Mean	Minimum	Maximum	Standard Deviation		
Under 1,501	46	\$2,915	\$0	\$16,000	3,571		
1,501 – 2,500	56	\$4,514	\$0	\$35,000	5,792		
2,501 – 5,000	73	\$5,106	\$0	\$45,000	5,813		
5,001 – 7,500	43	\$5,419	\$0	\$17,216	4,771		
7,501 – 10,000	26	\$7,229	\$0	\$31,445	8,915		
10,001 – 15,000	48	\$11,527	\$0	\$36,000	8,198		
15,001 – 20,000	31	\$17,405	\$0	\$80,000	16,526		
20,001 – 25,000	24	\$17,096	\$1,800	\$60,000	16,459		
25,001 – 30,000	16	\$20,375	\$500	\$75,000	18,581		
30,001 – 35,000	14	\$26,875	\$3,000	\$62,129	14,775		
35,001 – 45,000	16	\$29,240	\$5,000	\$50,000	15,038		
45,001 and over	12	\$40,564	\$5,588	\$85,605	26,135		
Total	405	\$10,717	\$0	\$85,605	13,788		

# Center Professional Development Budget

# Percent of Center Budget Provided by Mandatory Fee

	# of							
School Size	Cen-	0%	1-24%	25-49%	50-74%	75-99%	100%	don't
	ters							know
Under 1,501	56	69.6%	5.4%	3.6%	5.4%	0.0%	10.7%	5.4%
1,501 – 2,500	63	81.0%	3.2%	1.6%	3.2%	1.6%	6.3%	3.2%
2,501 – 5,000	86	65.1%	3.5%	8.1%	2.3%	2.3%	15.1%	3.5%
5,001 – 7,500	50	50.0%	12.0%	8.0%	2.0%	4.0%	20.0%	4.0%
7,501 – 10,000	39	43.6%	0.0%	7.7%	10.3%	12.8%	20.5%	5.1%
10,001 – 15,000	52	53.8%	7.7%	3.8%	3.8%	13.5%	17.3%	0.0%
15,001 – 20,000	36	30.6%	8.3%	11.1%	0.0%	13.9%	33.3%	2.8%
20,001 – 25,000	31	38.7%	16.1%	6.5%	6.5%	12.9%	19.4%	0.0%
25,001 – 30,000	22	18.2%	4.5%	13.6%	13.6%	13.6%	31.8%	4.5%
30,001 – 35,000	15	20.0%	20.0%	0.0%	6.7%	20.0%	33.3%	0.0%
35,001 – 45,000	17	29.4%	0.0%	11.8%	11.8%	29.4%	11.8%	5.9%
Over 45,001	14	28.6%	7.1%	14.3%	7.1%	28.6%	14.3%	0.0%
AVERAGE		53.0%	6.4%	6.7%	4.8%	8.5%	17.8%	3.1%
TOTAL	481	255	31	32	23	41	84	15

### Source of Mandatory Fee

School Status	NONE	CSF	SHS	HWSF	GSA/ SLF	Other	# of Centers
Art School only	50.0%	0.0%	12.5%	12.5%	12.5%	12.5%	8
Community college	37.5%	6.3%	31.3%	12.5%	12.5%	0.0%	16
Health profession school STEM institution only	50.0% 63.6%	16.7% 0.0%	16.7% 9.1%	0.0% 18.2%	16.7% 9.1%	0.0% 0.0%	12 11
Four-year public University	30.4%	8.8%	20.4%	18.2%	17.1%	5.0%	181
Four-year PUBLIC College	46.8%	6.4%	19.1%	10.6%	12.8%	4.3%	47
Four-year PRIVATE university	64.7%	0.0%	8.3%	14.3%	10.5%	2.3%	133
Four-year PRIVATE college	65.4%	2.5%	7.4%	7.4%	11.1%	6.2%	81
Other	42.9%	0.0%	14.3%	14.3%	28.6%	0.0%	7
TOTAL	48.8%	4.8%	14.7%	13.9%	13.7%	4.0%	496

\* NONE = Not supported by any mandatory fee \* CSF = Counseling Services Fee

\* SHS = Student Health Services Fee

\* HWSF = ALL Health & Wellness Services Fee

\* GSA/SLF = General Student Activities/Student Life Fee

\* Other = Funding received from other sources

### **No-Show Fees**

Center Charged a Fee for No-Show Appointments	# of Centers	Percent
No, for no-showed individual counseling	412	79.8%
Yes, for no-showed individual counseling	104	20.2%
TOTAL OF CENTERS RESPONDING	516	100.0%
(For Centers That Had Psychiatric Services)		
No, for no-showed psychiatric appts.	186	65.5%
Yes, for no-showed psychiatric appts.	98	34.5%
TOTAL OF CENTERS RESPONDING	284	100.0%

# Fees Charged for No-Shows

Fee Charged (For Centers That Charged For No-Show Appointments)							
Fee	Psychiatric			Fee	Counseling		
Amount	No-Show	Percent		Amount	No-Show	Percent	
	Fee				Fee		
	# of Centers				# of Centers		
\$5	3	3.1%		\$5	4	3.8%	
\$10	6	6.1%		\$10	18	17.3%	
\$15	7	7.1%		\$15	15	14.4%	
\$20	17	17.3%		\$ <b>20</b>	17	16.3%	
\$25	31	31.6%		\$ <b>25</b>	37	35.6%	
\$30	8	8.2%		\$30	5	4.8%	
\$35	2	2.0%		\$35	2	1.9%	
\$40	3	3.1%		\$ <b>40</b>	2	1.9%	
\$45	1	1.0%		\$45	0	0%	
\$50	6	6.1%		\$ <b>50</b>	3	2.9%	
\$55	1	1.0%		\$55	0	0%	
\$60	1	1.0%		\$ <b>60</b>	0	0%	
\$65	1	1.0%		\$65	0	0%	
\$70	1	1.0%		\$70	0	0%	
\$75	1	1.0%		More than \$70	1	1.0%	
\$90	1	1.0%					
\$100	2	2.0%					
More than \$105	6	6.1%					
TOTALS	98	100.0%		TOTAL	104	100.0%	

# Percent of Campus Served by Counseling Services

ercent of Campus Derved by Courisening Dervices									
Percent of Campus Served by Counseling Services*									
		# of							
School Size	Mean	Centers	Minimum	Maximum					
Under 1,501	21.6%	48	4.6%	48.2%					
1,501 - 2,500	17.4%	51	2.6%	36.7%					
2,501 - 5,000	11.8%	74	3.3%	33.3%					
5,001 - 7,500	8.8%	49	2.0%	25.4%					
7,501 - 10,000	9.8%	32	3.9%	25.1%					
10,001 - 15,000	9.2%	49	2.3%	25.9%					
15,001 - 20,000	8.6%	32	2.4%	19.6%					
20,001 - 25,000	7.2%	25	3.9%	12.6%					
25,001 - 30,000	7.2%	17	2.3%	20.1%					
30,001 - 35,000	8.8%	11	4.5%	16.9%					
35,001 – 45,000	8.6%	16	4.4%	14.4%					
45,001 and over	8.6%	16	3.0%	15.2%					
Total	11.8%	420	2.0%	48.2%					

## Percent of Campus Served by Counseling Services\*

\*Not including Community Colleges

### Percent of Campus Served by Counseling Services: Community Colleges Only

Percent of Campus Served by Counseling Services: Community Colleges Only									
# of									
School Size	Mean	Centers	Minimum	Maximum					
Under 1,501		0							
1,501 - 2,500		0							
2,501 - 5,000	9.8%	1	-	-					
5,001 - 7,500	4.8%	2	4.0%	5.6%					
7,501 - 10,000	4.1%	1	-	-					
10,001 - 15,000		0							
15,001 - 20,000	5.3%	3	2.0%	10.7%					
20,001 - 25,000	2.4%	1	-	-					
25,001 - 30,000	2.3%	1	-	-					
30,001 - 35,000	5.9%	1	-	-					
35,001 – 45,000		0							
45,001 and over		0							
Total	5.0%	10	2.0%	10.7%					

# **Center Clinical Services Provided**

### Crisis Appointments: Centers in the U.S.

Number of CRISIS Appointments Attended at Center Last Year						
School Size	Mean	# of Centers	Minimum	Maximum		
Under 1,501	40.4	44	2	163		
1,501 – 2,500	94.6	55	2	661		
2,501 – 5,000	76.8	67	5	340		
5,001 – 7,500	103.7	47	10	262		
7,501 – 10,000	178.0	32	10	755		
10,001 – 15,000	288.1	46	11	800		
15,001 – 20,000	319.2	29	13	1121		
20,001 – 25,000	345.5	23	28	1084		
25,001 – 30,000	257.5	15	38	857		
30,001 – 35,000	384.2	13	40	1144		
35,001 – 45,000	716.7	16	94	2900		
45,001 and over	1358.3	12	264	5311		
Total	225.0	399	2	5311		

### Crisis Appointments: Centers NOT in the U.S.

Number of CRISIS Appointments Attended at Center Last Year						
School Size	Mean	# of Centers	Minimum	Maximum		
Under 1,501	32.0	2	20	44		
1,501 – 2,500	-	0	-	-		
2,501 – 5,000	10.0	1	10	10		
5,001 – 7,500	-	0	-	-		
7,501 – 10,000	56.3	3	3	88		
10,001 – 15,000	75.0	1	75	75		
15,001 – 20,000	262.0	1	262	262		
20,001 – 25,000	8.0	1	8	8		
25,001 – 30,000	43.0	2	3	83		
30,001 – 35,000	-	0	-	-		
35,001 – 45,000	-	0	-	-		
45,001 and over	84.5	2	69	100		
Total	64.9	13	3	262		

How Many CRISIS Incidents Were Handled After Hours By Staff After						
Normal Office Hours Last Year?						
School Size	Mean	# of Centers	Minimum	Maximum		
Under 1,501	5.7	44	0	50		
1,501 – 2,500	14.6	49	0	94		
2,501 – 5,000	12.6	64	0	118		
5,001 – 7,500	10.0	42	0	67		
7,501 – 10,000	26.6	25	0	145		
10,001 – 15,000	42.9	41	0	723		
15,001 – 20,000	42.0	29	0	291		
20,001 – 25,000	45.8	24	0	369		
25,001 – 30,000	17.3	17	0	87		
30,001 – 35,000	76.0	11	0	583		
35,001 – 45,000	33.1	15	0	217		
45,001 and over	12.8	8	0	50		
Total	23.5	369	0	723		

### Crisis Appointments After-Hours: Centers in the U.S.

# Crisis Appointments After-Hours: Centers NOT in the U.S.

How Many CRISIS Incidents Were Handled After Hours By Staff After Normal Office Hours Last Year?					
School Size	Mean	# of Centers		Maximum	
Under 1,501	12.5	2	5	20	
1,501 – 2,500	3.0	1	-	-	
2,501 – 5,000	-	0	-	-	
5,001 – 7,500	-	0	-	-	
7,501 – 10,000	16.5	2	3	30	
10,001 – 15,000	0	1	-	-	
15,001 – 20,000	10.0	2	0	20	
20,001 – 25,000	1.5	2	0	3	
25,001 – 30,000	0	2	0	0	
30,001 – 35,000	-	0	-	-	
35,001 – 45,000	-	0	-	-	
45,001 and over	3.5	2	0	7	
Total	6.5	14	0	30	

How are TRIAGE Appointments Conducted at Your Center?						
School Size	# of Centers	We don't offer triage appts	Triage appts done by phone	Triage appts done in person	Triage appts done by video/ other method	
Under 1,501	59	54.2%	5.3%	45.6%	0%	
1,501 – 2,500	65	52.3%	6.2%	49.2%	1.5%	
2,501 – 5,000	83	45.8%	13.4%	52.4%	2.4%	
5,001 – 7,500	55	43.6%	14.5%	56.4%	0%	
7,501 – 10,000	39	41.0%	15.4%	56.4%	0%	
10,001 – 15,000	54	38.9%	13.0%	57.4%	1.9%	
15,001 – 20,000	41	22.0%	24.4%	70.7%	2.4%	
20,001 – 25,000	31	32.3%	38.7%	58.1%	0%	
25,001 – 30,000	21	19.0%	28.6%	71.4%	0%	
30,001 – 35,000	15	33.3%	26.7%	60.0%	0%	
35,001 – 45,000	18	33.3%	11.8%	58.8%	5.9%	
45,001 and over	17	17.6%	37.5%	81.3%	0%	
Total	498	40.6%	16.0%	56.6%	1.2%	

# Triage Appointments: How Conducted

### Triage Appointments: How Many Were Attended

How Many Triage Appointments were Attended by Clients					
		# of			
School Size	Mean	Centers	Minimum	Maximum	
Under 1,501	92.3	22	10	275	
1,501 - 2,500	156.5	24	3	600	
2,501 - 5,000	196.3	32	8	854	
5,001 - 7,500	282.8	22	4	880	
7,501 - 10,000	327.2	19	22	1460	
10,001 - 15,000	677.0	26	25	1662	
15,001 - 20,000	919.8	27	20	2307	
20,001 - 25,000	1099.9	18	13	2778	
25,001 - 30,000	1923.9	13	83	4861	
30,001 - 35,000	2070.3	9	133	5076	
35,001 – 45,000	2548.5	11	619	4909	
45,001 and over	3297.1	13	139	7664	
Total	852.9	236	3	7664	

Typical Le		0	ments Cond	lucted at You	r Center?
School Size	10 min	15 min	20 min	More than 20 min	TOTAL Centers Responded
Under 1,501	6.9%	6.9%	34.5%	51.7%	29
1,501 – 2,500	3.3%	16.7%	33.3%	46.7%	30
2,501 – 5,000	11.9%	7.1%	31.0%	50.0%	42
5,001 – 7,500	9.7%	3.2%	29.0%	58.1%	31
7,501 – 10,000	0%	17.4%	26.1%	56.5%	23
10,001 – 15,000	0%	9.7%	35.5%	54.8%	31
15,001 – 20,000	6.5%	19.4%	22.6%	51.6%	31
20,001 – 25,000	4.8%	4.8%	38.1%	52.4%	21
25,001 – 30,000	6.3%	18.8%	31.3%	43.8%	16
30,001 – 35,000	0%	20.0%	50.0%	30.0%	10
35,001 - 45,000	0%	0%	27.3%	72.7%	11
Over 45,001	6.7%	20.0%	40.0%	33.3%	15
Total	5.5%	11.4%	32.1%	51.0%	290

# Triage Appointments: Typical Length

# "Talk Therapy" Appointments

Unique Clients Wh	Unique Clients Who Attended At Least One "Talk Therapy" Appointment						
		# of					
School Size	Mean	Centers	Minimum	Maximum			
Under 1,501	191.9	47	51	389			
1,501 - 2,500	321.6	50	20	844			
2,501 - 5,000	394.3	65	100	1064			
5,001 - 7,500	501.9	51	110	1623			
7,501 - 10,000	707.4	32	199	2033			
10,001 - 15,000	1009.0	48	293	2967			
15,001 - 20,000	1052.2	34	312	2881			
20,001 - 25,000	1370.7	26	320	3087			
25,001 - 30,000	1434.7	15	350	5639			
30,001 - 35,000	2218.6	11	682	5457			
35,001 – 45,000	2905.2	15	1291	6126			
45,001 and over	3484.8	16	1287	8131			
Total	888.0	410	20	8131			

## Talk Therapy: Unique Clients Who Attended

# Talk Therapy: Number of Appointments Attended

Individua	I "Talk Therapy"	Appointments	s Attended by C	lients
		# of		
School Size	Mean	Centers	Minimum	Maximum
Under 1,501	1082.1	48	200	4523
1,501 - 2,500	1796.6	57	62	5650
2,501 - 5,000	1936.7	66	588	4972
5,001 - 7,500	2467.5	50	635	9427
7,501 - 10,000	3311.3	36	660	11604
10,001 - 15,000	4494.7	48	1027	10707
15,001 - 20,000	4599.0	34	1280	12044
20,001 - 25,000	5476.4	27	1430	11393
25,001 - 30,000	6112.6	21	810	21526
30,001 - 35,000	12500.0	11	3753	37147
35,001 – 45,000	10495.4	17	3834	22624
45,001 and over	13543.6	15	4768	27656
Total	3935.3	430	62	37147

Individua	"Talk Therapy"			lients
		# of		
School Size	Mean	Centers	Minimum	Maximum
Under 1,501	5.67	45	2.02	12.50
1,501 - 2,500	5.59	49	2.97	9.93
2,501 - 5,000	5.24	63	1.38	11.37
5,001 - 7,500	5.12	50	2.21	10.54
7,501 - 10,000	5.09	31	2.37	9.11
10,001 - 15,000	4.84	47	1.86	9.30
15,001 - 20,000	5.28	31	2.58	14.78
20,001 - 25,000	4.46	26	2.21	8.17
25,001 - 30,000	4.42	15	1.76	9.14
30,001 - 35,000	5.16	10	3.68	8.67
35,001 – 45,000	3.93	15	2.37	6.67
45,001 and over	4.25	15	2.60	5.92
Total	5.09	397	1.38	14.78

## Talk Therapy: Average Appointments Attended per Client

# Talk Therapy: Appointments No-Showed

Individual	"Talk Therapy"	Appointments N	lo-Showed by (	Clients
		# of		
School Size	Mean	Centers	Minimum	Maximum
Under 1,5012	117.2	36	27	370
1,501 - 2,500	201.4	44	34	612
2,501 - 5,000	221.0	56	41	477
5,001 - 7,500	284.2	41	59	700
7,501 - 10,000	397.9	30	100	777
10,001 - 15,000	550.3	43	155	1487
15,001 - 20,000	517.6	30	132	1056
20,001 - 25,000	680.3	21	233	1197
25,001 - 30,000	715.8	19	248	2108
30,001 - 35,000	1212.6	11	396	2911
35,001 – 45,000	1089.4	13	404	2470
45,001 and over	1048.4	13	140	2103
Total	440.5	357	27	2911

Individual "Talk T	Individual "Talk Therapy" Appointments Cancelled or Rescheduled by Clients						
		# of					
School Size	Mean	Centers	Minimum	Maximum			
Under 1,501	152.7	35	24	464			
1,501 - 2,500	253.1	43	29	721			
2,501 - 5,000	286.8	53	20	1332			
5,001 - 7,500	380.3	38	70	847			
7,501 - 10,000	483.0	29	200	1112			
10,001 - 15,000	801.5	42	168	1877			
15,001 - 20,000	948.6	31	247	2897			
20,001 - 25,000	1055.2	21	246	2374			
25,001 - 30,000	1161.1	17	78	4788			
30,001 - 35,000	1802.9	10	729	3611			
35,001 – 45,000	2595.8	13	919	5177			
45,001 and over	2771.9	11	629	8976			
Total	720.5	343	20	8976			

## Talk Therapy: Appointments Cancelled or Rescheduled

#### Talk Therapy: Percent Appointments Scheduled for < 50 Min

Percent of "Tal	Percent of "Talk Therapy" Appointments Scheduled for Less Than 50							
Minutes								
	# of							
	Cen-	None	1-5%	6-	11-	16%+		
School Size	ters	(0%)		10%	15%			
Under 1,501	47	61.7%	36.2%	2.1%	0	0		
1,501 - 2,500	46	73.9%	26.1%	0	0	0		
2,501 - 5,000	66	62.1%	30.3%	4.5%	1.5%	1.5%		
5,001 - 7,500	36	69.4%	25.0%	0	2.8%	2.8%		
7,501 - 10,000	27	70.4%	29.6%	0	0	0		
10,001 - 15,000	43	60.5%	39 <u>.5%</u>	0	0	0		
15,001 - 20,000	32	75.0%	25.0%	0	0	0		
20,001 - 25,000	22	63.6%	31.8%	4.5%	0	0		
25,001 - 30,000	17	58.8%	35.3%	0	0	5.9%		
30,001 - 35,000	12	58.3%	33.3%	8.3%	0	0		
35,001 – 45,000	12	50.0%	41.7%	8.3%	0	0		
45,001 and over	10	50.0%	20.0%	20.0%	0	10.0%		
Total	370	64.9%	31.1%	2.4%	0.5%	1.1%		

# Psychiatric Appointments

Did Center Have Any Psychiatric Services						
	# of					
School Size	Centers	No	Yes			
Under 1,501	58	89.7%	10.3%			
1,501 - 2,500	61	52.5%	47.5%			
2,501 - 5,000	81	53.1%	46.9%			
5,001 - 7,500	51	39.2%	60.8%			
7,501 - 10,000	40	57.5%	42.5%			
10,001 - 15,000	43	37.2%	62.8%			
15,001 - 20,000	35	54.3%	45.7%			
20,001 - 25,000	28	46.4%	53.6%			
25,001 - 30,000	18	44.4%	55.6%			
30,001 - 35,000	13	38.5%	61.5%			
35,001 – 45,000	14	35.7%	64.3%			
45,001 and over	15	53.3%	46.7%			
Total	457	53.4%	46.6%			

# Psychiatric Services: Any Available at Center

More than half of counseling centers (53.4%) still do not have psychiatric services.

#### Psychiatric Services: Unique Clients Who Attended

Unique Clients Who Attended at Least One Session with a Psychiatric Provider (For Centers That Had Psychiatric Services)						
School Size		# of				
	Mean	Centers	Minimum	Maximum		
Under 1,501	59.9	9	4	109		
1,501 - 2,500	80.5	24	8	294		
2,501 - 5,000	56.6	32	7	195		
5,001 - 7,500	82.5	28	18	449		
7,501 - 10,000	77.1	16	31	354		
10,001 - 15,000	212.0	29	29	944		
15,001 - 20,000	246.9	14	22	555		
20,001 - 25,000	234.2	13	14	910		
25,001 - 30,000	443.4	10	140	1350		
30,001 - 35,000	445.3	7	137	771		
35,001 – 45,000	903.6	8	111	1580		
45,001 and over	551.0	8	38	1571		
Total	200.3	198	4	1580		

Psychiatric Appointments Attended						
(For Centers That Had Psychiatric Services)						
# of						
School Size	Mean	Centers	Minimum	Maximum		
Under 1,501	248.0	9	45	489		
1,501 - 2,500	306.6	26	23	1117		
2,501 - 5,000	186.8	27	43	803		
5,001 - 7,500	354.0	29	96	2279		
7,501 - 10,000	482.2	18	79	2017		
10,001 - 15,000	973.9	30	46	4387		
15,001 - 20,000	976.4	16	45	4602		
20,001 - 25,000	1028.9	14	50	3419		
25,001 - 30,000	2077.0	13	150	8417		
30,001 - 35,000	1478.7	7	544	2905		
35,001 – 45,000	2696.8	9	349	5738		
45,001 and over	2885.3	8	697	6183		
Total	864.8	206	23	8417		

# Psychiatric Services: Appointments Attended

# Psychiatric Services: Appointments Attended Per Client

Average Number of Psychiatric Appointments Attended						
(For Centers That Had Psychiatric Services)						
School Size	Mean	# of	Minimum	Maximum		
		Centers				
Under 1,501	3.8	8	2.8	4.9		
1,501 - 2,500	3.9	21	2.0	5.9		
2,501 - 5,000	3.5	26	1.7	7.7		
5,001 - 7,500	4.4	26	2.4	9.8		
7,501 - 10,000	3.6	16	2.2	5.4		
10,001 - 15,000	3.8	28	1.6	6.7		
15,001 - 20,000	3.8	14	2.0	8.8		
20,001 - 25,000	3.8	12	1.4	5.0		
25,001 - 30,000	3.4	10	2.2	4.0		
30,001 - 35,000	3.4	7	2.5	4.0		
35,001 – 45,000	3.1	8	2.5	3.6		
45,001 and over	4.1	7	2.1	5.8		
Total	3.8	183	1.4	9.8		

Psychiatric Appointments No-Showed by Clients (For Centers That Had Psychiatric Services)							
(For Cente	ers That Had		Services)				
		# of					
School Size	Mean	Centers	Minimum	Maximum			
Under 1,501	17.0	6	4	44			
1,501 - 2,500	32.3	16	2	87			
2,501 - 5,000	18.3	20	3	82			
5,001 - 7,500	30.5	21	4	121			
7,501 - 10,000	39.3	15	7	279			
10,001 - 15,000	123.7	23	4	871			
15,001 - 20,000	90.3	15	10	267			
20,001 - 25,000	121.5	10	25	338			
25,001 - 30,000	339.6	10	15	1242			
30,001 - 35,000	176.3	7	44	341			
35,001 – 45,000	308.2	9	32	718			
45,001 and over	373.8	6	179	847			
Total	109.3	158	2	1242			

# Psychiatric Services: Appointments No-Showed By Clients

# Psychiatric Services: Appointments Cancelled or Rescheduled

Psychiatric Appointments Cancelled or Rescheduled by Clients							
(For Cente	ers That Had	Psychiatric S	Services)				
# of							
School Size	Mean	Centers	Minimum	Maximum			
Under 1,501	12.8	5	3	28			
1,501 - 2,500	28.5	15	5	115			
2,501 - 5,000	22.5	20	0	94			
5,001 - 7,500	37.3	19	8	122			
7,501 - 10,000	60.4	14	2	306			
10,001 - 15,000	186.1	23	3	1380			
15,001 - 20,000	177.3	15	8	988			
20,001 - 25,000	228.3	12	4	840			
25,001 - 30,000	251.4	8	14	768			
30,001 - 35,000	237.4	7	94	645			
35,001 – 45,000	736.4	8	77	1464			
45,001 and over	1176.8	6	177	4073			
Total	189.5	152	0	4073			

How Sufficient Was the Number of Available Psychiatric Hours in Meeting the						
	Need for Psychiatric Services Last Year?					
	(For Cente	ers That Had	Psychiatric	Services)		
		Had	Had	Needed up	Needed	
	# of	more	about the	to 10 more	over 10	
	Centers	hrs than	right # of	weekly hrs	more	
School Size		needed	hrs		weekly hrs	
Under 1,501	5	0.0%	100.0%	0.0%	0.0%	
1,501 - 2,500	28	0.0%	53.6%	32.1%	14.3%	
2,501 - 5,000	37	2.7%	48.6%	45.9%	2.7%	
5,001 - 7,500	30	3.3%	43.3%	46.7%	6.7%	
7,501 - 10,000	17	0.0%	47.1%	47.1%	5.9%	
10,001 - 15,000	27	7.4%	25.9%	48.1%	18.5%	
15,001 - 20,000	15	0.0%	40.0%	33.3%	26.7%	
20,001 - 25,000	15	0.0%	40.0%	13.3%	46.7%	
25,001 - 30,000	10	0.0%	30.0%	40.0%	30.0%	
30,001 - 35,000	7	0.0%	14.3%	57.1%	28.6%	
35,001 – 45,000	7	0.0%	28.6%	14.3%	57.1%	
45,001 and over	7	0.0%	0.0%	14.3%	85.7%	
Total	205	2.0%	41.0%	38.0%	19.0%	

# Psychiatric Services: Sufficiency of Available Hours

NOTE: 53.4% of centers reported that there are NO psychiatric hours available on campus, and are not included in the table above.

# **Group Therapy**

Number of Groups That Center Ran						
# of						
School Size	Mean	Centers	Minimum	Maximum		
Under 1,501	1.9	48	0	15		
1,501 - 2,500	2.2	49	0	12		
2,501 - 5,000	2.8	61	0	20		
5,001 - 7,500	4.5	42	0	57		
7,501 - 10,000	5.9	32	0	19		
10,001 - 15,000	11.3	42	0	40		
15,001 - 20,000	12.8	30	0	47		
20,001 - 25,000	17.3	24	0	93		
25,001 - 30,000	16.0	17	0	35		
30,001 - 35,000	28.5	13	9	79		
35,001 – 45,000	35.7*	16	4	100*		
45,001 and over	50.9*	12	12	100*		
Total	9.9*	386	0	100*		

Group Therapy: Number of Groups Center Ran

\*NOTE: Due to an error on the survey software, it was not possible for a center to indicate MORE than 100 groups. Several spontaneously commented that their group number was greater than 100. Thus the total groups numbers in these cells may be UNDER-estimates of the actual numbers.

## Group Therapy: Unique Students Who Attended

Number of Unique Students Who Attended 1 or More Group Sessions					
		# of			
School Size	Mean	Centers	Minimum	Maximum	
Under 1,501	8.1	45	0	101	
1,501 - 2,500	18.0	45	0	150	
2,501 - 5,000	22.8	58	0	337	
5,001 - 7,500	26.5	40	0	200	
7,501 - 10,000	44.7	32	0	207	
10,001 - 15,000	85.8	39	0	354	
15,001 - 20,000	103.6	29	0	328	
20,001 - 25,000	177.6	22	0	906	
25,001 - 30,000	136.6	16	0	343	
30,001 - 35,000	232.0	11	66	534	
35,001 – 45,000	263.2	13	35	763	
45,001 and over	397.3	13	100	873	
Total	78.7	363	0	906	

# **Client Presenting Problems**

Client	Presenting	Problems
Onorit	resenting	TUDICITIS

	# of	Mean
Client Presenting Problems Addressed in Counseling	Centers	Percent
Anxiety	228	58.9%
Depression	225	48.0%
Stress	175	46.9%
Relationship problem (e.g. roommate, friend, romantic partner)	199	29.5%
Family	182	29.0%
Suicidal thoughts	218	28.4%
Taking psychiatric medication	142	28.4%
Academic performance difficulties	204	28.2%
Sleep disturbance	156	19.1%
Social isolation / loneliness	147	18.5%
Significant previous mental health treatment history	135	16.5%
Adjustment to new environment	168	15.8%
Trauma (NOT including sexual or physical assault)	138	13.5%
Eating / body image	206	12.5%
Career concerns	152	12.2%
Grief or loss	199	10.6%
Identity development issues	147	9.8%
Perfectionism	115	9.7%
Sexual abuse or assault or misconduct (survivor of)	181	8.8%
Non-suicidal self-injury	176	8.4%
Alcohol problem	179	7.6%
Physical assault or abuse (survivor of)	148	5.6%
Drugs / substance problem (NOT including alcohol)	158	5.6%

NOTE: The number of centers reporting data varied for each presenting problem because some centers do not collect data on all of these areas. Others reported they did not submit presenting problem data because the center director was too busy to calculate the data.

# Academic Impact of Counseling

Clie	nts Reporting	Counseling	Helped	Their	Acaden	nic Performan	се	
								1

Do You Ask Clients if Counseling Helped Their Academic Performance?	# of Centers	Percent
No	160	41.7%
Yes	224	58.3%
TOTAL	384	100%
Mean Client "Yes" Response	65.8%	
(for Centers That Ask This Question)		

#### Clients Reporting Counseling Helped Them Stay in School

Do You Ask Clients if Counseling Helped Them Stay in School?	# of Centers	Percent
No	190	50.3%
Yes	188	49.7%
TOTAL	378	100%
Mean Client "Yes" Response	63.2%	
(for Centers That Ask This Question)		

# **Other Significant Events**

#### Clients Who Took a Leave for Psychological Reasons

Clients Who Took a Leave of Absence for Psychological Reasons				
		# of		
School Size	Mean	Centers	Minimum	Maximum
Under 1,501	5.6	25	0	20
1,501 - 2,500	9.7	26	2	40
2,501 - 5,000	12.0	22	2	30
5,001 - 7,500	15.1	17	0	97
7,501 - 10,000	33.2	6	2	62
10,001 - 15,000	27.3	11	3	89
15,001 - 20,000	56.7	6	1	170
20,001 - 25,000	64.0	2	3	125
25,001 - 30,000	32.0	1	32	32
30,001 - 35,000	75.0	2	43	107
35,001 – 45,000	-	0	-	-
45,001 and over	126.0	1	126	126
Total	18.4	119	0	170

Clients SENT to a Hospital (or Other Center for Assessment for Hospitalization) for Psychological Reasons							
# of							
School Size	Mean	Centers	Minimum	Maximum			
Under 1,501	4.4	36	0	13			
1,501 - 2,500	7.2	37	0	37			
2,501 - 5,000	7.5	45	0	28			
5,001 - 7,500	11.8	28	0	42			
7,501 - 10,000	15.2	13	0	36			
10,001 - 15,000	15.0	23	1	70			
15,001 - 20,000	16.3	22	3	78			
20,001 - 25,000	26.0	9	0	88			
25,001 - 30,000	12.1	10	0	37			
30,001 - 35,000	35.3	8	7	105			
35,001 – 45,000	35.5	8	10	71			
45,001 and over	48.7	10	5	132			
Total	13.7	249	0	132			

#### Clients Sent to Hospital for Psychological Reasons

# Clients Admitted to Hospital for Psychological Reasons

Clients ADMITTED to a Hospital for Psychological Reasons					
		# of			
School Size	Mean	Centers	Minimum	Maximum	
Under 1,501	3.6	39	0	11	
1,501 - 2,500	5.5	33	0	25	
2,501 - 5,000	6.5	46	0	27	
5,001 - 7,500	8.8	30	0	36	
7,501 - 10,000	14.1	15	0	32	
10,001 - 15,000	16.7	24	1	73	
15,001 - 20,000	14.9	18	3	60	
20,001 - 25,000	20.4	7	2	46	
25,001 - 30,000	11.3	7	2	28	
30,001 - 35,000	29.0	10	6	86	
35,001 – 45,000	49.3	7	10	160	
45,001 and over	45.7	3	10	65	
Total	11.6	239	0	160	

How Many	Client Hospita	lizations Were	INVOLUNTARY	<i>'</i> ?
		# of		
School Size	Mean	Centers	Minimum	Maximum
Under 1,501	0.6	38	0	6
1,501 - 2,500	0.7	37	0	5
2,501 - 5,000	0.8	40	0	11
5,001 - 7,500	1.0	26	0	8
7,501 - 10,000	0.9	12	0	4
10,001 - 15,000	3.6	20	0	27
15,001 - 20,000	1.6	18	0	17
20,001 - 25,000	1.1	8	0	3
25,001 - 30,000	7.4	10	0	37
30,001 - 35,000	3.3	7	0	13
35,001 – 45,000	30.0	3	16	43
45,001 and over	56.6	5	29	122
Total	3.1	224	0	122

# Involuntary Hospitalizations

## Clients Who Attempted Suicide

		Attempted Su	icide							
	(while enrolled as a student)									
		# of								
School Size	Mean	Centers	Minimum	Maximum						
Under 1,501	0.88	34	0	4						
1,501 - 2,500	1.48	25	0	12						
2,501 - 5,000	2.37	35	0	15						
5,001 - 7,500	2.10	20	0	11						
7,501 - 10,000	3.43	7	0	8						
10,001 - 15,000	2.50	10	0	9						
15,001 - 20,000	9.18	11	0	44						
20,001 - 25,000	9.00	5	0	34						
25,001 - 30,000	2.00	5	0	5						
30,001 - 35,000	7.60	5	0	24						
35,001 – 45,000	19.33	3	3	48						
45,001 and over	46.33	3	11	79						
Total	3.88	163	0	79						

		o Died by Suic	ide							
	(while enrolled as a student)									
		# of								
School Size	Mean	Centers	Minimum	Maximum						
Under 1,501	0.02	49	0	1						
1,501 - 2,500	0.04	53	0	1						
2,501 - 5,000	0.08	64	0	1						
5,001 - 7,500	0.07	44	0	1						
7,501 - 10,000	0.22	27	0	2						
10,001 - 15,000	0.12	34	0	1						
15,001 - 20,000	0.56	27	0	3						
20,001 - 25,000	0.20	15	0	1						
25,001 - 30,000	0.31	13	0	2						
30,001 - 35,000	0.42	12	0	3						
35,001 – 45,000	0.40	10	0	3						
45,001 and over	0.75	8	0	2						
Total	0.16	356	0	3						

#### Clients Who Died by Suicide

## Clients Who Died in an Accident

	Clients Who I	Died in an Acc	ident	
	(while enro	lled as a stude	ent)	
		# of		
School Size	Mean	Centers	Minimum	Maximum
Under 1,501	0.07	45	0	2
1,501 - 2,500	0.08	48	0	2
2,501 - 5,000	0.22	55	0	4
5,001 - 7,500	0.15	33	0	2
7,501 - 10,000	0.17	18	0	1
10,001 - 15,000	0.33	27	0	2
15,001 - 20,000	0.29	17	0	3
20,001 - 25,000	0	9	0	0
25,001 - 30,000	0.14	7	0	1
30,001 - 35,000	0.44	9	0	3
35,001 – 45,000	0.25	4	0	1
45,001 and over	0.29	7	0	1
Total	0.18	279	0	4

# **Session Limits**

## Any Session Limit

Do You Limit the Number of Individual "Talk Therapy"	# of	Percent
Counseling Sessions Allowed a Client?	Centers	
No, we have no session limit	265	54.3%
Yes, but the limit is flexible (exceptions are made)	217	44.5%
Yes, and the limit is hard (no exceptions)	6	1.2%
TOTAL	488	100%

# Type of Session Limit

Does Center Limit the Number of In	dividual (	Counseling	g Sessions	5
School Size	# of		Yes,	Yes,
	Centers	No	Flexible	Hard
Under 1,501	56	75.0%	23.2%	1.8%
1,501 – 2,500	60	68.3%	31.7%	0.0%
2,501 – 5,000	83	60.2%	39.8%	0.0%
5,001 – 7,500	52	57.7%	40.4%	1.9%
7,501 – 10,000	40	60.0%	40.0%	0.0%
10,001 – 15,000	54	57.4%	40.7%	1.9%
15,001 – 20,000	42	33.3%	64.3%	2.4%
20,001 – 25,000	27	37.0%	59.3%	3.7%
25,001 – 30,000	23	39.1%	60.9%	0.0%
30,001 – 35,000	16	31.3%	68.8%	0.0%
35,001 – 45,000	19	26.3%	73.7%	0.0%
45,001 and over	16	25.0%	68.8%	6.3%
TOTAL	488	54.3%	44.5%	1.2%

#### Session Limit Time Frame

The Session Limit Applies to What Time Frame?	# of	Percent
	Centers	
Center does NOT have session limits	256	55.9%
Per semester or quarter	52	11.3%
Per year	126	27.5%
Per entire time of enrollment	24	5.2%
TOTAL	458	100.0%

	Center's Session Limit								
School Size	# Centers	No limit	7 or Less	8	9-10	12	14-15	16 or More	
Under 1,501	55	72.7%	0.0%	9.1%	1.8%	5.5%	5.5%	5.5%	
1,501 - 2,500	60	68.3%	6.7%	5.0%	1.7%	8.3%	1.7%	8.3%	
2,501 - 5,000	80	61.3%	3.8%	10.0%	7.5%	7.5%	5.0%	5.0%	
5,001 - 7,500	53	66.0%	3.8%	13.2%	5.7%	3.8%	3.8%	3.8%	
7,501 - 10,000	37	64.9%	5.4%	10.8%	10.8%	5.4%	0.0%	2.7%	
10,001 - 15,000	53	56.6%	5.7%	5.7%	9.4%	15.1%	1.9%	5.7%	
15,001 - 20,000	42	42.9%	9.5%	7.1%	16.7%	14.3%	7.1%	2.4%	
20,001 - 25,000	26	38.5%	3.8%	7.7%	15.4%	23.1%	0.0%	11.5%	
25,001 - 30,000	23	43.5%	4.3%	4.3%	13.0%	30.4%	0.0%	4.3%	
30,001 - 35,000	15	26.7%	20.0%	0.0%	26.7%	13.3%	6.7%	6.7%	
35,001 - 45,000	19	29.4%	0.0%	17.6%	17.6%	17.6%	11.8%	5.9%	
Over 45,001	16	37.5%	12.5%	6.3%	18.8%	18.8%	6.3%	0.0%	
TOTAL	477	57.0%	5.2%	8.4%	9.2%	11.1%	3.4%	5.2%	

# Session Limit Number

# WAIT LISTS

#### Centers That Had Any Clients on a Waitlist

Did You Have Any Clients on a Waitlist? (Defined as a Student Waiting to Schedule an Appointment)								
# of								
School Size	Centers	% No	% Yes					
Under 1,501	54	63.0%	37.0%					
1,501 – 2,500	61	75.4%	24.6%					
2,501 – 5,000	81	76.5%	23.5%					
5,001 – 7,500	50	78.0%	22.0%					
7,501 – 10,000	39	64.1%	35.9%					
10,001 – 15,000	54	64.8%	35.2%					
15,001 – 20,000	42	50.0%	50.0%					
20,001 – 25,000	25	40.0%	60.0%					
25,001 – 30,000	22	68.2%	31.8%					
30,001 – 35,000	16	50.0%	50.0%					
35,001 – 45,000	18	72.2%	27.8%					
45,001 and over	16	56.3%	43.8%					
TOTAL	478	66.3%	33.7%					

#### Weeks Waitlist Was in Effect

Total Number of Weeks Waitlist Was in Effect	# of	Percent
(For Centers That Had a Waitlist)	Centers	
1 to 5 weeks	38	26.8%
6 to 10 weeks	20	14.1%
11 to 15 weeks	21	14.8%
16 to 20 weeks	12	8.5%
21 to 25 weeks	19	13.4%
26 to 30 weeks	14	9.9%
31 to 35 weeks	8	5.6%
More than 35 weeks	10	7.0%
TOTAL	142	100.0%

Maximum Number of Clients on Waitlist at Any Single Point in Time							
	(For Centers 1	hat Had a Waitl	ist)				
School Size	Mean	# of Centers	Minimum	Maximum			
Under 1,501	13.8	17	2	53			
1,501 - 2,500	28.5	10	3	80			
2,501 - 5,000	25.1	14	3	66			
5,001 - 7,500	40.4	7	8	65			
7,501 - 10,000	18.2	10	2	72			
10,001 - 15,000	48.1	16	6	122			
15,001 - 20,000	57.0	15	4	169			
20,001 - 25,000	89.8	13	12	276			
25,001 - 30,000	69.0	2	50	88			
30,001 - 35,000	140.8	6	30	300			
35,001 – 45,000	145.5	2	131	160			
45,001 and over	103.2	6	22	215			
Total	51.0	118	2	300			

## Maximum Number of Clients on Waitlist

## When Clients Are Put on Waitlist

When are Clients Put on the Waitlist?		# of	
(For Centers That Had a Waitlist)		Centers	Percent
After they filled out the initial forms		34	24.5%
After they have a triage appt (brief)		46	33.1%
After they have an initial assessment (not brief)		59	42.4%
TO	TAL	139	100.0%

## Who Has Responsibility for Waitlist Clients

Who Retains Responsibility for Clients on the Waitlist?	# of	
(For Centers That Had a Waitlist)	Centers	Percent
The triage person retains clinical responsibility for disposition of the client	30	19.7%
A case manager is clinically responsible for disposition of the client	3	2.0%
A staff team is clinically responsible for disposition of the client	23	15.1%
A clinical director or other individual is clinically responsible for disposition of the client	73	48.0%
Other	23	15.1%
TOTAL	152	100.0%

Average Wait Time (# of Business Days) for ALL CLIENTS, Counting From Day They First Requested an Appt to the Date of First Appt									
	Mean Wait # of Minimum Maximum								
School Size		(Days)	Centers	Wait (Days)	Wait (Days)				
Under 1,501		4.5	40	0	19				
1,501 – 2,500		7.2	37	0	55				
2,501 – 5,000		5.9	46	0	14				
5,001 – 7,500		5.2	36	0	14				
7,501 – 10,000		5.8	26	0	21				
10,001 – 15,000		7.9	36	0	35				
15,001 – 20,000		6.9	30	0	29				
20,001 – 25,000		10.2	17	0	30				
25,001 – 30,000		7.5	18	0	19				
30,001 – 35,000		5.9	11	0	18				
35,001 – 45,000		8.5	10	1	15				
45,001 and over		7.2	9	0	21				
	TOTAL	6.5	316	0	55				

# Average Wait for First Appointment (All Clients)

#### Average Wait for First Appointment After Triage Appointment

Average Wait Time (# of Business Days) for ALL CLIENTS, Counting From Date of Triage Appointment to the Date of Their First Appt						
School Size		Mean Wait (Days)	# of Centers	Minimum Wait (Days)	Maximum Wait (Days)	
Under 1,501		7.5	30	0	82	
1,501 – 2,500		6.2	30	0	20	
2,501 – 5,000		7.0	31	0	20	
5,001 – 7,500		6.6	22	0	21	
7,501 – 10,000		7.1	17	0	14	
10,001 – 15,000		10.0	21	1	21	
15,001 – 20,000		9.5	21	2	27	
20,001 – 25,000		17.8	11	0	103	
25,001 – 30,000		10.0	11	0	26	
30,001 – 35,000		10.8	9	5	15	
35,001 – 45,000		12.2	8	5	30	
45,001 and over		10.5	7	3	21	
	TOTAL	8.6	218	0	103	

Average Wait Time (# of Business Days) for CLIENTS WHO SPENT ANY					
TIME ON WAITLIST, Counting From Day They First Requested an Appt to					
Date of F					
	Mean		Minimum	Maximum	
School Size	Wait	# of	Wait	Wait	
	(Days)	Centers	(Days)	(Days)	
Under 1,501	19.0	15	3	82	
1,501 – 2,500	18.4	7	9	35	
2,501 – 5,000	13.7	9	5	28	
5,001 – 7,500	15.3	6	3	30	
7,501 – 10,000	13.1	8	3	21	
10,001 – 15,000	18.3	9	11	42	
15,001 – 20,000	15.3	12	5	36	
20,001 – 25,000	13.1	11	3	24	
25,001 – 30,000	20.0	3	13	26	
30,001 – 35,000	34.7	7	10	90	
35,001 – 45,000	30.0	1	30	30	
45,001 and over	18.0	5	12	27	
TOTAL	17.7	93	3	90	

# Average Wait for First Appointment (Waitlist Clients Only)

## First Appointment was a Crisis

Percent of (	Center Clients	s Whose 1 <sup>st</sup> App	ointment was a	a Crisis
School Size	Mean	Mean # of Centers Minimum		Maximum
Under 1,501	10.3%	24	1.0%	50.0%
1,501 - 2,500	11.7%	20	1.0%	50.0%
2,501 - 5,000	11.0%	29	1.0%	38.1%
5,001 - 7,500	10.7%	20	1.0%	35.0%
7,501 - 10,000	11.2%	14	1.0%	28.0%
10,001 - 15,000	17.3%	15	3.0%	30.0%
15,001 - 20,000	25.6%	17	8.0%	70.0%
20,001 - 25,000	9.8%	11	1.9%	20.0%
25,001 - 30,000	22.7%	3	12.0%	31.0%
30,001 - 35,000	13.8%	5	5.0%	40.0%
35,001 – 45,000	26.8%	4	6.1%	68.0%
45,001 and over	26.6%	6	8.9%	77.7%
Total	14.2%	166	1.0%	77.7%

# FTE OF CLINICAL STAFF

Professional / Clinical (Talk Therapy) FTEs									
Professional / Clinical Staff FTEs									
(Full- and Part-time "	(Full- and Part-time "Talk Therapy" Employees)								
	Mean # of Mini- Maxi- Standard								
School Size	FTE	Centers	mum	mum	Deviation				
Under 1,501	1.86	18	0.52	3.59	0.92				
1,501 – 2,500	3.52	27	0.83	7.91	1.59				
2,501 – 5,000	4.13	25	1.00	7.92	1.79				
5,001 – 7,500	5.26	18	2.51	7.75	1.57				
7,501 – 10,000	8.09	9	4.00	12.96	3.15				
10,001 – 15,000	7.79	22	2.00	16.61	3.54				
15,001 – 20,000	11.70	11	5.00	18.00	3.68				
20,001 – 25,000	11.91	10	6.04	20.48	4.48				
25,001 – 30,000	16.07	8	10.25	21.00	3.58				
30,001 – 35,000	19.40	7	9.64	34.75	9.24				
35,001 – 45,000	22.52	10	4.00	36.09	10.67				
45,001 and over	32.79	5	26.00	40.74	5.43				
TOTAL	8.66	170	0.52	40.74	8.13				

## Professional / Clinical ("Talk Therapy") FTEs

(NOTE: The data on this table are from the 2018 Staff and Salary Survey)

# Professional / Clinical ("Talk Therapy") Trainees FTEs

Professional / Clinical Trainee FTEs ("Talk Therapy" only)					
	Mean FTE	# of Centers	Mini- mum	Maxi- mum	Standard Deviation
School Size					
Under 1,501	0.43	8	0	2.27	0.78
1,501 – 2,500	0.38	21	0	1.60	0.47
2,501 – 5,000	1.04	21	0	3.00	1.15
5,001 – 7,500	0.80	17	0	3.12	1.00
7,501 – 10,000	2.53	7	0.13	4.00	1.46
10,001 – 15,000	1.83	14	0	7.00	2.02
15,001 – 20,000	4.55	11	0.93	7.92	2.20
20,001 – 25,000	1.83	8	0	3.45	1.08
25,001 – 30,000	3.22	8	0	7.68	2.82
30,001 – 35,000	6.12	7	1.10	12.00	3.82
35,001 – 45,000	5.20	10	0	11.80	3.34
45,001 and over	6.60	5	3.50	11.00	3.09
TOTAL	2.25	137	0	12.00	2.68

Psychiatric Provider FTEs						
School Size		Mean FTE	# of Centers	Mini- mum	Maxi- mum	Standard Deviation
Under 1,501		0.05	6	0	0.20	0.09
1,501 – 2,500		0.30	21	0	1.87	0.45
2,501 – 5,000		0.12	19	0	0.50	0.16
5,001 – 7,500		0.11	17	0	0.53	0.17
7,501 – 10,000		1.11	6	0	2.59	1.10
10,001 – 15,000		0.63	12	0	3.04	0.87
15,001 – 20,000		0.51	10	0	3.55	1.11
20,001 – 25,000		0.33	7	0	1.83	0.68
25,001 – 30,000		1.30	8	0	5.72	1.91
30,001 – 35,000		1.71	6	0	6.10	2.28
35,001 – 45,000		1.69	10	0	5.40	1.98
45,001 and over		1.81	4	0	4.15	2.13
	TOTAL	0.61	126	0	6.10	1.19

#### Psychiatric Provider FTEs

(NOTE: The data on this table are from the 2018 Staff and Salary Survey)

#### Centers That Have Any Psychiatric Provider

Does Center Have ANY Psychiatric Provider (Psychiatrist or										
Psychiatric Nurse Practitioner, full- or part-time)?										
School Size	chool Size # of Centers % No % Yes									
Under 1,501	58	89.7%	10.3%							
1,501 – 2,500	61	52.5%	47.5%							
2,501 – 5,000	81	53.1%	46.9%							
5,001 – 7,500	51	39.2%	60.8%							
7,501 – 10,000	40	57.5%	42.5%							
10,001 – 15,000	43	37.2%	62.8%							
15,001 – 20,000	35	54.3%	45.7%							
20,001 – 25,000	28	46.4%	53.6%							
25,001 – 30,000	18	44.4%	55.6%							
30,001 – 35,000	13	38.5%	61.5%							
35,001 – 45,000	14	35.7%	64.3%							
45,001 and over	15	53.3%	46.7%							
TOTAL	457	53.4%	46.6%							

Support Staff FTEs						
School Size		Mean FTE	# of Centers	Mini- mum	Maxi- mum	Standard Deviation
Under 1,501		0.84	5	0.73	1.00	0.14
1,501 – 2,500		1.10	17	0.70	2.00	0.35
2,501 – 5,000		1.17	17	0.78	2.00	0.42
5,001 – 7,500		1.04	15	0.83	1.48	0.17
7,501 – 10,000		2.18	6	1.00	4.00	1.17
10,001 – 15,000		2.13	11	0.85	3.37	1.04
15,001 – 20,000		2.47	11	1.43	5.00	1.03
20,001 – 25,000		2.42	6	1.00	3.00	0.92
25,001 – 30,000		3.01	8	1.00	4.00	1.19
30,001 – 35,000		4.05	6	1.88	6.50	1.57
35,001 – 45,000		4.88	8	3.80	8.00	1.39
45,001 and over		9.76	5	5.74	13.75	3.83
	TOTAL	2.37	115	0.70	13.75	2.23

# Support Staff FTEs

# DEMOGRAPHICS OF STAFF EMPLOYEES

Center Staff Demographics*	Freq	Percent
American Indian / Native American	6	0.3%
Arab / Arab-American	29	1.3%
Asian / Asian-American	151	6.9%
Black / African-American	251	11.4%
Latino / Latina	125	5.7%
Multiracial	45	2.0%
White	1595	72.4%
Other race / ethnicity	1	0%
TOTAL	2203	100.0%
Cis-Female	1712	73.7%
Cis-Male	522	22.5%
Non-Binary	15	0.6%
Trans-Female	2	0.1%
Trans-Male	2	0.1%
Other	2	0.1%
TOTAL	2323	100.0%
Bisexual	40	2.2%
Gay Man	72	3.9%
Heterosexual	1560	83.9%
Lesbian	83	4.5%
Queer	28	1.5%
Self-Identify	3	0.2%
Other	7	0.4%
TOTAL	1860	100.0%
No Disability	1637	89.4%
	00	4 40/
Disability: Attention Deficit Disorder	26	1.4%
Disability: Hearing Impairment	10	0.5%
Disability: Learning Disability	6	0.3%
Disability: Medical / Health	13	0.7%
Disability: Mobility Impairment	23	1.3%
Disability: Neurological Disorder Disability: Psychological/Psychiatric	13	0.7%
Disability: Psychological/Psychiatric Disorder	15	0.8%
Disability: Visual Impairment	10	0.5%
Disability: Other	6	0.3%

# Case Managers

Case Managers: Centers That Have Any								
Centers That Have Any Case Managers								
School Size	# of Centers	% No	% Yes					
Under 1,501	63	95.2%	4.8%					
1,501 – 2,500	67	89.6%	10.4%					
2,501 – 5,000	92	92.4%	7.6%					
5,001 – 7,500	56	80.4%	19.6%					
7,501 – 10,000	45	82.2%	17.8%					
10,001 – 15,000	56	67.9%	32.1%					
15,001 – 20,000	46	65.2%	34.8%					
20,001 – 25,000	34	70.6%	29.4%					
25,001 – 30,000	24	50.0%	50.0%					
30,001 – 35,000	17	29.4%	70.6%					
35,001 – 45,000	17	11.8%	88.2%					
45,001 and over	17	29.4%	70.6%					
ΤΟΤΑ	- 534	75.5%	24.5%					

## Case Managers: How Many on the Campus

Number of Case Managers on Campus (All Offices) (For Institutions That Have Any Case Managers)						
School Size	Mean			Maximum		
		Centers				
Under 1,501	2.1	8	1	8		
1,501 - 2,500	1.5	18	0.25	4		
2,501 - 5,000	1.2	17	1	2		
5,001 - 7,500	1.5	22	0.50	3		
7,501 - 10,000	1.3	16	1	3		
10,001 - 15,000	2.7	33	1	7		
15,001 - 20,000	2.6	29	1	7		
20,001 - 25,000	2.3	18	1	5		
25,001 - 30,000	2.6	12	1	6		
30,001 - 35,000	2.9	14	1	9		
35,001 – 45,000	3.8	13	1	6		
45,001 and over	4.7	6	2	8		
TOTAL	2.3	206	0.25	9		

## Case Managers: Services Provided By

What Services Does Your Case Manager Provide?	# of	
(for Centers That Have Case Managers)	Centers	Percent
Administrative meetings to coordinate care	96	74.4%
Arranging and/or monitoring off-campus referrals	126	97.7%
Coordinating care for students returning from medical withdrawal	64	49.6%
Coordinating post-hospitalization care	89	69.0%
Crisis Services	94	72.9%
Maintaining off-campus provider referral lists	123	95.3%
Next-day follow-up for certain crisis/on-call situations	73	56.6%
Providing direct clinical services	94	72.9%
Providing therapy for students waiting for off-campus referrals	52	40.3%
Triage & screening appointments	86	66.7%
Visiting students in the hospital	10	7.8%
Other	18	13.9%
TOTAL	129	100.0%

Other services provided by case managers included: maintaining documentation for Behavioral or Care Teams, assisting students with accommodations and housing/food needs, oversees student emergency funding, and following students with conduct sanctions.

#### Other Campus Offices With Case Manager(s)

Other Offices on Campus with Case Manager(s)	Count of Responses	Percent of Institutions
Dean of students office	161	29.9%
Judicial affairs office	46	8.6%
Disability services office	46	8.6%
Health services / health education	17	3.2%
Student success / academic advising	9	1.7%
Student Affairs/Student Life	8	1.5%
Residence life / housing	7	1.3%
CARE / Behavioral intervention team	7	1.3%
Title 9 office	4	0.7%
Other	8	1.5%
TOTAL # INSTITUTIONS	538	

Centers That Gained or Lost Staff Last Year						
School Size	# That GAINED Staff	Percent That GAINED Staff	# That LOST Staff	Percent That LOST Staff		
Under 1,501	24	36.4%	5	7.6%		
1,501 – 2,500	25	36.8%	5	7.4%		
2,501 – 5,000	31	33.7%	6	6.5%		
5,001 – 7,500	19	33.9%	3	5.5%		
7,501 – 10,000	16	36.4%	7	15.9%		
10,001 – 15,000	28	50.0%	8	14.5%		
15,001 – 20,000	22	47.8%	2	4.3%		
20,001 – 25,000	20	60.6%	6	17.6%		
25,001 – 30,000	11	45.8%	0	0.0%		
30,001 – 35,000	11	64.7%	1	5.9%		
35,001 – 45,000	14	73.7%	2	10.5%		
45,001 and over	12	66.7%	1	5.6%		
TOTAL	233	43.3%	46	8.6%		

# CENTER POSITIONS GAINED AND LOST

Number of FTE Positions Gained and Lost (Last Year)						
Type of Position	# of Centers That GAINED FTE	Total FTE Gained		# of Centers That LOST FTE	Total FTE Lost	
Clinical	211	286.4		32	27.4	
Psychiatric	12	5.9		4	1.7	
Case Manager	12	11.0		1	1.0	
Support Staff	7	6.5		4	3.8	
Other	5	3.1		1	1.0	
TOTAL	TOTAL FTE GAINED	323.9		TOTAL FTE LOST	34.9	
	NET FTE GAINED	289.0				

Centers That Gained or Lost Any Positions (Last Year) (Number of Responding Centers = 538)				
Number of Percent Centers				
Centers that Gained Any Staff Position(s) Last Year	233	43.3%		
Centers that Lost Any Staff Position(s) Last Year	41	7.6%		

# STUDENT TO STAFF RATIOS

(NOTE: The data on the following two tables is from the 2018 Staff and Salary Survey)

Size of Institution		# of Centers	Mean Student-to-Counselor Ratio
Under 1,501		17	738
1,501 – 2,500		26	783
2,501 – 5,000		19	1098
5,001 – 7,500		17	1374
7,501 – 10,000		14	1331
10,001 – 15,000		18	1816
15,001 – 20,000		11	2251
20,001 – 25,000		9	2083
25,001 – 30,000		7	1931
30,001 – 35,000		8	1881
35,001 – 45,000		9	1835
45,001 and over		5	1745
TO	TAL	160	1411

Student to Counseling Staff Ratio ("Talk Therapy" FTE Staff Only)

NOTE: Although the "student-to-counselor" ratio is frequently utilized in estimating the adequacy of existing counseling center staff, what is considered a "good" ratio varies greatly from one institution to another, depending on factors such as the percent of the student population that utilizes the counseling center. For example, as the center utilization rate increases, the needed students-to-counselor ratio decreases.

#### Number of Students Served Per FTE "Talk Therapy" Staff and Trainees

Size of Institution		# of Centers	Mean # Students Served per FTE Staff & Trainees
Under 1,501		8	72
1,501 – 2,500		17	90
2,501 – 5,000		13	107
5,001 – 7,500		15	88
7,501 – 10,000		11	96
10,001 – 15,000		13	108
15,001 – 20,000		7	117
20,001 – 25,000		5	116
25,001 – 30,000		6	143
30,001 – 35,000		7	106
35,001 – 45,000		9	122
45,001 and over		5	121
	TOTAL	116	103

NOTE: The number of students that a single FTE "talk therapist" can serve in a single year is a metric that is more consistent across size of institution, and percent of student body that utilize counseling services. As shown in the table above, a single FTE "talk therapist" can provide therapy for about 80 to 120 students in a single year.

# Counseling and Health Services Collaboration

#### Counseling Services' Proximity to Health Services

What is Counseling Services' Proximity to Health	# of	Percent
Services?	Centers	
My campus does NOT have health services	35	7.3%
Shared floor / suite in same building	91	18.9%
Separate space in same floor of same building	49	10.2%
Different floors of same building	79	16.4%
Separate building (less than 5 minute walk apart)	110	22.8%
Separate building (about 5 to 10 minute walk apart)	77	16.0%
Separate building (more than 10 minute walk apart)	35	7.3%
Other responses	6	1.2%
TOTAL	476	100.0%

#### Resources Counseling and Health Services Share in Common

Please Indicate Which of the Following Resources Counseling and Health Services SHARE IN COMMON	# of Centers	Percent Yes
Client / patient check-in process	88	19.0%
Electronic health record system	99	21.2%
Front desk staff	100	21.5%
Health promotion or other outreach initiatives	184	39.5%
Marketing / PR materials	126	27.3%
Multidisciplinary TREATMENT team – Eating Disorders	131	28.5%
Multidisciplinary TREATMENT team –Substance abuse	2	0.4%
Multidisciplinary ASSESSMENT team – Eating Disorders	95	20.7%
Professional development (NOT including cultural	2	0.4%
competency training)		
Psychiatric services	119	25.7%
Staff meetings – Administrative	117	25.3%
Staff meetings – Clinical cases	72	15.7%
Student health / mental health fee	152	33.1%
Third party billing system	20	4.4%
Waiting room	77	16.7%
Website	110	23.8%
Other	48	9.6%

Average Number of Clients Who Required Various Types of Coordination of Care (CC) Between Counseling and Health Services								
Size of Institution	CC forCC forCC forNo CCPsychiatricEatingOtherRequiredServicesDisordersReasonsRequired							
Under 2,501	36.9	2.8	10.0	193.9				
2,501 – 7,500	54.4	5.5	13.0	345.0				
7,501 – 15,000	98.4	12.9	16.2	533.3				
15,001 and over	300.8	47.9	16.3	1637.5				
Count of Centers	127	111	46	43				
AVERAGE	187.0	41.2	25.8	654.7				

#### Number of Clients Who Required Coordination of Care

"CC" stands for "Clients Who Required Coordination of Care ... "

#### Coordination of Care Between Counseling and Health Services

How many COUNSELING clients	# of Centers	Mean # Clients	% of Clients
Required coordination of care with psychiatric providers	127	117	18.6%
With eating disorders required coordination of care with medical professionals (NOT including psychiatric providers)	111	13	2.1%
Required coordination of care with medical professional for other reasons (NOT including eating disorders or psychiatric)	46	13	2.1%
Did NOT require coordination of care with a psychiatric provider or with any other medical professional	43	486	77.3%

The majority of counseling center clients (77.3%) did NOT require coordination of care with a medical professional. 18.6% required coordination of care with a psychiatric provider. 4.2% required coordination of care with a non-psychiatric medical professional.

Do Counseling and Health Services Share Access to Records	# of	
WITHOUT Needing Additional Informed Consent?	Centers	Percent
Νο	334	72.8%
Yes, but only with psychiatric providers	32	7.0%
Yes, but only with psychiatric providers and medical doctors	14	3.1%
Yes, with all health service providers	52	11.3%
Other	27	5.9%
TOTAL	459	100.0%

#### Sharing of Records Between Counseling and Health Services

Describe the Current Arrangement Between Counseling and	# of	
Health Services on Your Campus	Centers	Percent
The health services director reports to the counseling services director who reports to a senior administrator.	36	7.8%
The counseling services director reports to the health services director who reports to a senior administrator.	25	5.4%
The counseling services director and the health services director each report to a single center director who reports to a senior administrator.	37	8.0%
The counseling services director and the health services director each report to the same senior administrator.	231	50.1%
A single chief health and counseling director reports to a senior administrator.	30	6.5%
The counseling services director and the health services director report to different senior administrators.	51	11.1%
Health and counseling services are outsourced.	2	0.4%
Counseling services report to a senior administrator. Health services are outsourced.	49	10.6%
TOTAL	461	100%

#### Current Arrangement Between Counseling and Health Services

## Supervisor's Professional Background

If the Director of Counseling Services and the Director of		
Health Services Both Report to the Same Supervisor, What is	# of	
That Supervisor's PROFESSIONAL Background?	Centers	Percent
Academic Affairs	20	4.7%
Business Affairs	8	1.9%
Mental Health	39	9.1%
Medical	22	5.2%
Public Health	6	1.4%
Student Affairs / Student Development / Student Services	213	49.9%
Other	18	4.2%
Subtotal	326	76.3%
The Services Do NOT Report to the Same Supervisor		23.7%
TOTAL	427	100.0%

# Degree of Collaboration Between Counseling and Health Services

Describe the DEGREE of Collaboration Between Counseling	# of	
and Health Services	Centers	Percent
The services rarely if ever collaborate	38	8.4%
The services collaborate some of the time	139	30.8%
The services collaborate most of the time when it makes sense to do so	267	59.1%
Other	8	1.8%
TOTAL	452	100%

Quality of Collaboration Betwee	een Counseling and Health Services
---------------------------------	------------------------------------

Describe the QUALITY of Collaboration Between Counseling	# of	
and Health Services	Centers	Percent
No collaboration	18	4.0%
Not very effective	44	9.7%
Effective	281	62.2%
Very effective	93	20.6%
Other	16	3.5%
TOTAL	452	100%

#### Record-Keeping System Used by Counseling Services

Which Record-Keeping System Does Counseling	# of	Percent
Services Utilize?	Centers	
E-Clinical Works	2	0.4%
EPIC	2	0.4%
Medicat	40	8.5%
NextGen	1	0.2%
NueMD	0	0.0%
Paper / no electronic record-keeping system	44	9.3%
Point and Click	42	8.9%
PyraMED	11	2.3%
Titanium	315	66.9%
Other	14	3.0%
TOTAL	471	100.0%

Most counseling services use Titanium for record-keeping (66.9%).

#### Record-Keeping System Used by Health Services

Which Record-Keeping System Does Health Services	# of	Percent
Utilize?	Centers	
E-Clinical Works	8	1.9%
EPIC	34	8.1%
Medicat	117	28.0%
NextGen	2	0.5%
NueMD	7	1.7%
Paper / no electronic record-keeping system	61	14.6%
Point and Click	88	21.1%
PyraMED	34	8.1%
Titanium	6	1.4%
Other	61	14.6%
TOTAL	418	100.0%

Most health services use either Medicat (28.0%) or Point and Click (21.1%) for record-keeping.

# Participating Colleges and Universities

Institutions That Participated in the 2018 AUCCCD Director Survey

Adelphi University Agnes Scott College Albany College of Pharmacy and Health Sciences Allegheny College American International College American University Amherst College Andrews University Angelo State University Appalachian State University Arcadia University Argosy University-Chicago Arizona State University Ashland University Atlanta Metropolitan State College Auburn University Augusta University Babson College Baldwin Wallace University **Ball State University** Bard College **Barnard College** Barry University Baruch College Bates College Bay Path University Baylor University Bentley University Berkeley City College **Berrv** College **Binghamton University Birmingham-Southern College Bloomfield College** Boise State University Boston College Bow Valley College (CAN) **Bowdoin College** Bowling Green State University Bradlev Universitv Bridgewater College Brigham Young University Brigham Young University-Idaho Brock University (CAN) Brown University **Butler University** Cabrini University Caldwell University California Institute of Technology California State Polytechnic University-Pomona California State Polytechnic University-San Luis Obispo California State University-Fresno California State University-Fullerton California State University-Long Beach

California State University-Maritime Academy California State University-Monterey Bay California State University-Northridae California State University-San Bernardino California State University-San Marcos California State University-Stanislaus Calvin College Campbell University Canisius College Carleton College Carnegie Mellon University Carthage College Case Western Reserve University Catholic University of America Centenary University Central College Central Michigan University Central Washington University Centre College Chicago State University Christopher Newport University Clark University Clarkson University Clayton State University Clemson University Coastal Carolina University Colgate University College of Charleston College of New Jersey College of Saint Benedict/Saint John's University College of Saint Elizabeth College of the Holy Cross College of the Ozark Colorado Christian University Colorado Sate University Colorado School of Mines Columbia College-Missouri Columbia University in the City of New York Columbia University Irving Medical Center Columbus College of Art & Design Columbus State University Concordia College Concordia University (CAN) Concordia University-Chicago Concordia University-Portland Connecticut College Converse College Cornell College

Cornell University Cornish College of the Arts Culver Stockton College CUNY-Brooklyn College CUNY-College of Staten Island **CUNY-Queens College CUNY-York College** Curry College Curtin University (AUS) Daemen College Dalhousie University (CAN) Dalton State College Dartmouth College **Davidson College** Defiance College Delaware State University Delaware Valley University **DePaul University** Des Moines University **Dickinson College** Dixie State University Drew University Drexel University Duke University **Dutchess Community College** East Carolina University East Central University East Stroudsburg University of Pennsylvania Eastern Connecticut State University Eastern Michigan University Eastern Washington University Edgewood College Elizabethtown College Elmhurst College Elon University Embry-Riddle Aeronautical University Emerson College Emmanuel College Emory and Henry College Emory University-Atlanta Endicott College Fairmont State University Felician University Ferrum College Flagler College Florida Agricultural and Mechanical University Florida Gulf Coast University Florida Polytechnic University Florida State University Florida State University-Panama City Foothill College Fordham University Fort Lewis College

Framingham State University George Mason University George Washington University Georgetown in Qatar Georgetown University Georgia Institute of Technology Georgia Southern University Georgia Southern University-Armstrong Campus Georgian Court University Gettysburg College Gordon State College Goucher College Governors State University Green Mountain College Gustavus Adolphus College Hamilton College Hamline University Hampden-Sydney College Harrisburg University of Science and Technology Harvard University Haverford College Hollins University Hope College Houghton College Howard Community College Husson University Idaho State University Illinois State University Illinois Wesleyan University Indiana State University Indiana University-Bloomington Indiana University-Kokomo Indiana University-Northwest Indiana University-Purdue University Indianapolis Iona College Iowa State University James Madison University Jarvis Christian College Jefferson Community College John Carroll University Johnson & Wales University-Providence Campus Johnson & Wales University-North Miami Kansas City Kansas Community College Kansas State University Kennesaw State University Kent State University Kenyon College Kettering University Knox College Konan University (Japan) La Salle University Lafayette College Lake Forest College Lake Superior State University Lasell College LDS Business College

LeMoyne College Lenoir-Rhvne University Lewis University Lewis-Clark State College LIM College Longwood University Loyola Marymount University Loyola University-Chicago Loyola University-Maryland Luther College Maine College of Art Manhattanville College Marian University Marguette University Marshall University Mary Baldwin University Maryland Institute College of Art Marymount California University Marymount Manhattan College Marymount University Marywood University Massachusetts Institute of Technology Massachusetts Maritime Academy McMaster University (CAN) Medaille College Medical University of South Carolina Mercer University-Atlanta Mercer University-Macon Merrimack College Metropolitan State University of Denver Miami University-Ohio Michigan State University Michigan Technological University Millersville University of Pennsylvania Minneapolis College of Art and Design MiraCosta College Misericordia University Mississippi State University Missouri Southern State University Missouri State University Missouri University of Science and Technology Mohawk College (CAN) Molloy College Monmouth College Monmouth University Montana State University-Bozeman Montclair State University Moody Bible Institute Morgan State University Mount Carmel College of Nursing Mount Holyoke College Mount Royal University (CAN) Mount St. Joseph University MSU Texas (formerly Midwestern State University) Murray State University Naropa University

Nebraska Wesleyan University New College of Florida New Jersey City University New Mexico Institute of Mining and Technology New York Chiropractic College New York Film Academy Niagara University Nicholls State University Norfolk State University North Carolina Agricultural and Technical State University North Carolina Central University North Carolina State University North Dakota State University Northeast Community College Northeast Ohio Medical University Northeastern Illinois University Northern Alberta Institute of Technology (CAN) Northern Arizona University Northern Illinois University Northern Michigan University Northwest Missouri State University Northwestern University Notre Dame de Namur University Notre Dame of Maryland University **Oakland University Oberlin College Oglethorpe University** Ohio State University Ohio University Old Dominion University Oregon Institute of Technology Oregon State University Otis College of Art and Design Otterbein University Owens State Community College Oxford College of Emory University Pace University-NYC Pace University-Westchester Parker University Pasadena City College Penn State College of Medicine Penn State University Penn State-Harrisburg Pennsylvania College of Technology Pepperdine University Philadelphia College of Osteopathic Medicine-Philadelphia Point Park University Portland State University **PrattMWP** Princeton University **Purdue University** Queens's University (CAN) Ramapo College of New Jersey Randolph College Randolph-Macon College Red River College (CAN) Regis University Rhodes College

**Richland College** Rikkvo University (Japan) Ringling College of Art and Design Roanoke College Robert Morris University-Pittsburgh **Roberts Wesleyan College** Rochester Institute of Technology Roger Williams University Ross University School of Veterinary Medicine (St.Kitts) Rush University Rutgers University-Camden **Rutgers University-New Brunswick Rutgers University-Newark** Sacred Heart University Saint Francis University, Pennsylvania Saint Joseph's University Saint Mary's University (CAN) Saint Mary's University of Minnesota Saint Xavier University Salem College Salisbury University Samford University San Diego State University San Jose State University Santa Monica College Santa Rosa Junior College Sapporo Gakuin University (Japan) School of the Art Institute of Chicago Scripps Research Institute Seton Hall University Sewanee: The University of the South Shenandoah University Sheridan College (CAN) Siena College Simmons University Skidmore College Snow College Sonoma State University Southeast Missouri State University Southern Illinois University-Edwardsville Southern Methodist University Southern University and A&M College Southern Utah University Southern Virginia University Southwestern University Spalding University Sprinafield College St George's University (Grenada) St. Ambrose University St. Cloud State University St. John's University St. Joseph's College-Long Island Campus St. Mary's College of Maryland St. Norbert College St. Olaf College

State Center Community College District Stetson University Stevens Institute of Technology Stevenson University Stonehill College Stony Brook University Suffolk County Community College Suffolk University-Boston SUNY-College at Old Westbury SUNY-Cortland SUNY-Fredonia SUNY-New Paltz SUNY-Oneonta SUNY-Oswego SUNY-Potsdam SUNY-College at Brockport Susquehanna University Swarthmore College Syracuse University Texas A&M International University Texas A&M University Texas A&M University-Commerce Texas A&M University-Kingsville **Texas Christian University** Texas Lutheran University Texas Southern University Texas State University Texas Woman's University Thomas College Thomas Jefferson University Touro University Nevada Transylvania University Trent University (CAN) Trinity University Truman State University Tufts University **Tulane University** UCLA Union College Universities at Shady Grove University at Buffalo University of Akron University of Alabama-Birmingham University of Alabama-Tuscaloosa University of Arkansas University of California-Berkeley University of California-Davis University of California-Irvine University of California-Santa Barbara University of California-Santa Cruz University of Central Arkansas University of Central Florida University of Central Missouri University of Central Oklahoma University of Cincinnati University of Colorado-Boulder University of Colorado-Colorado Springs University of Colorado-Denver University of Delaware

University of Denver University of Findlay University of Florida University of Georgia University of Houston-Clear Lake University of Houston-Main University of Idaho University of Illinois-Chicago University of Illinois-Urbana-Champaign University of Indianapolis University of Iowa University of Kansas Medical Center University of Kentucky University of La Verne University of Louisville University of Lynchburg University of Maine University of Maine-Augusta University of Manitoba (CAN) University of Mary Washington University of Maryland-Baltimore University of Maryland-Baltimore County University of Maryland-College Park University of Maryland-Eastern Shore University of Massachusetts-Amherst University of Massachusetts-Boston University of Massachusetts-Dartmouth University of Massachusetts-Lowell University of Melbourne (AUS) University of Memphis University of Miami University of Michigan-Ann Arbor University of Michigan-Flint University of Minnesota University of Minnesota-Duluth University of Missouri-Kansas City University of Missouri-St. Louis University of Montana University of Nebraska-Omaha University of New Hampshire University of New Mexico University of New Orleans University of North Alabama University of North Carolina-Asheville University of North Carolina-Chapel Hill University of North Carolina-Charlotte University of North Carolina-Pembroke University of North Carolina-School of the Arts University of North Carolina-Wilmington University of North Florida University of North Texas

University of Northern Colorado University of Notre Dame University of Oregon University of Puerto Rico-Rio Piedras University of Redlands University of Rhode Island University of Richmond University of Rochester University of San Francisco University of Saskatchewan (CAN) University of South Alabama University of South Carolina-Upstate University of South Florida-Sarasota Manatee University of South Florida-St Petersburg University of South Florida-Tampa University of Tennessee-Knoxville University of Texas-Austin University of Texas-Dallas University of Texas-El Paso University of Texas-San Antonio University of Texas-Tyler University of the Sciences in Philadelphia University of Tokyo (Japan) University of Tulsa University of Utah University of Utah School of Medicine University of Vermont

University of Victoria (CAN) University of Virginia University of Washington-Seattle University of West Florida University of West Georgia University of Windsor (CAN) University of Wisconsin-Eau Claire University of Wisconsin-La Crosse University of Wisconsin-Madison University of Wisconsin-Milwaukee University of Wisconsin-River Falls University of Wisconsin-Stout University of Wisconsin-Whitewater Upper Iowa University Utah State University Utica College Valdosta State University Valparaiso University Vanderbilt University Vassar College Villanova University Vincennes University Virginia Commonwealth University Virginia Military Institute Virginia State University Virginia Wesleyan University Wake Forest School of Medicine Wake Forest University Walsh University Washburn University Washington & Jefferson College

Washington State University-Vancouver Washington University in Saint Louis Waukesha County Technical College Weber State University Wellesley College Wesleyan University West Chester University of Pennsylvania West Virginia University West Virginia University Institute of Technology Western Carolina University Western Connecticut State University Western Illinois University Western Washington University Western Wyoming Community College Westfield State University Westmont College Wheaton College, MA Whitman College Wichita State University Widener University William Jewell College Wittenberg University Worcester Polytechnic Institute Youngstown State University

